



The Las Positas College Professional Development Committee would like to welcome you to our Fall 2025 FLEX Day, being held from 8:00 AM – 4:00 PM on Thursday, October 23.

Keynote Session

11:00 AM – 11:50 AM Room 2420

I'm Just a Girl

Keynote Speaker Biography:



Anna May Real Estate Broker and Comedian

Voted "Shyest" in 7th grade, Anna May was born "Anna Laveria May" in Taipei, Taiwan as the daughter of an Air Force Sergeant and a dramatic Chinese mother. Both parents were bi-polar, forcing Anna to navigate them sensitively, safely, and with a dose of sneakiness while sheltering her siblings.

The only escape from the drama was to find a way to leave high school early, so she took correspondence courses while traveling abroad working as a model.

Nobody taught her to avoid salt and oily foods, so she was considered one of the fatter models, always being told by her modeling agent to "reduce size".

Fast-forward, she got engaged at 19 years old and married a man 20 years her senior, ran a chain of Americanized Chinese restaurants with him, starred in several films, ran for public office to win a history-making election, owned a real estate brokerage, then started performing stand-up comedy to keep from getting bored. She has two old pit bull rescue dogs, Piglet & Rufus the Dufus.

Despite what might appear to be a chaotic background, Anna is a consistent, solid member of her community with boundaries that ensure nobody ever asks to borrow money from her.





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FLEX Day Survey Links

Workshop Evaluations	Reporting Hours	Global Survey	
Workshop Evaluation	Reporting Hours	Global Survey	
https://tinyurl.com/fallflex25workshop	https://tinyurl.com/fallflex25report	https://tinyurl.com/fallflex25global	





Morning Session Short Program

Location	8:00- 8:50 AM	9:00– 9:50 AM	10:00 – 10:50 AM	11:00 – 11:50 AM
2420				Keynote Session Anna May
21103		Veterans in the Classroom: Stories of Transition and Triumph Evelyn Andrews	Faculty Evaluation Training Christina Lee Heike Gecox	
21104		South Africa Trip- Presentation on Intercultural Education Lyndale Garner	Student Panel: How to Best Support Our Student-Parents Jill Carbone Nadiyah Taylor	
21105		Proposition 50: "The Election Rigging Response Act" Explainer and Discussion Joanna Tice Jen	Training Session: Become a Certified Honors Instructor Irena Keller Jennifer Siders	
21107		College Enrollment Decisions and Trajectories Among Las Positas College Applicants Rajinder Samra		
21109		2025 Individual Tax Law, Retirement Planning CALSTRS, 403(B)'s Rajeev Chopra	LPC'S Commitment to Equity Through Action: The 2025- 2028 Student Equity & Achievement Plan Cristine Sidela Kristy Woods	
21119	Best Practices for Club Advisors Josué Hernández Naomi Mangini			
21203 Computer Lab	Empowering Educators with KhanMigo Al Tools Ted Lee	Al Power-Up: Microsoft Copilot Essentials Ted Lee		
21205 Computer Lab	So Long eLumen, Hello Meta! Planning SLO Assessments Using CurrlQunet Meta John Rosen Alaina Osuka		Teaching in the Winter Intersession: Strategies and Support Kat King Wanda Butterly	
21207 Computer Lab		Curriculum Assistance Craig Kutil Dana Nakase		
PE Gym		Pickleball Paul Sapsford		
PE 213		Brazilian Jiu Jitsu Russell Jensen Dave Wagner	Introduction to Safety and Self-Defense Karin Spirn Michelle Gonzales	





