



# SPORTS MEDICINE ADVISORY BOARD MEETING MINUTES

October 26, 2017 | 6:30 PM. | Room 1687

## LPC Mission Statement

Las Positas College is an inclusive learning-centered institution providing educational opportunities and support for completion of students' transfer, degree, basic skills, career-technical, and retraining goals.

## LPC Planning Priorities

- ❖ Establish regular and ongoing processes to implement best practices to meet ACCJC standards.
- ❖ Provide necessary institutional support for curriculum development and maintenance.
- ❖ Expand tutoring services to meet demand and support student success in Basic Skills, CTE, and Transfer courses.
- ❖ Coordinate available resources to address current and future professional development needs of faculty, classified professionals, and administrators in support of educational master plan goals.

## ADVISORY BOARD MEMBERS

### Members:

Anela Le Cara/Las Positas College  
 Chris Warden/Ohlone College  
 Jason Craighead/Las Positas College  
 Jeff Roberts/Ohlone College  
 Paul Sapsford/Las Positas College  
 Sarah Holtzclaw/TriValley OneStop  
 Amir Law/Las Positas College  
 David Bell/Bell Sports Medicine  
 Josh Bruce/Sports Plus Bay Area  
 Peter Wong/UOP

	Agenda Item	
1.	Welcome and Introductions  Members Present: Sarah Holtzclaw/TriValley OneStop, Josh Bruce/Sports Plus Bay Area, Anela Le Cara/LPC, Peter Wong/UOP, Vicki Shipman/LPC	Faculty
2.	Approval of Prior Meeting Minutes (Not Applicable, First Meeting)	Faculty
3.	Quick Facts for Advisory Boards	CTE Manager
4.	Industry Update	
	<ul style="list-style-type: none"> <li>• New Technologies                Josh Bruce – blood flow restriction training, post ACL injury, portable ultra-sound used for diagnosis.                 Peter Wong – UOP wants to move towards camera based activities in the classroom to save office space, they use Canvas, doing some studies with traditional office hours versus multimedia modes, seeking what the better results are. Live action filming and real life scenario simulation.                 Sarah Holtzclaw asked what classes first year students would take at UOP, Peter responded with classes. UOP is evolving in that by 2022, only Master's degrees will be offered. Fresno State is already moving this way.</li> </ul>	Board Members
	<ul style="list-style-type: none"> <li>• Training &amp; Hiring Needs                Josh Bruce – needs employees to be able to communicate, work with parents. Anela Le Cara asked if employees would need some licensure to work in the clinic. Josh responded that at this time it is not needed. Sarah asked what industry recognized certificates are there: CSCS Certified Strength and Conditioning Specialist (Bachelor's Degree Level), CPT Certified</li> </ul>	Board Members

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	<p>Personal Training requires a certificate from a National Accrediting body including ACE and NASM.</p>	
	<ul style="list-style-type: none"> <li>• Emerging Industries            Josh Bruce – onsite clinical and health &amp; wellness for corporations (e.g. FaceBook) and industrial firms (e.g. Amazon). Sarah Holtzclaw asked if Ergonomic Science come under Sports Medicine, Anela Le Cara responded that it is separate. Peter shared how Disney uses data to prepare employees for the rigor of their job as a character (e.g. Goof). Sarah Holtzclaw asked about specific software, Peter Wong responded that it really fall back to being able to quantify the data/statistics. Josh Bruce said that there is motion capture software that is being used. Peter Wong at UOP is putting in a grant for high technology for analysis and live action filming, leading to fully digital.</li> </ul>	Board Members
5.	Faculty Report	
	<ul style="list-style-type: none"> <li>• Program Update (Enrollments, Completion)            This is a new program under development and approval by the State Chancellor’s Office.</li> </ul>	Faculty
	<ul style="list-style-type: none"> <li>• Curriculum            Anela Le Cara provided the following report: Sports Medicine Program Information (LISTING ATTACHED)             Peter Wong indicated that this program will be attractive to students because they will be able to take two years at a junior college versus all six years at university, it will alleviate student loan issues.</li> </ul>	Faculty
6.	<p>Recommendations from the Advisory Board</p> <p>a. Recommendation to develop and approve the Associates of Sciences Degree in Sports Medicine.            Josh Bruce 1<sup>st</sup>, Peter Wong 2<sup>nd</sup>            Unanimously approved</p>	Board Members

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7.	<p>Other Items</p> <p>Sarah Holtzclaw asked about high school and ROP articulation – Vicki Shipman shared that at this time, Las Positas College will not be articulating with the high schools/ROP’s until after the program is launched.</p> <p>Vicki Shipman asked how about a Sports Medicine Summer Camp; Anela La Cara open to the idea; focus is on building enrollments with sophomores and juniors in attendance.</p> <p>Peter Wong asked how many high schools have programs – Anela La Cara indicated that all of them do; Amador has an Athletic Trainer Academy.</p> <p>Peter Wong mentioned that there will be a transition for student athletes enrolling in the program because of the Master’s Degree requirement.</p>	All
8.	Next Regular Meeting: (Date)	Faculty
9.	Adjournment Meeting adjourned at 7:16pm by Vicki Shipman	Faculty

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