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INSTRUCTIONAL EQUIPMENT REQUEST

Due in Dean/Unit Head's Office on September 19, 2011 (FALL) and March 1, 2012 (SPRING)

The Definition of Instructional Equipment can be found in the California Community College's Budget and Accounting Manual. A copy of these definitions is on the PBC webpage: http://grapevine/pbc/InstructionalEquipment.php

Name of Requestor: Jun Yoon

Division/Unit : Physical Education / Athletics / Health / Wellness

Brief title of request (equipment or materials being requested must be similar, related or part of a system. Martial Arts focus kicking/punching target

Request amount (unit cost and total cost including tax and shipping. Please include all costs including installation, modification to existing facilities to accomodate new equipment, etc.): This should come from the vendor quote

Table with 2 columns: Item (s) cost, \$ and handwritten values: 878.50, 2.95, 901.45

Attach copy of quote(s), estimate(s) and requisition(s): (Must attach quote & requisition; absence of either will delay processing)

Brief description of specific equipment or materials requested and what they will be used for: (include the # pieces being requested; i.e.: 10 crayola crayons, sky blue, etc. in 250 words or less)

Thirty focus kicking and punching targets. Used in martial arts classes for specific techniques required to advance within the class.

Is this in your Program Review? Yes [X] No []

This equipment will support all Martial Arts classes. The targets will enhance student training and each target can accommodate two people attacker and defender. With both skills needed to advance to belt levels. These skills are incorporated in the Program Review for program development.

Is it a replacement? Yes

Upgrade? Yes

New technology? Yes

Please explain?

Current supply of this equipment is very limited and has excessive wear and tear.

Below is the evaluation criteria; please see corresponding Instructional Equipment Rubric at:
http://grapevine.laspositascollege.edu/pbc/documents/PBCInstructionalEquipmentRubric_2010-11.pdf

Teaching & Learning/Impact on Enrollment (Total = 10 points for A& B)

**A. How will this item have a positive impact on instruction and/or teaching and learning in the classroom?
Is this for use by the Instructor or students, or both?**

Will help students work on their focus, concentration and speed. Three of the primary skills important that all students need to gain. The instructor will use the targets to demonstrate proper technique for the holder and the attacker. Give-and-take training where glove hitter and target holder are constantly reacting to one another. Challenging training drills show how to use the targets to coordinate hand and foot movements so they work together in one continuous flow that is sure to dominate your opponent. Learn to coordinate mitt placement to provide rapid and successive hand and foot blows for high, low or mutli-level attacks. Evolve focus target training into life-like fighting where the target holder becomes less of a glorified target provider and more like an aggressive opponent.

B. How will the equipment impact enrollment, attract, or increase the number of students participating in a course or program?

The equipment is necessary as the demand is increasing and class size is increasing as well. Students can use these while others are working on other techniques and forms. The targets are an effective way to enhance workouts and give instant feedback as you train and develop striking techniques.

Outcomes (Total = 10 points)

How does this equipment enable or enhance SLOs? What are the consequences related to learning outcomes if request is not funded?

Will enhance SLO'S significantly. Kicking is a primary skill that all students need to gain. This class takes an integrative approach to dealing with physical aggression. Observational, judgmental and awareness skills are developed as well as physical self-defense or martial arts tactics. The capacity for clear and strategic thinking in responding to assault is also developed. This class is for any level self-defense or martial arts students.

Learning Outcomes

- increase in self-confidence and their awareness of potentially threatening situations
- increase in flexibility, cardiovascular fitness and strength
- experience various forms of martial arts and appreciate their importance in self defense
- learn self-defense tactics for various situations.

Total Cost of Ownership (Total = 5 points)

(This section attempts to identify what the ongoing costs of purchasing this equipment will be to the institution)

- a) What is the lifespan of the equipment? 5 years? 10 years? 20 years?
- b) Is there sufficient current/planned space available for the storage and use of this equipment? If so, where will it be housed? If not, is there a proposed location and are there any costs associated with installation or modifications to the space?
- c) Are there operating costs and how will they be covered by the department?
- d) What will be required to maintain the equipment, such as regular servicing or upkeep?
Who will perform maintenance, and what will the estimated costs be?

The lifespan on targets are about 2 to 3 years depending how often they are used. The targets are stored in the combative room in the PE complex room 213. No cost to operate. Basic cleaning and sanitizing will be done by PE/Athletic assistants and well as visual check for wear and tear.
Leather coating with nylon lace stitching along the spine and reinforced stitching at the seams makes them more durable than what is currently in stock.

Health and Safety (Total = 2 points)

Explain if this equipment responds to a security or health and safety need for faculty and students:

Injury occurs in Martial Arts but injuries occur less with proper technique and equipment use. This will greatly limit the injuries sustained by kicking or punching older worn down targets.

Visibility/Profile within Community (Total = 1 point)

Is this a “flagship” item that will bring recognition/notoriety to the College or raise the stature of the program? Will it attract students and/or enhance the image of the College in the community because of its rare, one-of-a-kind status?

Commitment to Sustainability (Total = 1 point)

If the equipment exceeds basic sustainability goals or provides renewable resources to the College, provide specific details:

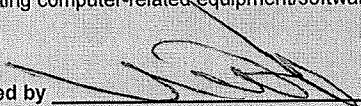
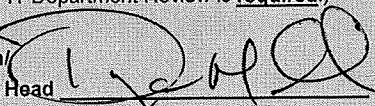
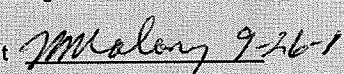
Access (Total = 1 point)

Provide evidence that the requested equipment is consistent with universal design* and will ensure access above and beyond standard capability.