Afternoon Session Short Program

Location	1:00 – 1:50 PM	2:00 – 2:50 PM	3:00 – 3:50 PM
21103	Educating in Today's Political Climate: Demystifying CRT and Using Collective Strategies to Support Colleagues in Troubling Times Felipe Ponce Sr.	Centering Diversity, Equity, Inclusion, and Accessibility Michelle Gonzales Dyrell Foster	
21104	Teach What You Love: How to Become a Community Education Instructor Megan Garcia	Faculty Evaluation Training Christina Lee Heike Gecox	
21105		Fostering a Sense of Belonging for All Students Jean O'Neil-Opipari	Best Practices for Discouraging Al Misuse in the Classroom Dani Blatter
21119	Building Oceans and Creating Movement: Supporting Asian Pacific Islander Student Success Julie Nguyen Cristine Sidela	APIEA: Framing and Building Our Future Frances Hui	
21203 Computer Lab	So Long eLumen, Hello Meta! Planning SLO Assessments Using CurrlQunet Meta John Rosen Alaina Osuka	Scheduling Within the Compressed Calendar Paula Checchi Stuart McElderry	Write Your Program Review! Karin Spirn
21205 Computer Lab	Al in Action: Innovations for Teaching and Learning Kat King Wanda Butterly Jin Tsubota Mike McQuiston		Taking the Agony out of Accessibility Compliance in Canvas Wanda Butterly Kat King
21207 Computer Lab	Curriculum Assistance Craig Kutil Dana Nakase		A&R Presents: Steps to Success for Accurate Attendance Reporting and Grade Submission Tania Torres
21209 Computer Lab	Working Session: Build your Honors Course Curriculum and Canvas Jennifer Siders, Martin Nash, Daniel Cearley, Alain Olavarrieta, Paul Sapsford, Elizabeth Wing Brooks	How to Use Canva for Beginners Christine Davis	Technology Drop in Hour Christine Davis
400	10 Years of Middle College - Student Panel & Presentation Amy Brown		
1851			Vertebrate Animal Dissection: Teaching Process, Anatomy, and Physiology Segal Boaz Link to sign up: https://forms.gle/h46y4iNUUa8QJ1JD8





Today's meals are being provided courtesy of the President's Office.

Breakfast 7:30 AM – 11:00 AM 2100 Lobby

Coffee and Tea Service (House Blend, Decaf, Hot Water & Tea Bags) Continental Breakfast (Pastries and Fruit)

Lunch 12:00 PM – 12:50 PM Cafeteria

Panda Express Bowls:

- Chow Mein (1/2), Super Greens (1/2), Grilled Teriyaki Chicken
- Chow Mein (½), Super Greens (½), The Original Orange Chicken
- Chow Mein (½), Super Greens (½), String Bean Chicken Breast
- Super Greens (1/2), Eggplant Tofu

Infused Water

Afternoon Social 3:00 PM – 4:30 PM 2100 Lobby

Assorted Donuts





Full Description of the Morning Sessions

8:00 AM - 8:50 AM

Best Practices for Club Advisors Room 21119

Presenters/Facilitators: Josué Hernández and Naomi Mangini

Description: A presentation will be given on how club advisors can best support their student club leaders. We will cover best practices such as administrative, business, promoting, and retention practices for clubs.

Empowering Educators with KhanMigo Al Tools Room 21203

Presenter/Facilitator: Ted Lee

Description: Empowering Educators with KhanMigo: Practical AI Applications is a hands-on workshop designed to introduce educators to the practical uses of KhanMigo, the free AI assistant developed by Khan Academy. In this session, educators will learn how to efficiently draft recommendation letters, develop lesson plans, and create educational content using KhanMigo. Additionally, attendees will explore how KhanMigo can assist in providing personalized student scaffolding support to help students better understand challenging concepts. This workshop will equip educators with actionable skills to integrate KhanMigo into their teaching practices, streamlining routine tasks and enhancing instructional effectiveness. Participants will leave with concrete strategies for leveraging AI tools to support their workflow and improve student success.

So Long eLumen, Hello Meta! Planning SLO Assessments Using CurrlQunet Meta Room 21205

Presenters/Facilitators: John Rosen and Alaina Osuka

Description: This workshop will introduce faculty (and especially SLO coordinators) to the "Assessment" feature in CurrlQunet Meta, which we will now be using to record and analyze our SLO data (we previously completed this using eLumen). After a brief presentation/walk-through of how to set up a SLO assessment in Meta, faculty will have time on "planning"/"pushing out" their assessments for Fall 2025.

9:00 AM - 9:50 AM

Veterans in the Classroom: Stories of Transition and Triumph

Room 21103

Presenter/Facilitator: Evelyn Andrews

Description: This interactive session will feature conversations with veterans who have served in the armed forces. Through small-group dialogues, participants will hear veterans share their personal journeys—why they enlisted, pivotal moments during their military service, and the challenges they faced transitioning back to college as older, reentry students. The session is designed to foster connection, deepen understanding, and engage the campus community in meaningful dialogue.





