

SEPTEMBER TOWN MEETING

September 6, 2017

- ❖ Welcome Roanna Bennie
- ❖ Dale & Ted Kaye Innovation Grant Dale & Ted Kaye
- ❖ ASLPC Update Tatiana Hernandez
- ❖ The Smart Shop Series Michelle Gonzales
- ❖ Adopted Budget Diane Brady
- ❖ Accreditation Roanna Bennie
- ❖ Foundation Update Ken Cooper
Marti Sutton
- ❖ Variable Flex Howard Blumenfeld



Las Positas College Music Department Hosts:

LPC JAZZ JAM SESSION

Second Wednesdays 6-9pm
@ Swirl on the Square

21 S Livermore Ave, Livermore, CA 94550

Bring your instrument or your voice and play a tune!

Sit in with faculty and students of all ages in a fun and informal setting. Leadsheets and charts are encouraged. All are welcome!

FREE and open to the public.



Take a Break to Rejuvenate

Join us every week!

CHILL & CHAT

Wednesday's 2-3:30pm

Room 1726

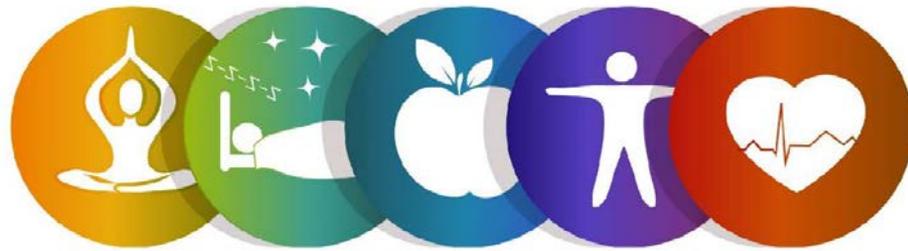
ENJOY A SAFE PLACE TO:

CONNECT WITH OTHER STUDENTS

LEARN STRESS MANAGEMENT SKILLS

LEARN HOW TO OVERCOME LIFE

OBSTACLES RECEIVE AND GIVE SUPPORT!



LAS POSITAS
COLLEGE

Be Well Health Fair

September 20th 10:30-1:00
in the Quad

*Please join your Student Health and Wellness Center
staff and our community partners*

Take care of your body and it will take care of you

- **Healthy Eating** – Stanford HealthCare ValleyCare Dietician, LPC Nutrition Club
- **Commit to be Fit** – LifestyleRx, Round 9 Fitness, Yoga
- **Emotional Well Being** – Mental Health.... Is not a destination, it's a process. It's about how you drive, not where you are going. Obtain tools to help you navigate life's journey.
- **Healthy Living** – Stanford HealthCare ValleyCare, Axis Community Health
- **Stanford Blood Drive** - Giving is Living!
- **Sexual Health** - "Let's talk about it!", Stanford HealthCare ValleyCare, Axis Community Health
- **Therapy Dogs** - Sharing Their 4-Legged Friends to Spread Smiles & Joy

SAVE THE DATE

TEACHING INSTITUTE

- Tue, Sept. 19, 5:30 - 8:30
- Wed, Nov 15, 5:30 - 8:30
- Location TBA



Check the website: [LPC Staff Development > Resources > Teaching Institute](#)



Las Positas College Health &
Wellness Events 2017-2018



FALL 2017 EVENTS

August 30th

11:30 - 1:00 – 1600 patio

"Welcome Back Hawks" tabling event

September 6th

2:00 - 3:30 – Room 1726

Chill 'n Chat

September 13th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
College- Adapting and Managing College and Social
Changes"*

September 20th

11:30 – 1:00pm – Quad

Be Well Health Fair and Therapy Dogs

7:00am – 5:00pm – Room 1726

Stanford Blood Drive

September 27th

2:00 - 3:30 – Room 1726

Chill 'n Chat

October 4th

2:00 - 3:30 – Room 1726

Chill 'n Chat

October 11th

11:30-1:00 – 1600 patio

Mental Health Screening Event

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
Friends are Complicated- Dealing with Betrayal and
Changing Friendships*

