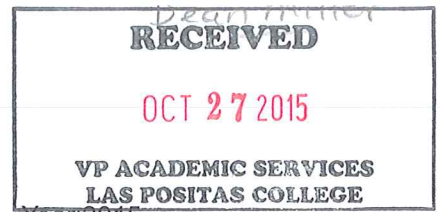


FALL 23



SECTION 1: SUMMARY INFORMATION

Timeframe for the Request: Fall: XX Spring: Year: 2015
Name of Requestor: Candace Brown Division/ Unit: BSBA Division/Kin Dept
Brief Title of the Request: 2 recumbant cycles Equipment Location: Room 203/Cardio Gym

SECTION 2: DESCRIPTION

Describe the specific equipment or materials requested and a brief explanation of how it will be used. (Please do not include cost data here.) *Recumbent bikes are used in fitness training, athletic rehab, cardio endurance and other workouts. One size fits all is not a compromise in their performances. This style of bike allows an individual to be seated with back support and pedal horizontal versus vertical. Good choice for those with knee and/or low back issues. The recumbent bikes are heavily used currently in the cardio gym (room 203).*

Check one of the following:
The equipment is: A replacement XXX An upgradeXXXX New equipment

How does the equipment replace, upgrade or provide new technology to the college? What do you currently have in place?
Currently the cardio room has 4 recumbent bikes that are aged and need replacing due to heavy usage. Since purchasing the current bikes, upgrades have been made to the models. It is important to stay current with today's digital workout technology (aids and apps) and it interfacing with the gym as many students have this technology available on the smartphones and tablets.

If request is motivated by a mandate, legal requirement or safety concern, please describe it and why it's important. Please provide any relevant documentation. *NOT MANDATED*>
However, It is important to keep "safe" and updated equipment in the Cardio room to prevent injury from occurring and reducing the possibility of legal liability.

SECTION 3: EDUCATIONAL ITEMS

Which educational programs or institutional purposes does this equipment support?
The updated recumbent bikes positively impacts instruction by providing a diverse gym for students with diverse set of needs in terms of appropriate cardio equipment. The recumbent bikes target different muscle groups versus the upright cycles. These models will allow the students of all levels to personalize their workouts to stay challenged and engaged in exercising.

Is this in your Program Review? Yesxx No

If yes, please cut and paste the appropriate wording here. If not, explain why.
*The need for updated equipment was discussed in program review to provide support to all physical education and athletics.
Based on program review the recumbent cycles meet the needs of the diverse student body at LPC along with special needs population of students.*

SECTION 4: TEACHING AND LEARNING

Describe in detail the impact this equipment or materials will have on teaching and learning.

The addition of recumbent cycles allows the student to get a diverse workout to improve conditioning and reduce the risk of injury due to overuse injuries. Repetitive motion has been shown to result in musculoskeletal injuries. Having a variety of pieces of equipment teaches the student the importance of variety in cardio workouts.

Number of classes or sections (per academic year) that will be impacted: *10 or more All courses that can be taught in the Cardio gym. ie) weight training, circuit training, aerobic fitness gym and athletic conditioning.*

Will the Tri-Valley benefit from the equipment, and if so how? *Students are residents of the Tri-Valley, and can improve their knowledge of health, well being and physical fitness and implement that knowledge in the cardio gym. It allows for the practical application of their knowledge.*

SECTION 5: SUSTAINABILITY

What is the potential life span of the requested equipment?: *Comes with a warranty and estimated life span is 5-10 years depending upon amount of usage and regular maintenance schedule.*

How does this equipment meet or exceed basic sustainability efforts and/or provide renewable resources to the college? Please explain *Made from durable materials for heavy usage in commercial facilities, rehab centers, sports medicine clinics, and college gyms.*

What will be required to maintain the equipment, such as regular servicing or upkeep? Who will perform the maintenance and are the costs included in the Finance Section? *Daily maintenance of wiping off the equipment with disinfectant and lubricating the seat adjustments, chains, etc. Maintenance schedule will be followed as recommended in owner's manual. Some servicing will be provided by kinesiology. athletic assistants at LPC and Gym Doctors, which are already incurred in the present budget.*

Where will the equipment be used or housed? If new storage is needed, describe the storage, location and costs to provide for it. Are these costs included in the financial section? *The recumbent cycles will be located in Bldg 2500, Rooms 202 or 203.*

SECTION 6: OUTCOMES

How will equipment enable student learning outcomes to be achieved? What are the consequences related to learning outcomes if request is not funded?

The recumbent cycles will enable a student's ability to achieve courses' SLOs of fitness within our SLO groupings. The recumbent cycles will enhance improved fitness level between pre and post assessments. Cardiorespiratory endurance and training improved by utilization of the recumbent cycle will achieve the goals of lifetime fitness. If not funded, the student will have a difficult time achieving the SLO's regarding diversity in training/conditioning, which is important to reduce/prevent repetitive motion injuries to students.