South Africa Trip- Presentation on Intercultural Education Room 21104

Presenter/Facilitator: Lyndale Garner

Description: Intercultural Education is a key component in providing equity, in removing barriers and in implementing LPC's caring campus focus. Experience a presentation about a trip to South Africa that was life changing and possibly, could be a life changing trip for students. Explore the idea of going to South Africa yourself to potentially bring students for the opportunity to learn about the Educational system of South Africa as well as the historical context in which South Africans live. While understanding others' cultural identity, individuals become aware of their own and perhaps in doing so, promotes self-growth to improve relatability. By fostering relatability, intercultural education aims to reduce racism and discrimination in education and society. The presentation will also include details of the Summer 2026 trip as well as a bit of information on how to plan a trip for students.

Proposition 50: "The Election Rigging Response Act" Explainer and Discussion Room 21105

Presenter/Facilitator: Joanna Tice Jen

Description: On November 4th, California voters will choose whether to continue use of the Independent Citizens Redistricting Commission to prevent gerrymandering in the state or to suspend the work of the Commission for five years to allow the California legislature to gerrymander districts to create five more secure seats for Democrats in the House of Representatives. The proposition is a response to President Trump's request that five more secure Republican seats be created in Texas. The special election for Proposition 50 was triggered by Texas passing their gerrymandered map on August 29th. Come learn why we redistrict, what gerrymandering means and discuss if there is a lesser of two evils on Proposition 50. This is intended to be a bi-partisan discussion, with the presenter providing information only.

2025 Individual Tax Law, Retirement Planning CALSTRS, 403(B)'s Room 21109

Presenter/Facilitator: Rajeev Chopra

Description: I am planning on covering the following topics:

- 1. How 2025 tax changes affect individual employees?
- 2. What retirement options are available and share different scenarios.

Pickleball PE Gym

Presenter/Facilitator: Paul Sapsford

Description: Pickleball is a paddle sport that combines elements of badminton, tennis, and table tennis. It's played on a badminton-sized court with a slightly modified tennis net, using solid paddles to hit a perforated plastic ball. Participants will need to wear appropriate footwear for the gym, and appropriate attire for this activity.





Brazilian Jiu Jitsu Room PE 213

Presenters/Facilitators: Russell Jensen and Dave Wagner

Description: Brazilian Jiu Jitsu (AKA "The gentle art") is a popular and effective grappling-based martial art. Come and learn techniques used for both self-defense and sport grappling. Athletic clothing strongly recommended.

9:00 AM - 10:50 AM

College Enrollment Decisions and Trajectories Among Las Positas College Applicants

Room 21107

Presenter/Facilitator: Rajinder Samra

Description: This session examines how applicants to Las Positas College make enrollment decisions, drawing on quantitative analysis and interviews. Findings highlight relationships between application variables and enrollment outcomes—including whether applicants enrolled in community colleges, universities, or did not enroll. These insights inform strategies to improve enrollment yield and more equitably support diverse student populations.

Participants will explore how demographic, educational, and socioeconomic variables from admission applications are associated with enrollment outcomes, as well as how applicants' knowledge, perceptions, and access to resources influence their choices. By the end, attendees will leave with equity-focused, data-informed strategies to improve enrollment yield and better support the diverse needs of prospective community college students.

Al Power-Up: Microsoft Copilot Essentials

Room 21203

Presenter/Facilitator: Ted Lee

Description: Al Power-Up: Microsoft Copilot Essentials is a hands-on workshop primer that first demystifies Copilot's chat workspace, how to shape prompts, steer replies, and keep ideas organized. Workshop attendee will be able to apply the same know-how inside Word, Excel, and PowerPoint to refine lesson plans or office memos, explore student or budget data, and craft engaging slides. Whether you teach in a classroom or manage projects from your desk, you'll pick up repeatable techniques that slot right into everyday workflows and leave with fresh ideas for saving time while raising the quality of your work across Microsoft 365.

Curriculum Assistance

Room 21207

Presenters/Facilitators: Craig Kutil and Dana Nakase

Description: Faculty will be able to get assistance in updating courses, building new courses, and program development in CurrlQunet META.





10:00 AM - 10:50 AM

Faculty Evaluation Training Room 21103

Presenters/Facilitators: Christina Lee and Heike Gecox

Description: This session provides training for all faculty evaluation processes. It is important that faculty understand how to properly and fairly evaluate their peers.