October 18th

2:00 - 3:30 – Room 1726

Chill 'n Chat

October 25th

2:00 - 3:30 – Room 1726

Chill 'n Chat

November 1st

2:00 - 3:30 – Room 1726

Chill 'n Chat

November 8th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
Exploring Your Identity and the Role of Social Media
on Identity and Body Image; How to Ask for Help*

November 15th

2:00 - 3:30 – Room 1726

Chill 'n Chat

November 16th

11:30 – 1:00 – Room 1726

Great American Smoke Out

November 29th

2:00 - 3:30 – Room 1726

Chill 'n Chat

December 6th

11:30 – 1:00 – 1600 Patio

Distress Event

2:00 - 3:30 – Room 1726

Chill 'n Chat

December 13th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop: Increasing Coping
Skills to Surviving College and the Role of Gratitude*



Las Positas College Health &
Wellness Events 2017-2018



Spring 2018 Events

January 24th

11:30 – 1:00 – 1600 Patio

Welcome Back Hawks

January 31st

2:00 - 3:30 – Room 1726

Chill 'n Chat

February 7th

2:00 - 3:30 – Room 1726

Chill 'n Chat

February 13th

7:00am – 5:00pm – Room 1726

Stanford Blood Drive

February 14th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
Assertiveness & Communication*

March 20th

11:30 – 1:00 – 1600 Patio

Nutrition Event

March 21st

2:00 - 3:30 – Room 1726

Chill 'n Chat

April 4th

2:00 - 3:30 – Room 1726

Chill 'n Chat

April 11th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
Being a Survivor- Coping with Sexual Assault and
Unwanted Sexual Advances*

April 18th

11:30 – 1:00 – Quad

Sexual Assault Awareness Event

2:00 - 3:30 – Room 1726

Chill 'n Chat

April 25th

2:00 - 3:30 – Room 1726

Chill 'n Chat

May 2nd

2:00 - 3:30 – Room 1726

Chill 'n Chat

May 8th

11:30 – 1:00 – Quad

Health Fair: Road Trip to a Safe Summer Break

May 9th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
How to Deal with Self-Harm and Suicidal Thoughts*

May 16th

2:00 - 3:30 – Room 1726

*"13 Reasons Why Not" workshop:
What is Right? Examining One's Moral Compass and
Values to Foster Hope*

May 23rd

2:00 - 3:30 – Room 1726

Chill 'n Chat

ANNOUNCEMENTS



Chabot Las Positas Community College Wellness Committee

and Kaiser Permanente (KP) invite you to:

The Gift of Health

September 27, 2017

....win a Fitbit or an iPad Mini

Join us for a brief and engaging overview of some of the great Health and Wellness resources available through Kaiser Permanente (apps, online resources, discounts, classes and more) — non KP members are also welcome, encouraged to attend, and will learn about wellness resources KP provides that anyone may use.

Las Positas Sept. 27 10:30-11:30 a.m. Room 1726	District Office Sept. 27 12:30-1:30 p.m. Board Room	Chabot Sept. 27 3:00-4:00 p.m. Room 1906
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ANNOUNCEMENTS

Wellness 101 is back!

September 08 to November 03, 12:00 noon to 1:00 pm **GYM**

November 17 to December 15, 12:00 noon to 1:00 pm **GYM**

September 08 to December 15, 1:00 to 2:00 pm PE 202 **Fitness Center**

Fee is \$25 for the entire semester

Registration and Release of Liability forms can be
given to Sherman Lindsey or Frances DeNisco



ANNOUNCEMENTS



Dinner and a Movie in support of Welcoming Week

- Date:** Tuesday, September 19, 2007
- Dinner:** 5:30 pm—6:30 pm in Building 1700,
Room 1726 Conference Center
- Movie:** The Visitor (2007 drama dealing with issues of
identity, immigration status, and cross
cultural communication)
- 
- 6:30 pm—8:30 pm in Building 1700,
Room 1726
- Dinner Fee:** \$5 Students, \$10 General
(tickets on sale at ISP Office: Room 1658)
Authentic Middle Eastern Food
- Sponsored by the International Student program (ISP) and the
International Student Club
- Contact person: Sean Day, 925.424.1540



from the director of *The Station Agent* - from the producer of *Sideways*



the Visitor
Connection is everything.



