

Instructional Equipment Request  
2015-16

RECEIVED

OCT 27 2015

VP ACADEMIC SERVICES  
LAS POSITAS COLLEGE

FALL 22

SECTION 1: SUMMARY INFORMATION

Brief Title of the Request: Keiser Spin Bikes

Equipment Location: PE complex

Name of Requestor: William Eddy

Division/ Unit: BSBA/KIN

SECTION 2: EQUIPMENT DESCRIPTION

Check one of the following:

The equipment is:    x  A replacement     An upgrade     New equipment/technology

Describe the specific equipment requested and how it will be used to replace, upgrade or provide new technology to the college from what is currently in place? If there is a legal requirement, a mandate, or safety concern for purchase of this equipment, please discuss and make specific reference to that regulation/concern. (Cost data should be recorded in Sec. 7)

Twenty five spin bikes used for a spin class being added to the Kinesiology schedule of classes. Currently 10 bikes exist but are used for cardio and circuit training.

SECTION 3: EDUCATIONAL ITEMS- PROGRAM REVIEW

Which educational programs or institutional purposes does this equipment support?

Currently no spin classes exist. The current spin bikes (10) are used only for cardio and circuit training.

Is this equipment included in your Program Review?    x  Yes     No

The Kinesiology depart is in the process of updating and creating new certificates. One certificate being considered is personal training. Personal trainers utilize spin bikes for training of groups or individuals for cardio workouts and weight loss or weight maintenance. Continue to maintain and increase the diversity of course offerings is in our department program review.

If yes, please cut and paste the appropriate wording here. If not, explain why.

SECTION 4: TEACHING AND LEARNING

Describe in some detail the impact this equipment will have on teaching and learning.

**Impact on teaching:** Spinning is popular group exercise workout. The instructor will be able to impact multiple students at once with a designated spinning routines. The bikes are easy to use teaching how to use the bikes will be minimal leaving more time for class performance.

**Impact on learning:** The proper spinning techniques will be utilized. The equipment will serve all students in the class no waiting for equipment.

Per academic year, this equipment will impact:

1 Number of classes or sections

25 Number of students

SECTION 5: OUTCOMES (SLOs)

By documenting your specific SLOs, how will equipment enable student learning outcomes to be achieved? What are the consequences related to learning outcomes if request is not funded? Will enable student learning outcomes that

are associated with the class. An example of an outcome would be target heart rate level measurement at intervals of spinning. If not funded outcomes for the class would not be achieved.

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**SECTION 6: LPC PLANNING PRIORITIES**

Please address how this equipment will serve the current LPC planning priorities.

The plan will guide the college in the next five years in strengthening student achievement, planning for current and future needs, transforming infrastructure and informing the resource allocation process and staffing priorities. Spinning class is a current popular need that is within the scope of planning.

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**SECTION 7: TOTAL COST OF OWNERSHIP (FINANCIAL & SUSTAINABILITY)**

What is the potential life span of the requested equipment?: 8 to 10 years

What will be required to maintain the equipment, such as regular servicing or upkeep? Include these costs in initial and on-going costs below. Maintaining of equipment will consist of wiping down equipment and checking equipment daily for any defects or problems. All weight training and cardio equipment is serviced by a company called gym doctors every two months. After the warranty of the equipment expires the spin bikes will be on our preventative maintenance cycle.

Where will the equipment be used or housed? If new storage is needed, describe the storage, location and costs to provide for it. Include these costs in initial costs below.

The spin bikes will be housed in the Physical Education Complex second floor.

**Part A: Initial Start-up Costs**

	<b>Costs</b>	<b>Comments</b>
<b>Equipment or Materials</b>	<b>30836.75</b>	<b>1595.00 x 25= 30836.75</b>
<b>Shipping or Delivery charges</b>	<b>0</b>	
<b>Installation costs</b>	<b>2500</b>	<b>Included with delivery</b>
<b>Costs to modify facilities</b>		
<b>Vendor Discount</b>		
<b>Any Other Costs-training, etc.</b>		<b>Specify</b>
<b>Local Sales Tax</b>	<b>3167.00</b>	<b>Included in equipment</b>
<b>Grand Total Costs =</b>	<b>\$ 36503.75</b>	<b>Click the \$ and press F9 to calculate the grand total</b>

A completed purchase order(s) and quote(s) for this total cost must be attached.