SECTION 7: FINANCIAL

Part 1

Total amount requested: \$6862.51

Explain the details behind the amount requested above. see attached quote for breakdown of costs

Equipment or Materials: \$2,908.57 each = 5, 817.14
Delivery: 150.00 for 2
Installation: 300.00 for 2
Facilities Modification: none
Sales Tax: 595.37
Other:
Vendor Discount (if applicable):

Total amount: \$6,862.51 (Attach copies of quotes or estimates)

NOTE: Requests for computer related equipment must be reviewed by LPC IT Department

IT Department Authorized Signature: _____

In addition to the amount requested above, what ongoing costs will be incurred per year? This is trying to determine the total cost of ownership.

COSTS

Upkeep and Maintenance: minimal to none
Storage: none
Other :

How will these ongoing costs be paid for? N/A

Part 2

How long will this equipment last and when will it need to be replaced? When replacement is needed, how will it be paid for? (such as another IER, grant, etc.) The sustainability of the equipment is a minimum of 5 years to 10 years relative to usage and maintenance program.

What outside sources of funding, discounts or help have you explored and what is the outcome? (items such as CTE and grants)

Signatures:

Candace Brown Requestor
[Signature] Dean

[Signature]
Vice President

Request Approved: Yes No

Approved by: <Approver>

Date Approved: <mm/dd/yyyy>

Pacific Fitness Products LLC
 dba Precor Commercial Fitness
 12326 Beverly Park Rd #101
 Lynnwood WA 98087-1506
 United States
 425.338.2008, Fax 425.338.3538
 www.precorcf.com, Orders@precorcf.com

Date	Estimate #
9/21/2015	15569

Bill To	Ship To
Accounts Payable Chabot-Las Positas Community College District 7600 Dublin Blvd., 3rd Floor Dublin CA 94568 United States	Dylan Miller (925) 424-1275 Las Positas College Receiving Department 3000 Campus Hill Drive Livermore CA 94551

Quote Expires	Terms	Sales Rep	PO #	Ship Via	Ship Date
10/21/2015	50% down, 50% Net 30	Christine Michaud			

Qty	Item	Description	Our Price	Ext. Price
2	EPRC835R-P30	Precor 835 Recumbent Cycle- P30 console	2,908.57	5,817.14
2	Shipping	Incoming Freight, Shipping and handling charges	75.00	150.00
2	Delivery	Installation, Delivery and Setup Charges	150.00	300.00

Authorized by: _____ Special order cancellations subject to a restocking fee. Our estimate assumes cash or check payment. Credit card payments are gladly accepted with an additional 3% convenience fee.	Subtotal Tax (AVATAX 9.5%) Total	6,267.14 595.37 \$6,862.51
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LAS POSITAS COLLEGE Equipment, Apparatus and Service Requisition

#R

FOR REIMBURSEMENT: List payee name & ssn. TAX ID#

SUGGESTED VENDOR **PRECOR COMMERCIAL FITNESS**

NAME OF STAFF MEMBER **Dyan Miller** DATE WRITTEN **23-Oct-15** DATE REQUIRED **23-Nov-15** DIVISION/DEPARTMENT **BSBA** For inventory purposes include room # where

FOR OFFICE USE ONLY

RETURN COPY of REQUISITION TO:
Mary Hargiss

DESCRIPTION (PRODUCT, TYPE, SIZE, COLOR, STOCK NUMBER)	UNIT	QTY	UNIT PRICE	Air
INSTRUCTIONAL EQUIPMENT REQUEST				
Precor 835 Recumbent Cycle-P30 Console	1	2	\$ 2,908.57	\$ 5,817.14
Installation, Delivery and Setup Charges				\$ 300.00
Incoming Freight, Shipping and handling charges				\$ 150.00
				\$ -
				\$ -
				\$ -
				\$ -
Vendor Information/ Remit To:				
Deliver To, include room # (optional):				
PACIFIC FITNESS PRODUCTS, LLC				
Las Positas College				
dba PRECOR COMMERCIAL FITNESS				
C/O William Eddy				
12326 Beverly Park Road #101				
PE Complex, Building 2500				
Lynnwood, WA 98087-1506				
3000 Campus Hill Drive				
Livermore, CA 94551-7623				
Tel: (425) 338-2008				
(925) 424-1282 / 1291				
Comments:				
	Subtotal			\$ 6,267.14
	Applicable Tax (AVATAX 9.5%)			\$ 595.37
				\$ 552.63

BT#

Original invoices and receipts must be attached for payment. Include current taxes unless incorporated in price. **TOTAL COST \$ 6,862.51**

ACCOUNT # _____ FUND _____ ORG _____ ACCT _____ PROGRAM _____

APPROVALS

Supervisor/ Coordinator/ Director _____

Dean/VP/ President _____

Business Office _____