WELCOMING
WEEK

LPC Computer Center Information

LPC Computer Center (room 803)
Computer Center Fall Hours

OPEN:

7:30am to 9:30pm, Monday through Thursday
8:30am to 3:00pm, Friday

<http://www.laspositascollege.edu/computercenter/index.php>

ANNOUNCEMENTS

Library Card Drive

**Need JSTOR for research projects?
Get it FREE along with tons of ebooks,
academic journals, movies & music,
and more!**

Sign up for your FREE library cards from participating local public libraries:

- SAN FRANCISCO
- LIVERMORE
- PLEASANTON
- ALAMEDA COUNTY

IN FRONT OF THE LPC LIBRARY

- lpclibrarian@laspositascollege.edu
- 925.424.1150



WEDNESDAY

20

SEPTEMBER 2017

10:30-1:30

ANNOUNCEMENTS

Free MS Office 365 for Education

You must be either a full or part-time student, faculty, or staff member at the Las Positas or Chabot college, with an email ending in ".edu" that was issued to you by the college

- 1) Register your email by going to Microsoft's Email Registration for free Office 365 website
- 2) "I'm a teacher" or "I'm a student"
- 3) Check your .edu mail for a confirmation
- 4) Create an account
- 5) Access your account and click "install"

<https://products.office.com/en-us/student/office-in-education>



ANNOUNCEMENTS

SLO HELP SESSIONS

eLumen/SLO help sessions for both instructors and coordinators

- Completing SLOs
- Setting up SLO assessments
- Questions about eLumen

 When and where?

Teaching and Learning Center (Room 2410)

9/7, Thursday 3:30-4:30

Your SLO liaisons, Marty and Angelo

ANNOUNCEMENTS

PROGRAM REVIEW HELP SESSIONS

Get help writing your Program Review!

You do not need to come at the beginning or stay the entire time. Drop in at your convenience.

- SLOs
- CTE
- Institutional Research on the Program Review

 When and where?

Teaching and Learning Center (Room 2410)

9/7, Thursday 2:30-4pm (SLO, CTE and IR support)

9/12, Tuesday 2:30-4 pm (SLO, CTE and IR support)

9/13, Wednesday 9-10:30 (CTE and IR support)

ANNOUNCEMENTS

LPC Library New Online Resources

→ New York Times

Once you register for an account via the library website, you will have unlimited access to NYTimes.com!

→ Nexis Uni*

Provides quality research content including newspapers, journals, broadcast transcripts, legal sources, and business information

→ Swank Streaming Movies*

25 major release films and documentaries that support specific courses were selected with input from LPC faculty

* Can only be viewed on campus at this time.

Contact the librarians with any questions about the new databases or other library resources!

ANNOUNCEMENTS

Las Positas College 9/11 Remembrance

Key Note Speaker: Joe Torrillo

*"Buried Alive with the Will to Survive
– From Devastation to Inspiration"
– Joe Torrillo*

**Wednesday, September 6, 2017
Location: Mertes Theater Main Stage
Time: 11am and 7pm**



Tell your friends and family. Free to the public!

