

INSTRUCTIONAL EQUIPMENT REQUEST

Due in Dean/Unit Head's Office on September 19, 2011 (FALL) and March 1, 2012 (SPRING)

The Definition of Instructional Equipment can be found in the California Community College's Budget and Accounting Manual. A copy of these definitions is on the PBC webpage:
<http://grapevine/pbc/InstructionalEquipment.php>

Name of Requestor: Tony Costello

Division/Unit : Kinesiology, Athletics and Health

Brief title of request (equipment or materials being requested must be similar, related or part of a system. Fitness Center Weight Training Equip.

Request amount (unit cost and total cost including tax and shipping. Please include all costs including installation, modification to existing facilities to accomodate new equipment, etc.):
This should come from the vendor quote

Item (s) cost	\$ <u>2,267.90</u>
Tax (.0875)	\$ <u>198.46</u>
Shipping	\$ <u>385.56</u>
Installation	\$ <u>—</u>
Facilities Modification	\$ <u>—</u>
Other	\$ <u>—</u>
Total Cost	\$ <u>2,851.92</u>

Attach copy of quote(s), estimate(s) and requisition(s):
(Must attach quote & requisition; absence of either will delay processing)

Brief description of specific equipment or materials requested and what they will be used for: (include the # pieces being requested; i.e.: 10 crayola crayons, sky blue, etc. in 250 words or less)

Weight plates and Dumbbells (40 pieces)
Chrome Spring Collars (10)
Back Support Belts (4)
Barbell Wrap Pad (4)

This equipment will be used in the Fitness Center. These are standard for any weight training facility.

Is this in your Program Review? Yes No

Our Program Review includes supporting the growth of the Fitness Center and Weight Training classes. Included are weight training and fitness equipment to enhance overall student fitness and safety.

This equipment will support Fitness Center, Fitness Development, Weight Training classes and Intercollegiate Athletic Team training and conditioning.

Is it a replacement? Yes

Upgrade? Yes

New technology? Yes

Please explain?

There is an increasing demand for more weight equipment. There is also a need for more back braces and collars because of this increase.

Following is the evaluation criteria; please see corresponding Instructional Equipment Rubric.

Instructional and Service Impact

How will this item have a positive impact on instruction and/or teaching and learning in the classroom? Is this for use by the Instructor or students, or both?

The weight plates are needed to keep up with the increased demand for lighter weights, especially for women who are taking up resistance training to improve overall health.

The dumbbells are additions, as the Fitness Center has never had dumbbells of these weights.

The collars and back support belts are needed to insure the students are using the equipment safely.

Impact on Enrollment

Will the equipment impact enrollment, attract or increase the number of students participating in a course or program?

This equipment will increase the enrollment by creating more opportunities for students to use the weight stations. It will also decrease the risk of injury.

Access

How does this item promote the principles of universal design, by providing opportunities for under-represented populations & accommodate students with diverse learning styles?

The additional weights will allow more students access. Beginning students will use the lighter weights to focus more on the proper form. Advanced students will now have heavier weights available for more demanding training.

The collars and support belts will help avoid injury.

Outcomes

How will this equipment enable or enhance SLOs? What are the consequences related to learning outcomes if request is not funded?

In the Fitness Center, the students will be able to design an individual program to improve overall health. This equipment will enable the instructors to help the students achieve this.

The students must demonstrate the basic techniques of strength training exercises, as well as safety procedures and warm up.

If this is not funded, it will be more difficult to design safe and effective strength training programs.

Total Cost of Ownership (This is an attempt to identify what the ongoing costs of purchasing this equipment will be to the institution)

- a) What is the lifespan of the equipment? 5 years? 10 years? 20 years?**
- b) Is there sufficient current/planned space available for the storage and use of this equipment? If so, where will it be housed? If not, is there a proposed location and are there any costs associated with installation or modifications to the space?**
- c) Are there operating costs and how will they be covered by the department?**
- d) What will be required to maintain the equipment, such as regular servicing or upkeep? Who will perform maintenance, and what will the estimated costs be?**

The lifespan of this equipment will be approximately 15-20 years (weights) and 5-7 years (Safety equipment).

There is sufficient space available in the Fitness Center

There are no maintenance costs involved.