Student Panel: How to Best Support Our Student-Parents

Room 21104

Presenters/Facilitators: Jill Carbone and Nadiyah Taylor

Description: Come listen to our student-parents about their needs and how LPC can best support them.

Training Session: Become a Certified Honors Instructor

Room 21105

Presenters/Facilitators: Irena Keller and Jennifer Siders

Description: In this session you will learn all about the Honors Transfer Program: the meaning and the goals of the Program, as well as where the requirements for Honors courses come from. But most importantly you will learn how becoming a Certified Honors Instructor will make it easier for you to mentor students, because it comes with pre-made generic Honors Canvas/Assignments to provide an organized structure and a schedule for your Honors students, without the need to create any Honors contracts. If you have already signed up to become a Certified Honors Instructor but haven't completed the orientation/training part yet - this is your chance to do the training inperson, this session will count as your orientation for certification purposes. If you haven't signed up yet, this is your chance to learn what the certification means, to sign up and to complete the orientation part of the certification process on the spot.

LPC'S Commitment to Equity Through Action: The 2025-2028 Student Equity & Achievement Plan

Room 21109

Presenters/Facilitators: Cristine Sidela and Kristy Woods

Description: Come join us and preview our Las Positas College 2025-2028 Student Equity & Achievement (SEA) plan, which will be submitted this Fall 2025. We have partnered across divisions and amongst faculty, classified professionals, and administrators to thoughtfully review best practices and emerging successful initiatives that will support with eliminating disproportionate impact and equity gaps. The present workshop will be an interactive session where we will share current campus-wide equity data and provide an overview for how we will support our disproportionately impacted students. We invite you to join us and directly contribute to our Student Equity and Achievement (SEA) plan by providing your perspectives on how we can further tailor our support to best support our most minoritized and marginalized students as an institution.

Teaching in the Winter Intersession: Strategies and Support Room 21205

Presenters/Facilitators: Kat King and Wanda Butterly

Description: Our new winter intersession is just around the corner! This workshop will help instructors prepare for teaching in this condensed term. We'll cover key details





about support available to you and your students, and introduce you to our self-paced Canvas course with practical strategies for short-term classes. Learn how to adapt your course without overwhelming yourself or your students, while still maintaining quality and engagement.

Introduction to Safety and Self-Defense Room PE 213

Presenters/Facilitators: Karin Spirn and Michelle Gonzales

Description: Being attacked is never our fault, but we can learn basic principles of safety and self-defense to keep up safer. This workshop will cover basics of awareness, distance management, and keeping our balance when confronted. Open to all genders and ability levels! The training will be performed on wrestling mats, barefoot or in socks; Participants should wear comfortable clothes.





Full Description of the Afternoon Sessions

1:00 PM - 1:50 PM

Educating in Today's Political Climate: Demystifying CRT and Using Collective Strategies to Support Colleagues in Troubling Times
Room 21103

Presenter/Facilitator: Felipe Ponce Sr.

Description: Educators are on the frontlines of some of the most pressing social and political debates of our time. This workshop invites participants to reflect on their roles as truth-tellers, community leaders, and advocates for inclusive education. Together, we will explore practical strategies for navigating controversy, supporting students, and sustaining ourselves in challenging times.

Teach What You Love: How to Become a Community Education Instructor Room 21104

Presenter/Facilitator: Megan Garcia

Description: Think Community Education is only for seasoned teachers? Think again. Whether you're a subject-matter expert, a hobbyist, or someone with a passion, Community Education offers a space for you to connect with and inspire your community. Our instructors are as diverse as our students, some with decades of teaching experience and some with little to none. In this interactive session, we will demystify what Community Education is and is not, learn about the benefits of teaching in this flexible format, understand what is needed to propose a course, and brainstorm how your interests can translate into engaging courses. We'll also be joined by veteran Community Education instructor Sophie Rheinheimer, who will share her teaching journey, offer practical tips, and answer your questions.

Building Oceans and Creating Movement: Supporting Asian Pacific Islander Student Success

Room 21119

Presenters/Facilitators: Julie Nguyen and Cristine Sidela

Description: Asian American Native Hawaiian Pacific Islander (AANHPI) students at community colleges represent a diverse and growing population, yet their unique experiences and needs are often overlooked in institutional support structures. This workshop focuses on how classified professionals, faculty, and administrators can utilize different strategies to build oceans and create movement that support AANHPI students' academic achievement, foster an inclusive learning environment, and an increased sense of belonging.