Las Positas Veterans First Program



“Seven Strategies to Give You an Edge Over the Job Competition”



LECIA M. ROUNDTREE

*Senior Human Resources Business Partner,
The Wine Group*

MONDAY, SEPTEMBER 18

6:00-7:00 PM - ROOM 2420

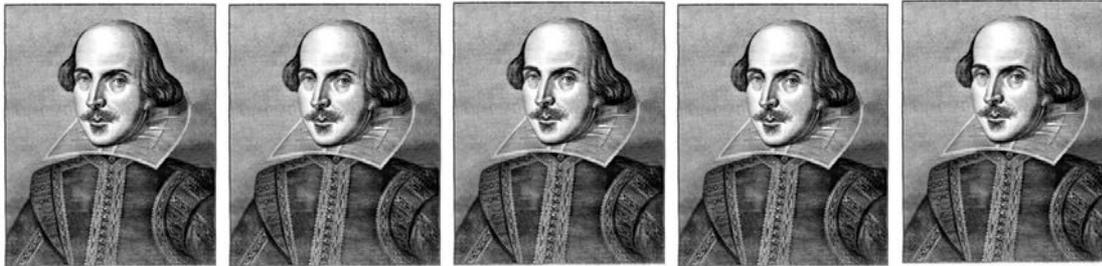
MULTI-DISCIPLINARY BLDG

5th Annual Business and Entrepreneurship Speaker Series
Presented by the Business Studies Program
Free and open to the public



ANNOUNCEMENTS

Romeo and Juliet by S.F. Shakespeare



Wednesday, October 18, 2017

Location: Mertes Theater Main Stage

Time: 12:30 – 1:30 p.m.

Free and all are welcome!

Sponsored by the LPC Foundation

ANNOUNCEMENTS



8th Annual LLNL/LPC Science and Engineering Seminar Series

Theory to Practice: How Science is Done

Thursday, October 5, 2017

Topic TBA

Erik Mukerjee, PhD, Research Engineer

Center for Micro and Nano Technology, LLNL

Wednesday, November 1, 2017

Topic TBA

Graham Bench, PhD, Research Staff

Director, Center for Accelerator Mass Spectrometry, LLNL

Thursday, March 8, 2018

Topic TBA

Monica Moya, PhD, Research Engineer

Center for Micro and Nano Technology, Materials Engineering Division, LLNL

Monday, April 9, 2018

Computer Simulations of Microbial Community Interactions

Ali Navid, PhD, Computational Systems Biologist

Biosciences and Biotechnology Division, LLNL

All seminars are 6-7:15 pm
in Room 2420, and are free
and open to the public.

ANNOUNCEMENTS



FLEX DAY

**Tuesday
October 24, 2017**

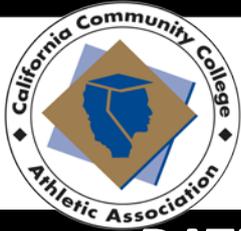


LAS POSITAS
COLLEGE

SPORTS SCHEDULES



LAS POSITAS
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Men's Soccer 2017

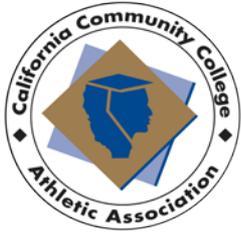


DATE	OPPONENT	LOCATION	TIME
Friday, September 8	Santa Rosa	Santa Rosa	4:00pm
Tuesday, September 12	Contra Costa College	San Pablo	4:00pm
Friday, September 15	Feather River	Sacramento	3:00pm
Tuesday, September 19	Modesto	Livermore	6:30pm
Friday, September 22	Taft	Livermore	6:00pm
Tuesday, September 26	Chabot	Hayward	4:00pm
Friday, September 29	Monterey	Livermore	4:00pm
Tuesday, October 3	Cabrillo	Aptos	4:00pm
Friday, October 6	Canada	Livermore	6:30pm
Tuesday, October 10	Gavilan	Gilroy	3:00pm
Friday, October 13	Hartnell	Salinas	4:00pm

SPORTS SCHEDULES



LAS POSITAS
COLLEGE



Men's Soccer 2017 Continued...