**Universal design is an approach that addresses and redresses the primary barrier to making expert learners of all students. Some examples include: light switches with large flat panels rather than small toggle switches; buttons and other controls that can be distinguished by touch; bright and appropriate lighting, particularly task lighting; auditory output redundant with information on visual displays; visual output redundant with information in auditory output; contrast controls on visual output; use of meaningful icons with text labels; clear lines of sight to reduce dependence on sound; volume controls on auditory output; speed controls on auditory output; choice of language on speech output. Items incorporating the principles of universal design feature: equitable use; flexibility in use; simple and intuitive; perceptible information; tolerance for error; low physical effort; and size and space for approach and use. (Wikipedia)*

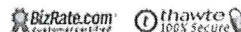
Signatures (required)

(If requesting computer-related equipment/software, LPC IT Department Review is **required**.)

Requested by 	Dean/ Unit Head 	IT Department Signature _____ Vice President 
LPC VP Admin. Svcs/President _____		LPC Business Office Use (Account Number) _____

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1 Shipping Address ✓ 2 Shipping Method ✓ 3 Review Order / Payment 4 Confirmation

Item Description Each Quantity Price

Estimated delivery date for this item: September 27 - September 28
(selecting super saver shipping may add 1-2 business days)



Elite Leather Focus Target: Double
lr-la-38

39.95 \$29.95 30 \$898.50

Shipping Address

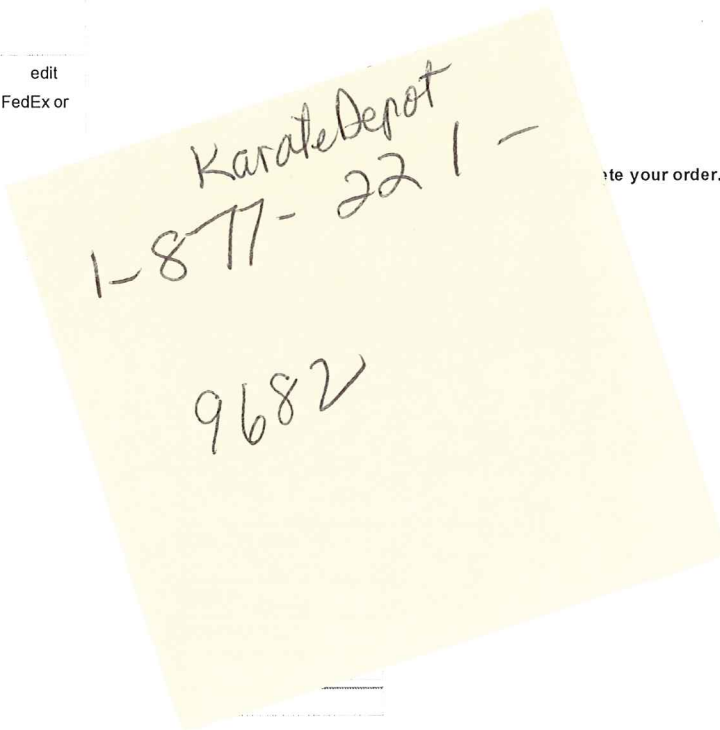
William Eddy
Las Positas College
3000 campus hill drive
Livermore, CA 94551
US

Special Instructions

Subtotal: \$898.50
Tax: \$0.00
Shipping: \$2.95
Total: \$901.45

Shipment Method

Shipped via: Super Saver via FedEx or USPS



Billing Address

First Name:

Last Name:

Company:

Address 1:

Address 2:

City :

State/Province:

Country:

Zip:

Phone:

Evening Phone:

Fax:

Payment Information

Payment Method (will update display)

Credit Card

Card Type:

Visa



Card Number:

Expiration:

January (1) 2011

CWV2:

What is this?

Repeat Customer or discount code:

LAS POSITAS COLLEGE Equipment, Apparatus and Service Requisition

#R

FOR REIMBURSEMENT: List payee name & ssn.

TAX ID#

FOR OFFICE USE ONLY

SUGGESTED VENDOR **KARATE DEPOT** DATE WRITTEN **21-Sep-11** DATE REQUIRED **30-Sep-11** DIVISION/ DEPARTMENT **PE/HEALTH ATHLETICS** RETURN COPY of REQUISITION TO: **Carolyn Smutny**

NAME OF STAFF MEMBER **Dyan Miller** For inventory purposes include room # where

DESCRIPTION (PRODUCT, TYPE, SIZE, COLOR, STOCK NUMBER) UNIT QTY UNIT PRICE

INSTRUCTIONAL EQUIPMENT REQUEST

Martial Arts focus Kicking/punching target \$ 898.50

Vendor Information/ Remit To: Deliver To, include room # (optional):

KARATE DEPOT Las Positas College

55 W. Railroad Ave PE Complex Room PE 131 (Equipment room)

Garnerville, N.Y 10923 Attn: William Eddy or PJ Johnsn

1-877-221-9682 3000 Campus Hill Drive

FAX 1-845-786-0954 Livermore, CA 94550

(925) 424-1290

Subtotal \$ 898.50

Tax \$ 0.0875

Shipping (if available): \$ 2.95

INSTRUCTIONAL EQUIPMENT **BT#** TOTAL COST \$ **901.45**

Original invoices and receipts must be attached for payment. Include current taxes unless incorporated in price.

ACCOUNT # _____ FUND _____ ORG _____ ACCT _____ PROGRAM _____ Business Office

APPROVALS *[Signature]* 9-23-11 *[Signature]* 9-26-11
 Supervisor/ Coordinator/ Director Dean/ VP/ President