



INSTRUCTIONAL EQUIPMENT REQUEST

Due in Dean/Unit Head's Office on September 19, 2011 (FALL) and March 1, 2011 (SPRING)

Name of Requestor: Jason Craighead

The Definition of Instructional Equipment can be found in the California Community College's Budget and Accounting Manual. A copy of these definitions is on the PBC webpage:

http://grapevine/pbc/InstructionalEquipment.php

Division/Unit: Physical Education		
Brief title of request (equipment or materials being	nbo Pack	
requested must be similar, related or part of a system.		
	Item (s) cost	\$ 1450
Request amount (unit cost and total cost including tax and shipping.	Tax (.00975)	\$ 126.89
Please include all costs including installation, modification to existing facilities	Shipping	\$ 84
to accomodate new equipment, etc.):	Installation	\$
This should come from the vendor quote	Facilities Modification	\$
	Other	\$
Attach copy of quote(s), estimate(s) and requisition(s):		
(Must attach quote & requisition; absence of either will delay processing)	Total Cost	\$ 1660,88
Brief description of specific equipment or materials requested and what the # pieces being requested; i.e.: 10 crayola crayons, sky blue, etc. in 25		(include
Requesting 1 Coach Cam Combo Pack.		
The combo pack includes: Custom portable rolling case, DVD/DVR Recorder, 15" Monitor, F foot AV cable, under water camera with wall bracket. It will be used for all aquatic courses: Learn To Swim, Beginning/ Advanced Swim, Swim Fitness, Water Polo, and Intercollegiate S	Intermediate Swim	
Is this in your Program Review? Yes ■ No □		
Our Program Review includes supporting the growth of the Aquat equipment, adding new aquatic courses, and supplying first rate estudent learning.		
Three new courses have been added: Learn To Swim, Advanced	Swim, and Water	Polo.
In addition to aquatics, our Program Review also includes the dev program/certificate and Kinesiology course (already approved and	The state of the s	

ls it a replacement? Yes □	Upgrade? Yes⊡	New technology? Yes ■
Please explain?		
The concept of video recordi technology has.	ng and playback for instru	ictional purposes is not new, but t
camera (in water and above	water) unit that can captu Imera capable of recordin	se) TV/DVD/DVR unit with cable, re high speed video. It is designe g in water (even in low light) and
Previous technology was sor cart. None of this equipment		der rolled around the deck on a sere near a pool.

Following is the evaluation criteria; please see corresponding Instructional Equipment Rubric.

Instructional and Service Impact

How will this item have a positive impact on instruction and/or teaching and learning in the classroom? Is this for use by the Instructor or students, or both?

This equipment will have a huge and positive impact on instruction as they allow the students to receive instant feedback on stroke technique. This type of video is extremely easy to use, can serve an entire class efficiently, and allow students to see exactly what they are doing wrong in order to make corrections of stroke technique. Set up of the equipment takes less than 5 minutes.

The most common and efficient way to use this in a class of 30 (average aquatic class size: The instructor would explain and demonstrate a skill for the students to learn. The camera sets up from one of many angles. The students would swim by the camera one at a time (about 10 seconds apart), exit the pool, walk to the video screen, see themselves on delay, and receive instant feedback to see how close or far away from the desired skill they are, and repeat.

Anyone who has ever taught a skill knows that perceived ability and actual ability are very different. Students often think/feel that they are doing a skill the way you are explaining, but you are seeing something completely different. This technology allows students instant and unbiased feedback.

This equipment can serve all of the following courses: Learn To Swim, Beginning/ Intermediate Swimming, Advanced Swimming, Intercollegiate Swimming & Diving, and Water Polo.

In addition, it will also be used in the Kinesiology course for motion analysis (SLO). Our department also has a computer program (DartFish) that allows us to take multiple attempts from the student and superimpose them to see progress (before and after for example).

Impact on Enrollment

or program?	nt impact enrollment, attract or increase the number of students participating in a coul
anywhere else. that yields great	will attract more students as it offers something that they will not experience It will also bring more students back to the courses with a positive experience ter results. Each semester, we have more and more returning students that ed a tremendous amount and wish to continue learning.
Motion analysis physical skill.	s has been proven to be extremely effective and efficient in teaching any

Access

How does this item promote the principles of universal design, by providing opportunities for underrepresented populations & accommodate students with diverse learning styles?

This equipment is consistent with universal design and can make expert learners of all students. Video feedback will allow students of any ability to not only see their mistakes, but their progress as well. This is one more teaching tool to assist students in learning. Recent studies in teaching effectiveness has shown that today's student is a much more visual learner, and relies on instant information heavily.

Outcomes

How will this equipment enable or enhance SLOs? What are the consequences related to learning outcomes if request is not funded?

The equipment reguested supports the following SLO's:

Learn to Swim:

- A. Describe and apply aquatic safety methods, including drown-proofing technique
- B. Demonstrate competency of beginning level swimmers, including floating skills, and comfort in the water;
- C. Demonstrate the basic techniques of freestyle and backstroke for 25 yards.