DATE	OPPONENT	LOCATION	TIME
Friday, October 20	Skyline	San Bruno	2:00pm
Tuesday, October 24	Foothill	Livermore	6:30pm
Friday, October 27	Ohlone	Livermore	4:00pm
Tuesday, October 31	Evergreen Valley	Livermore	4:00pm
Friday, November 3	De Anza	Cupertino	11:30am
Tuesday, November 7	West Valley	Livermore	6:30pm
Friday, November 10	San Francisco	San Francisco	3:00pm

SPORTS SCHEDULES



LAS POSITAS
COLLEGE



Women's Soccer 2017



DATE	OPPONENT	LOCATION	TIME
Thursday, September 7	Ventura	Livermore	8:00pm
Friday, September 8	Canyons	Livermore	8:00pm
Friday, September 15	Lake Tahoe	South Lake Tahoe	6:00pm
Friday, September 22	Sequoias	Visalia	5:00am
Tuesday, September 26	Cabrillo	Aptos	4:00pm
Friday, September 29	Hartnell	Livermore	6:30pm
Tuesday, October 3	Skyline	San Bruno	1:00pm
Tuesday, October 10	Canada	Livermore	4:00pm
Friday, October 13	De Anza	Cupertino	2:00pm
Tuesday, October 17	San Francisco	San Francisco	4:00pm

SPORTS SCHEDULES



LAS POSITAS
COLLEGE



Women's Soccer 2017 Continued...

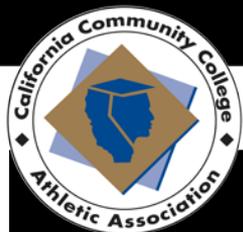


DATE	OPPONENT	LOCATION	TIME
Tuesday, October 24	West Valley	Livermore	4:00pm
Friday, October 27	Evergreen Valley	Livermore	6:30pm
Tuesday, October 31	Ohlone	Livermore	1:30pm
Tuesday, November 7	Chabot	Hayward	3:00pm
Friday, November 10	Foothill	Livermore	2:00pm

SPORTS SCHEDULES



LAS POSITAS
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Men's Water Polo 2017

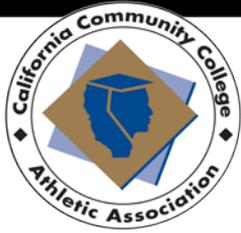


DATE	OPPONENT	LOCATION	TIME
Wednesday, September 6	Modesto	Modesto	6:00am
Friday, September 8	San Diego Mesa	West Valley College	12:15pm
	Santa Rosa	West Valley College	5:15pm
Saturday, September 9	TBA	West Valley College	TBA
Friday, September 15	TBA	Delta College	TBA
Saturday, September 16	TBA	Delta College	TBA
Wednesday, September 20	Merced	Livermore	TBA
Saturday, September 23	TBA	De Anza College	10:10am
Friday, September 29	Santa Monica	Saddleback College	12:40pm
	San Diego Miramar	Saddleback College	8:00am
Saturday, September 30	El Camino	Saddleback College	11:30am
Friday, October 4	De Anza	Livermore	3:00pm
Wednesday, October 6	Cabrillo College	Aptos	3:00pm
Friday, October 11	Ohlone	Livermore	3:00pm

SPORTS SCHEDULES



LAS POSITAS
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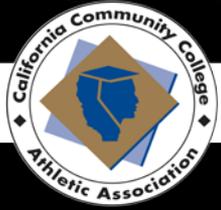


Men's Water Polo 2017



DATE	OPPONENT	LOCATION	TIME
Friday, October 27	West Valley	Saratoga	3:00pm
Saturday, October 28	TBA	West Valley College	9:30am
Friday, November 3	TBA	TBA	1:30pm
Saturday, November 4	TBA	TBA	12:00pm
Friday, November 10	TBA	Delta College	TBA
Saturday, November 11	TBA	Delta College	12:00pm
Friday, November 17	TBA	Cuesta College	TBA
Saturday, November 18	TBA	Cuesta College	6:00pm

SPORTS SCHEDULES



LAS POSITAS
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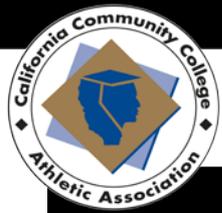
Women's Water Polo 2017