Participants will explore the challenges many AANHPI students face, including cultural stigma around seeking help, navigating racial and ethnic invisibility, and experiencing identity conflict as they reconcile cultural heritage with societal expectations. We'll highlight practical, equity-minded strategies that can be implemented within the community college context—from cohort-based learning communities (including LPC's





AANHPI focused learning community: MOVEMENT API) to culturally affirming programming.

So Long eLumen, Hello Meta! Planning SLO Assessments Using CurrlQunet Meta Room 21203

Presenters/Facilitators: John Rosen and Alaina Osuka

Description: This workshop will introduce faculty (and especially SLO coordinators) to the "Assessment" feature in CurrlQunet Meta, which we will now be using to record and analyze our SLO data (we previously completed this using eLumen). After a brief presentation/walk-through of how to set up a SLO assessment in Meta, faculty will have time on "planning"/"pushing out" their assessments for Fall 2025.

Working Session: Build your Honors Course Curriculum and Canvas Room 21209

Presenters/Facilitators: Jennifer Siders, Martin Nash, Daniel Cearley, Alain Olavarrieta, Paul Sapsford, and Elizabeth Wing Brooks

Description: In this session Honors Certified Faculty will show different ways to offer Honors component and will share examples of how they use the Honors Canvas differently for different disciplines (such as one project versus a series of honors assignments etc.). Then you will get a chance to work on your own Honors Canvas in a small group based on your discipline, with the support of your colleagues and our faculty leads in the following areas: English, Arts and Humanities, Math, Physics and other STEM Sciences, Social Sciences, Sport Sciences. This session is intended for Honors Instructors who have completed the Honors certification training and already have at least one Honors Canvas to work on. However, everyone is welcome to join to see the examples of the Honors Canvas usage in different disciplines.

10 Years of Middle College - Student Panel & Presentation Room 400

Presenter/Facilitator: Amy Brown

Description: Please join us to visit the new Middle College space (building 400) for a Flex Day presentation on the TVROP Middle College High School program here at Las Positas College. We will provide an overview of the program, current enrollment data, and a description of a "typical Middle College student." Following the brief presentation, we will hold a student panel to give attendees the opportunity to hear directly from current and past students about their experiences at Middle College and Las Positas College.

1:00 PM - 2:50 PM

Al in Action: Innovations for Teaching and Learning

Room 21205

Presenters/Facilitators: Kat King, Wanda Butterly, Jin Tsubota, and Mike McQuiston

Description: Come see how your peers are adapting and innovating with generative AI. We'll share:





- Sample assignments that help students think critically about AI.
- Examples of Gen AI tools that Classified Professionals and Faculty use to support students.
- User-friendly AI tools you can use starting today to streamline your workflow, including accessibility and course design tools.

Whether you're an AI skeptic or an early adopter, this session will spark ideas for ways you can leverage generative AI. You'll have time to test out tools in the session, with colleagues there to help.

Curriculum Assistance

Room 21207

Presenters/Facilitators: Craig Kutil and Dana Nakase

Description: Faculty will be able to get assistance in updating courses, building new courses, and program development in CurrlQunet META.

2:00 PM - 2:50 PM

Centering Diversity, Equity, Inclusion, and Accessibility Room 21103

Presenters/Facilitators: Michelle Gonzales and Dyrell Foster

Description: The goal of this session is to review the college's strategic priority #4 Professional Development: Centering Diversity, Equity, Inclusion, and Access and to provide an update on the DEIA standards being negotiated in the FA contract (Dr. Foster has volunteered to participate in the session to provide context and the update). For the bulk of the session we will ask participants to discuss what they need to: "nurture a campus-wide culture of rigorous attention to equity and anti-racist practices."

Faculty Evaluation Training Room 21104

Presenters/Facilitators: Christina Lee and Heike Gecox

Description: This session provides training for all faculty evaluation processes. It is important that faculty understand how to properly and fairly evaluate their peers.

Fostering a Sense of Belonging for All Students Room 21105

Presenter/Facilitator: Jean O'Neil-Opipari

Description: Would you like to find out more about the Caring Campus initiative and how you can foster a sense of belonging with students to help improve their academic success. This is the session for you!