**Part B: On-going Annual Operating Costs**

**Costs**

Annual service or maintenance contract	\$ 0	
Estimated parts replacement each year	\$ 0	
Outside standardization or calibration costs	\$ 0	How often?
Storage costs	\$ 0	
New supply costs	\$0	
Any other costs, including labor	0	Specify
Annual Operating Costs =	\$0	How will costs be paid?

**Part C: Incremental Labor Costs**

Please describe who will be the key operator and who will perform the maintenance & repairs.

Maintenance and repairs completed by Kinesiology and Athletics assistant to the level of their ability. Any repairs while under warranty will be completed by the vendor. After the warranty the bikes will be part of the maintenance service contract with Gym Doctors.

Are these individuals already trained? If not, how will they be trained, how long is the training and is there a cost for the training. Please include the cost above in initial start-up. Is the maintenance, operation and repair currently within their scope of duties?

Individuals are trained to perform tasks related to their level of expertise. The Gym Doctors tech perform all expert level maintenance.

Estimate the amount of time required in a month to perform this maintenance or operation

Gym Doctors requires 4 hours every 2 months as part of their service.

Explain how this equipment meets or exceeds basic sustainability efforts and/or provides renewable resources to the college?

The bikes operate without electricity and are made from steel and plastic and rubber. Uses an eddy current system which consist of a magnetic field against the fly wheel that acts as a conductor.

Funded requestors will be expected to respond to a brief RAC feedback survey by a requested deadline. Requests for computer related equipment & printers must be reviewed by LPC IT Department

IT Department Authorized Signature: \_\_\_\_\_

Signatures:

Requestor

Date Originated: 10-20-15

Dean/Manager

Date Received 10/20/15

Vice President

Date Received \_\_\_\_\_

**KEISER**

Be Powerful

SEARCH



STRENGTH

CARDIO

SUPPORT

TRAINING

ABOUT

## M3 INDOOR CYCLE

**Summary:**

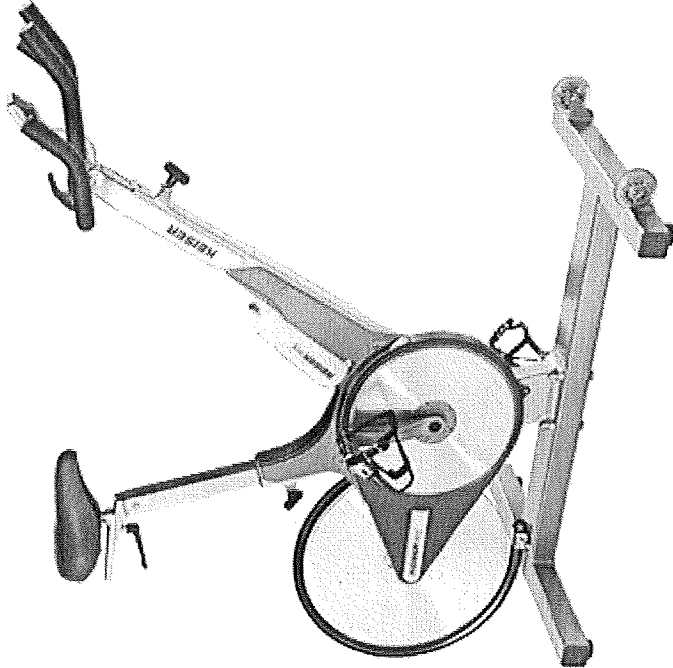
M3 Indoor Cycle - Keiser's award-winning, third-generation, indoor cycle. The result of more than a decade of research and manufacturing experience, and developed with the collaboration and feedback of trainers and some of the largest clubs worldwide.