Intercollegiate Swimming:

- A. Demonstrate advanced swimming and diving skills appropriate to intercollegiate level athletic competition;
- B. Evaluate various contest situations and integrate appropriate solutions;

Beginning/Intermediate Swimming:

- A. Perform 100 yards of front crawl with proficient side-breathing and 100 yards backstroke, each with competitive flip-turn; 50 yards breaststroke and 50yards butterfly, each with the correct competitive turn; 100 yard Individual Medley with correct turns, and a 500 yard continuous swim using any combination of swim strokes.
- B. Understand and implement each fitness/swimming stroke and or a competitive stroke into a training program;

Swimming Fitness:

- A. demonstrate and utilize safety procedures, warm-up techniques and incorporate aquatic equipment into their aquatic fitness regimen;
- B. understand and implement each fitness/swimming stroke and or a competitive stroke into a training program;
- C. employ and demonstrate efficiency techniques.
- 1 streamline and drag reduction
- 2 maximizing distance traveled per stroke
- 3 proper body position with horizontal and lateral alignment
- 4 advanced breathing techniques

Advanced Swimming:

A. demonstrate advanced swimming and diving skills appropriate to intercollegiate, high school, recreational league, open water, or triathlon swimming competition;

Kinesiology:

- A. distinguish the three major types of human motion and understand basic biomechanics of human movement;
- B. understand the differences between linear and angular kinematics in describing human motion.
- C. describe the major theories of motor learning;

Water Polo:

- A. demonstrate basic water polo skills: dribbling, passing, shooting
- B. exhibit proper etiquette and sportsmanship throughout competition;
- C. demonstrate and explain the basic components of offense and defense;

If this is not funded, we limit the efficiency of the course, SLO's, and a valuable teaching technology/methodology that our students understand.

Total Cost of Ownership (This is an attempt to identify what the ongoing costs of purchasing this equipment will be to the institution)

- a) What is the lifespan of the equipment? 5 years? 10 years? 20 years?
- b) Is there sufficient current/planned space available for the storage and use of this equipment? If so, where will it be housed? If not, is there a proposed location and are there any costs associated with installation or modifications to the space?
- c) Are there operating costs and how will they be covered by the department?
- d) What will be required to maintain the equipment, such as regular servicing or upkeep? Who will perform maintenance, and what will the estimated costs be?

Who will perform maintenance, and what will the estimated costs be?
a) approximately 10+ years b) plenty of storage. It can be housed in the pool office or in a storage room in Building 2500.
No costs associated with installation. c) Runs off standard electrical plug. The same as running a TV & DVD player d) No maintenance costs, the only servicing is making sure it is cared for and put back into
storage.

Visibility/Profile within Community
Is this a "flagship" item that will bring recognition/notoriety to the College or raise the stature of the program? Will it attract students and/or enhance the image of the College in the community because of its rare, one-of-a-kind status?

This will raise the stature of the College and program. Video motion analysis is regarded very highly. This type of equipment is typically found in a 4 year Kinesiology program and at higher-end 4 Year Intercollegiate programs. This equipment is sold world-wide, to over 45 countries.

This pool/program is rare and has a one-of-a-kind status, and it would benefit greatly from

having the technological tools to provide a higher education experience.

Commitment to Sustainability

How does this equipment exceed basic sustainability goals and encourage renewable resources at the College? Is the design/operation of this item in keeping with the College's commitment to sustainable practices?

This equipment uses Energy Star certified TV screen & DVD/DVR recorder.
Health, Safety & Security

Does this equipment address any health, safety & security concerns? If so, please explain below.

Under water viewing allows the instructor to correct stroke inefficiencies that would result in injury to the student. The only other way is for the instructor to get into the pool with a mask and snorkel to view from underneath.

Corrections made using video analysis allow the student to participate safely and correctly, catching any imperfections that could result in long-term overuse injuries.

Signatures (<u>required</u>)	
(If requesting computer-related equipment/software, LPC IT Department Review is required.)	IT Department Signature
Requested by Unit Head	Vice President Mary Malony
LPC VP Business/President LRC Business Office Use (Accounts)	nt Number)

Underwater Camera Company of America 625 South Grade Rd Alpine, CA 91901 Ph: (619) 997-7946 Fax: (619)722-17634 E-Mail: info@ucca.biz www.ucca.biz

		Quote	3000
	Customer		
Name	Jason Craighead Las Positas College	Date	09/22/11
Address City Phone	Lieurmore CA 94551 USA	Order No.	
E-Mail	Fax	FOB	
Qty	Description	Unit Price	TOTAL
1	Coachpack caochcam 501	\$1,095.00 \$449.00	\$1,095.00 \$449.00
1	combo discount	(\$94.00)	(\$94.00)
	☐ Cash Tax	SubTotal bing & Handling kes CA	\$1,450.00 \$84.00 \$126.88
	☐ Check ☐ Credit Card	TOTAL	\$1,660.88
Name CC # Date		fice Use Only	
	If not fully satisfied, we will buy back your unit within 30 days. Un original condition, and offer does not include shipping		

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