



SPORTS MEDICINE ADVISORY BOARD MEETING MINUTES

May 3, 2018 | 5:00pm | Room 1687

LPC Mission Statement

Las Positas College is an inclusive learning-centered institution providing educational opportunities and support for completion of students' transfer, degree, basic skills, career-technical, and retraining goals.

LPC Planning Priorities

- ❖ Establish regular and ongoing processes to implement best practices to meet ACCJC standards.
- ❖ Provide necessary institutional support for curriculum development and maintenance.
- ❖ Expand tutoring services to meet demand and support student success in Basic Skills, CTE, and Transfer courses.
- ❖ Coordinate available resources to address current and future professional development needs of faculty, classified professionals, and administrators in support of educational master plan goals.

Sports Medicine Advisory Meeting

Members:

Amir Law/Las Positas College
 Anela Le Cara/Las Positas College
 Chris Warden/Ohlone College
 David Bel/Bell Sports Medicine
 Jason Craighead/Las Positas College
 Jeff Roberts/Ohlone College
 Josh Bruce/Sports Plus Bay Area
 Paul Sapsford/Las Positas College
 Sarah Holtzclaw/TriValley OneStop
 Vicki Shipman/Las Positas College
 Peter Wang/UOP
 Alex Macias/24 Fitness

	Agenda Item	
1.	Welcome and Introductions Called to order at 5:04pm by Anela Schenone Members present: Anela Le Cara – Las Positas College; Andrew Cumbo – Las Positas College; Peter Wang – UOP; Josh Bruce – SportsPlus; Dennis Dumas -Omni Fitness; Alex Macias - 24 Hour Fitness; Vicki Shipman – Las Positas College	Faculty
2.	Approval of Prior Meeting Minutes Peter Wang Motion; Anela Le Cara Second Unanimous Approval	Faculty
3.	Quick Facts for Advisory Boards	CTE Project Manager
4.	Industry Update	
	<ul style="list-style-type: none"> • New Technologies Dan – Omni; he’s hiring the students who we are teaching; students looking for jobs in Fitness Industry because Athletic Trainer jobs do not pay well nor are there that many; he has two guys right now that are highly educated, and are just now moving into Fitness Trainer; recommends coursework in business, psychology. Omni is a heartrate technology creating more trust with the coach to push or not to push. Good for students; Myzone equipment (may be free to colleges); wrist technology is inaccurate; non Myzone equipment is efficient. Anela LeCara said she will look into the purchase and complete a Perkins Sub-grant for the equipment. Peter Wang of UOP – Recommends meeting with physiology instructor to understand how to read the data. 	Board Members

	<ul style="list-style-type: none"> • Training & Hiring Needs Peter Wong of UOP – Fresno State, Fullerton, and Sacramento closing their undergrad now; UOP will have their last cohort Fall 2019. He will know by next week. Chapman dropped their program. <p>Colleges are closing because of the requirement of Athletic Trainers requiring Master’s Degrees. Required by CATE (Accreditation).</p> <p>Peter K – Uncommon for a university to have undergraduate and graduate program? Peter W – UOP was going through accreditation. No longer on probation.</p> <p>Vicki – Recommend research into the BS degree at LPC for Kinesiology. Peter – Call it a Pre-AT; better for student from a cost standpoint to take at undergraduate versus graduate level.</p> <p>Omni - Looking for fifteen employees right now, having a hard time finding applicants. Reeducate the employees with their on training materials – again specifically about business and psychology.</p> <p>24th fitness – personnel also need sales training; his personal experience, he took a nutrition class on his own that helped.</p> <p>Omni – certification to look into is NFAC which focuses on behavior; tagline “qualified not certified”; best coach came from the circus, acrobat, fund so they forgive him for a lot; the stale/boring trainer even with credentials not as warranted;</p> <p>UOP – Healthcare management has a business focus including costs, OSHA, performance measures, legal issues. Go over mock interview, dress for success, how to get in the door; Special program entrance;</p>	Board Members
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	<p>Anela – Sports Medicine Camp for juniors and seniors from the TriValley area.</p> <p>Omni – available for internship placement</p>	
	<ul style="list-style-type: none"> Emerging Industries Chiropractor – Biopsychosocial 	Board Members
5.	Faculty Report	
	<ul style="list-style-type: none"> Program Update (Enrollments, Completions) 	Faculty
	<ul style="list-style-type: none"> Curriculum Sports Medicine – Certificate has been approved by the state. Fitness Trainer/Instructor – Faculty member, Andrew Cumbo, shared out the new certificate program for Fitness Trainer. 	Faculty
6.	<p>Recommendations from the Advisory Board</p> <p>Pursue Fitness Trainer/Instructor Certificate of Achievement (18.5 units)</p> <p>Peter Wang Motion; Josh Bruce Seconded</p> <p>Unanimously approved.</p>	Board Members
7.	Other Items	All
8.	Next Regular Meeting: (Fall)	Faculty
9.	Adjournment	Faculty