We will begin with a brief overview of the program, participate in a series of belonging activities, and conclude with a discussion about how to incorporate these new skills and ideas into daily life.

Scheduling Within the Compressed Calendar Room 21203

Presenters/Facilitators: Paula Checchi and Stuart McElderry

Description: This workshop will provide guidance on adapting existing coursework to fit





within the District's new compressed calendar and block schedule, which shortens the semester by 1.5 weeks and removes finals week. Recognizing the concerns faculty have shared about stress, pacing, and workload, the session will focus on practical strategies to restructure courses for the correct contact hours while maintaining rigor and student engagement. Participants will review examples of compressed schedules, practice mapping course content to the block format, and discuss challenges such as labs, assessments, and student workload. The session will also introduce Ad Astra, the District's new scheduling software, which is designed to make course scheduling more efficient and help coordinators adapt to the compressed calendar with greater ease.

How to Use Canva for Beginners

Room 21209

Presenter/Facilitator: Christine Davis

Description: How to use Canva for beginners. Learning to use Canva to create visually appealing flyers and videos for digital signage or event/course promotion.

2:00 PM - 3:50 PM

APIEA: Framing and Building Our Future

Room 21119

Presenter/Facilitator: Frances Hui

Description: Calling all APIEA members and interested colleagues to join us in continuing our conversation on building community for our students and ourselves.

3:00 PM - 3:50 PM

Best Practices for Discouraging Al Misuse in the Classroom

Room 21105

Presenter/Facilitator: Dani Blatter

Description: I will present some practices that have worked for me in discouraging AI misuse in the classroom, then have the attendees break into small groups where each person will share one thing that has worked and one area where they still struggle and could use suggestions.

Write Your Program Review!

Room 21203

Presenter/Facilitator: Karin Spirn

Description: Imagine a world where you can complete this year's Program Review Update (Due November 3) in one Flex session. Sound too good to be true? It's not! In this working session, you'll receive a brief introduction to the Program Review process, followed by a work session with help available. Come through and do that review!

Taking the Agony out of Accessibility Compliance in Canvas Room 21205

Presenters/Facilitators: Wanda Butterly and Kat King

Description: Have you been putting off making sure your course materials are fully accessible because you just don't have time? Good news - we have new tools to help! Come learn how to:





- Quickly identify accessibility errors on Canvas.
- Leverage AI to dramatically reduce the time and effort required to make your course materials accessible.
- Create ADA-compliant design features (like buttons and accordions) that can improve your students' experience in your courses.

Meet the April 2026 deadline for colleges to ensure everything online - including in Canvas - meets accessibility standards.

A&R Presents: Steps to Success for Accurate Attendance Reporting and Grade Submission

Room 21207

Presenter/Facilitator: Tania Torres

Description: The aim of this workshop will be to provide faculty members (both new and returning) time and space to revisit critical course attendance and grade submission policies. During this session attendees will find personalized support in re-familiarizing themselves with MyPortal/Class-Web rosters.

Part 1 of the workshop will focus on the importance of accurate attendance reporting, revisit the attendance reporting workflow, and dedicate work time for participants to look up and practice their respective attendance rosters. Part 2 will highlight the grade roster submission process; drawing attention to the upcoming grade submission deadline for Fall 2025.

Technology Drop in Hour Room 21209

Presenter/Facilitator: Christine Davis

Description: Drop In hour for all LPC related technology questions. Demo Instructional systems. Wireless connectivity. Etc.

Vertebrate Animal Dissection: Teaching Process, Anatomy, and Physiology Room 1851

Presenter/Facilitator: Segal Boaz

Description: Animal dissections are an excellent learning tool to examine the anatomy and physiology of animals, to examine the diversity of life, and to better understand our own human bodies by comparison. In this event I plan to lead a dissection in order to obtain those goals, using a frog as a representative of vertebrate animals. Additionally, we will discuss the set-up and strategies of teaching dissections in order to increase student success in the classroom. This flex event may be useful for biology instructors who plan to teach a dissection in the future due to changing curriculum, for experienced dissectors to share their knowledge, and also for any individuals who want to learn about animal anatomy and physiology who haven't had any recent chances to do so.

Note: Please wear closed-toe, closed-heel shoes, and if you have your own lab coat please bring it.

Link to sign up: https://forms.gle/h46y4iNUUa8QJ1JD8