DATE	OPPONENT	LOCATION	TIME
Friday, September 15	Sacramento City	Saratoga	9:10am
	Foothill College	Saratoga	12:40pm
Saturday, September 16	TBA	Saratoga	TBA
	TBA	Saratoga	TBA
Wednesday, September 20	Merced	Livermore	4:00pm
Wednesday, September 27	San Mateo	Livermore	12:30pm
Saturday, September 30	TBA	San Mateo	TBA
Wednesday, October 4	De Anza College	Livermore	4:15pm
Friday, October 6	Cabrillo	Aptos	1:15pm
Wednesday, October 11	Ohlone	Livermore	1:15pm
Friday, October 13	TBA	TBA	TBA
Saturday, October 14	TBA	TBA	TBA
Wednesday, October 18	San Francisco	Livermore	3:30pm
Friday, October 20	Laney	Oakland	3:30pm

SPORTS SCHEDULES



LAS POSITAS
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Women's Water Polo 2017

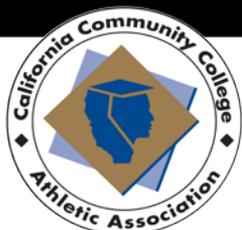


DATE	OPPONENT	LOCATION	TIME
Wednesday, October 25	Cuesta	Foothill College	TBA
	Foothill	Foothill College	3:30pm
Friday, October 27	West Valley	West Valley College	4:15pm
Friday, November 3	TBA	TBA	TBA
Saturday, November 4	TBA	TBA	TBA
Friday, November 10	TBA	TBA	TBA
Saturday, November 11	TBA	TBA	TBA
Friday, November 17	TBA	TBA	TBA
Saturday, November 18	TBA	TBA	TBA

SPORTS SCHEDULES



LAS POSITAS
COLLEGE



Men's Water Polo 2017



DATE	OPPONENT	LOCATION	TIME
November 3-4	Coast Conference Tournament	TBA	TBA
November 10-11	Nor Cal Regionals	Delta College	TBA
November 17-18	State Championships	Cuesta College	TBA



Women's Water Polo 2017



DATE	OPPONENT	LOCATION	TIME
November 3-4	Coast Conference Tournament	TBA	TBA
November 10-11	Nor Cal Regionals	TBA	TBA
November 17-18	State Championships	TBA	TBA

SPORTS SCHEDULES



LAS POSITAS
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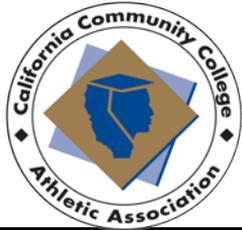


Cross Country 2017



DATE	OPPONENT	LOCATION	TIME
Friday, September 1	Kim Dust Invitational	Ceres	TBA
Friday, September 15	1st Annual Las Positas Invitational	Livermore	TBA
Thursday, September 21	Lou Vasquez Invitational	San Francisco	TBA
Friday, October 6	Tour De Cuesta	San Luis Obispo	TBA
Saturday, October 14	Bronco Invitational	Santa Clara	TBA
Wednesday, October 25	Coast Conference Championships	Salinas	TBA
Saturday, November 4	Nor-Cal Championship	Salinas	TBA
Saturday, November 18	State Championship	Fresno	TBA

SPORTS SCHEDULES



Women's Basketball 2017



DATE	OPPONENT	LOCATION	TIME
November 9-11	Hawk Classic	Livermore	TBA
November 16-17	LPC Hawks Shootout	Livermore	TBA
Tuesday, November 21	Cabrillo	Livermore	5:00pm
December 1-2	Cuesta College Tournament	San Luis Obispo	TBA
December 8-10	Fresno City College Tournament	Fresno	TBA
December 14-16	Monterey Peninsula College Tournament	Monterey	TBA
Thursday, December 21	Cabrillo	Aptos	5:00pm