**Technical Information:**

Height: 45" / 1143 mm  
 Width: 26" / 660.4 mm  
 Length: 49" / 1244.6 mm  
 Weight: 85 lbs. / 38.56 kg

**Features:**

Backlit M Series Display (optional) | Adjustable Shimano™ Combo Pedals | Easy Transport | Gravity Based Water Bottle Holder | Multi Placement Handles | Four-Way Adjustable Seat Position

[Request More Info](#)[Accessory Options](#)[Resistance System](#)[Paint/Upholstery](#)[Display Options](#)[Buy it Now](#)**SOLUTIONS FOR:**

# PRECOR<sup>®</sup> COMMERCIAL FITNESS

## Estimate

Pacific Fitness Products LLC  
 dba Precor Commercial Fitness  
 12326 Beverly Park Rd #101  
 Lynnwood WA 98087-1506  
 United States  
 425.338.2008, Fax 425.338.3538  
 www.precorcf.com, Orders@precorcf.com

Date	Estimate #
9/22/2015	15594

Bill To	Ship To
Las Positas College 3033 Collier Canyon Road Livermore CA 94551 United States	Las Positas College 3033 Collier Canyon Road Livermore CA 94551 United States

Quote Expires	Terms	Sales Rep	PO #	Ship Via	Ship Date
10/22/2015	50% down, 50% Net 30	Christine Michaud			

Qty	Item	Description	List Pri...	Our Pr...	Ext. Price
25	EKC-M3n/Comp	Keiser M3 Indoor Cycle w/o computer - BLACK	1,595.00	1,233.47	30,836.75
1	Shipping	Incoming Freight, shipping and handling charges: WILL CALL. STEVE NIRSCHL WILL PICK UP AND DELIVER.		0.00	0.00
1	Delivery	Delivery and Setup		2,500.00	2,500.00

Additional Notes:

Return Policy: Retail products full refund within 7 days of purchase; Store credit only within 60 days of purchase. Commercial products and special orders are subject to a 50% restocking fee upon cancellation. PRECOR HOME FITNESS is independently owned & operated by PNW COMMERCIAL FITNESS SALES, LLC, under license from Precor Inc.	Subtotal Tax (AVATAX 9.5%) Total	33,336.75 3,167.00 \$36,503.75
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# LAS POSITAS COLLEGE Equipment, Apparatus and Service Requisition

#R

FOR REIMBURSEMENT: List payee name & ssn. TAX ID#

SUGGESTED VENDOR **PRECOR COMMERCIAL FITNESS** FOR OFFICE USE ONLY

NAME OF STAFF MEMBER **Dyan Miller** **23-Oct-15** **23-Nov-15** **BSBA** RETURN COPY of REQUISITION TO:

DATE WRITTEN **23-Oct-15** **23-Nov-15** **BSBA** **Mary Hargiss**

DESCRIPTION **(PRODUCT, TYPE, SIZE, COLOR, STOCK NUMBER)** UNIT PRICE

**INSTRUCTIONAL EQUIPMENT REQUEST**

DESCRIPTION	UNIT	QTY	UNIT PRICE	Air
Keiser M3 Indoor Cycle w/o Computer		25	\$ 1,595.00	\$ 30,836.75

Installation, Delivery and Setup Charges				\$ 2,500.00
Incoming Freight, Shipping and handling charges				N/A
				\$ -
				\$ -
				\$ -

**Vendor Information/ Remit To:**

**Deliver To, include room # (optional):**

PACIFIC FITNESS PRODUCTS, LLC  
Las Positas College

dba PRECOR COMMERCIAL FITNESS  
C/O William Eddy

12326 Beverly Park Road #101  
PE Complex, Building 2500

Lynnwood, WA 98087-1506  
3000 Campus Hill Drive

Tel: (425) 338-2008  
Livermore, CA 94551-7623

Fax: (424) 338-3538  
(925) 424-1282 / 1291

**Comments:**

Subtotal		\$ 33,336.75
Applicable Tax (AVATAX 9.5%)		\$ 3,167.00
<b>BT#</b>		2929.49

*Original in voices and receipts must be attached for payment. Include current taxes unless incorporated in price.*

**ACCOUNT #** \_\_\_\_\_ **FUND** \_\_\_\_\_ **ORG** \_\_\_\_\_ **ACCT** \_\_\_\_\_ **PROGRAM** \_\_\_\_\_

**TOTAL COST \$ 36,503.75**

**APPROVALS**

Supervisor/ Coordinator/ Director \_\_\_\_\_

Dean/ VP/ President \_\_\_\_\_

Business Office \_\_\_\_\_

36,266.24