Visibility/Profile within Community

Is this a "flagship" item that will bring recognition/notoriety to the College or raise the stature of the program? Will it attract students and/or enhance the image of the College in the community because of its rare, one-of-a-kind status?

These items will attract new students because of the added access to the weight stations. The Las Positas Fitness Center and Weight Training classes will be enhanced. the intercollegiate athletic teams will have improved training aids and will continue to be successful and provide a positive image to the community.

Commitment to Sustainability

How does this equipment exceed basic sustainability goals and encourage renewable resources at the College? Is the design/operation of this item in keeping with the College's commitment to sustainable practices?

N/A

Health, Safety & Security

Does this equipment address any health, safety & security concerns? If so, please explain below.

This equipment will allow students to weight train safely and more efficiently.

Signatures (required)

(If requesting computer-related equipment/software, LPC IT Department Review is **required**.)

Requested by *Lory O'Neil*

Dean/
Unit Head

[Signature]

IT Department Signature

Vice President *Margot Malony*
9/26/11

LPC VP Business/President _____

LPC Business Office Use (Account Number) _____



P.O. Box 1088, Corona, CA 92878
 TEL: 1 800 959 1844 FAX: 1 800 986 6275
 Come Visit us at www.tomark.com

Quotation	
Document Number :	20382580
P.O. Number :	
Doc. Creation Date :	09/23/2011
Customer Number :	1341382
Sales Rep :	Debbie Fields
Ordered by :	TONY COSTELLO

This is NOT a Bill - DO NOT PAY.

Customer #: 1341382
 Sold To: LAS POSITAS COLLEGE
 3033 Collier Canyon Rd
 LIVERMORE CA 94551-9797

Ship To: LAS POSITAS COLLEGE
 3033 Collier Canyon Rd
 LIVERMORE CA 94551-9797

Payer: LAS POSITAS COLLEGE
 3033 Collier Canyon Rd
 LIVERMORE CA 94551-9797

Item Number	Item Description	Delivery DT(S)	SKU	Color/Type/Size	Qty UOM	Unit Price	Extended Price
K73066	RUBBER COATED OLY GRIP PLATE 10LB	10/12/2011	1272574		12EA	18.50	222.00
K73065	RUBBER COATED OLY GRIP PLATE 5LB	09/30/2011	1272567		12EA	9.25	111.00
K72825	HEX DUMBBELL W/ ERGO HANDLE 80 LB	09/30/2011	1152067		4EA	92.00	368.00
K72826	HEX DUMBBELL W/ ERGO HANDLE 85 LB	09/30/2011	1152068		4EA	97.75	391.00
K72827	HEX DUMBBELL W/ ERGO HANDLE 90 LB	09/30/2011	1152069		4EA	103.50	414.00
K72828	HEX DUMBBELL W/ ERGO HANDLE 95 LB	09/30/2011	1152070		4EA	109.25	437.00
K72756	SPRING COLLAR	09/29/2011	1015911		10PR	10.99	109.90
K72757	6" TRAINING BELT LG 35"-44"	09/29/2011	CHCTBLGX	LRG	1EA	38.50	38.50
K72757	6" TRAINING BELT LG 35"-44"	09/29/2011	CHCTBLGX	LRG	1EA	38.50	38.50
K72757	6" TRAINING BELT LG 35"-44"	09/29/2011	CHCTBLGX	LRG	1EA	38.50	38.50
K72758	6" TRAINING BELT XL 39"-48"	09/29/2011	CHCTBXLX		1EA	41.50	41.50
K72750	BAR WRAP PAD	09/29/2011	CHSNPXXX		4EA	14.50	58.00

QUOTE REQUESTED BY:TONY COSTELLO 925-424-1281/
 925-456-0113

.....

QUOTED BY:DEBBIE FIELDS 800-959-1844
 DEBBIEF@TOMARK.COM

.....

"LOWEST PRICES GUARANTEED" WE WILL MEET OR BEAT ANY COMPETITORS PRICES

.....

Check your quote at www.tomark.com/?&ProgramID=20382580&zip=94551-9797

Merchandise Sub Total	Other	Freight	Sales Tax	Total Order Amount
\$ 2,267.90	\$ 0.00	\$ 385.56	\$ 198.46	\$ 2,851.92