SPORTS SCHEDULES



LAS POSITAS
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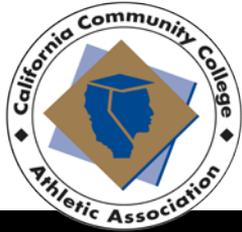


Women's Basketball 2017



DATE	OPPONENT	LOCATION	TIME
Wednesday, January 3	Ohlone	Livermore	5:00pm
Friday, January 5	San Jose	San Jose	7:00pm
Wednesday, January 10	San Mateo	San Mateo	5:30pm
Friday, January 12	BYE	BYE	TBA
Wednesday, January 17	San Francisco	Livermore	5:00pm
Friday, January 19	Chabot	Livermore	5:00pm
Wednesday, January 24	Skyline	DH	5:00pm
Friday, January 26	Ohlone	Fremont	5:00pm
Wednesday, January 31	San Jose	Livermore	5:00pm
Friday, February 2	San Mateo	Livermore	5:00pm

SPORTS SCHEDULES

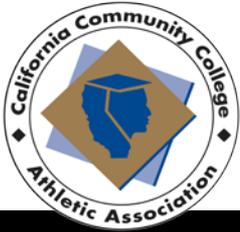


Women's Basketball 2017



DATE	OPPONENT	LOCATION	TIME
Wednesday, February 7	BYE	BYE	TBA
Friday, February 9	San Francisco	San Francisco	5:00pm
Wednesday, February 14	Chabot	Hayward	5:00pm
Friday, February 16	Skyline	DH	5:00pm
Wednesday, February 21	First Round Regional Playoffs	TBA	TBA
February 23-24	Quarter Final Regional Playoffs	TBA	TBA
Saturday, March 3	Regional Finals	TBA	TBA
March 7-11	State Championship	Ventura College	TBA

SPORTS SCHEDULES



Men's Basketball 2017



DATE	OPPONENT	LOCATION	TIME
Thursday, November 2	Tony Costello Tip-Off Classic	Livermore	TBA
Thursday, November 16	Mendocino Tournament	Ukiah	TBA
Wednesday, November 22	Gavilan	Livermore	5:00pm
Thursday, November 30	James Clerk Classic at CRC	Sacramento	TBA
Wednesday, December 6	Hartnell	Livermore	7:00pm
Friday, December 8	Skyline Tournament	San Bruno	TBA
Friday, December 15	Folsom Lake	Livermore	7:00pm
Saturday, December 30	Monterey Peninsula	Monterey	5:00pm

SPORTS SCHEDULES

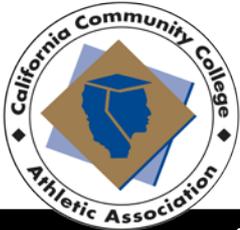


Men's Basketball 2017



DATE	OPPONENT	LOCATION	TIME
Wednesday, January 3	Ohlone	Livermore	7:00pm
Friday, January 5	Foothill	Los Altos	7:00pm
Wednesday, January 10	Canada	Redwood City	7:00pm
Wednesday, January 17	San Francisco	Livermore	7:00pm
Friday, January 19	Chabot	Livermore	7:00pm
Wednesday, January 24	Skyline	DH	7:00pm
Friday, January 26	Ohlone	Fremont	7:00pm
Wednesday, January 31	Foothill	Los Altos	7:00pm
Friday, February 2	Canada	Livermore	7:00pm
Wednesday, February 7	BYE	BYE	TBA

SPORTS SCHEDULES



Men's Basketball 2017



DATE	OPPONENT	LOCATION	TIME
Friday, February 9	San Francisco	San Francisco	7:00pm
Wednesday, February 14	Chabot	Hayward	7:00pm
Friday, February 16	Skyline	Livermore	7:00pm
Wednesday, February 21	1 st Round Regional Playoffs	TBA	TBA
February 23-24	Quarter Final Regional Playoffs	TBA	TBA
Wednesday, February 28	Semi Final Regional Playoffs	TBA	TBA
Saturday, March 3	Regional Finals	TBA	TBA
March 9-11	State Championship	Ventura College	TBA