



LAS POSITAS COLLEGE

*Students First*

# **The *Well-Spring* of Campus Info**

**Posted on: <http://grapevine/administration/index.php>**

The *Well-Spring* will be published monthly.

To contribute items, email S. Gach, or call x. 1001



## Kudos and Good Stuff

- First Ever "What's Right at LPC" Awards, given to Don Saugar, Aug. & Elena Cole, Sept. See the "President's Place" see All Nominee Write Ups! <http://www.laspositascollege.edu/president/WhatsRightatLPC.php>
- Abundance Meeting: Today, 4:30 pm after Town Meeting, 2411U
- ATHLETICS SCHEDULES: <http://lpc1.clpccd.cc.ca.us/lpc/Athletics/newsite/index.htm>

## Events & Fun

- October 3rd, 8 pm—Jazz Extravaganza Tribute to Retiree Jim Heiner, Bankhead Theater
- **Athletics! Get schedules of meets and games:** <http://lpc1.clpccd.cc.ca.us/lpc/Athletics/newsite/index.htm>
- Find the performances you want to attend this fall! <http://www.laspositascollege.edu/performingarts/index.php>
- Oct 23, 24 "The Emperor's New clothes" , 40 min. children's show; Plus the show tours to Valley schools Oct 13—Nov 3!
- Cross Country Meets: Oct 2, 9, 28 (all Away)
- Women's Soccer: 8 dates in Oct.! Here: Oct 9, 20, 23
- Men's Soccer: 9 dates in Oct.! Here: Oct 2, 13, 20, 27

## LPC Dates & Events

*Welcome to the WASC Accreditation Team  
October 19th—22nd*

- Oct 7—"Be the Match" Bone Marrow Drive, Lib. 11-2
- Oct 7- Assoc. of Comm. Coll. Trustees—Tour of LPC
- Oct 12—Transfer Day
- Oct 14—Major Exploration Faire
- Oct 15—Timesheets due
- Oct 11-13: LPC rep's to Strategic Horizon Network, MI
- Oct 19 - Signature items due to Pres. for Nov. Board.
- Oct 22-4 pm: Celebrate Accreditation Efforts, Lg. Lecture Hall!
- Oct 28-Citizens' Bond B Oversight Cte., LPC

## Important District Dates & Events

- Oct 2: District Curric. Council (DCC)
- Oct 2: Distr. Enroll. Mgt. Cte. (DEMC)
- Oct 6: Board Workshop
- Oct. 8-10: Assoc. of Comm. College Trustees, SF Hilton.
- Oct 9, 12:30: Distr. Budget Study Grp. (DBSG)
- Oct. 20: Board Meeting

**OCTOBER 2009**



## *Kudos and Good Stuff*

- *Veterans' Display in Bldg 2400*
- *Nov 12—First Ever: Student Drop In to see the President. 4-5 pm, Bldg 100.*
- *Holidays: Nov 13—Veterans' Day  
Nov. 25-27—Thanksgiving*

## LPC Dates & Events

- Nov 10—Timesheets Due
- Nov 11—Signature items due to Pres. for Dec. Board

### *Prevent that Flu:*

- *Cover : Nose & Mouth...  
with the famous 'elbow move'...*
- *Wash: Hands Often*
- *Stay Home when Ill. (Z-Z-Z-Z)*

## Events & Fun

- **Athletics! Get schedules of meets and games:**  
<http://www.laspositascollege.edu/athletics/index.php>
- **Find the performances** you want to attend this fall!  
<http://www.laspositascollege.edu/performingarts/index.php>
- Men's Cross Country Meets: Nov 7, 14, 21 (Here: none)
- Women's Soccer: Nov 3, 6, 10, 13 (Here: Nov 6 & 13)
- Men's Soccer: Nov. 3, 6, 10, 13 (Here: Nov 3, 10)
- Men's Basketball: Nov 6-8, 13, 19-21, 25 (Here: Nov 6-8)
- Women's Basketball: Nov 4, 7, 9, 14, 17-19, 21, 25 (Here: Nov 7, 9, 14)

## Important District Dates & Events

- (No Board Workshop)
- Nov 6, 9 am- District Curric. Council (DCC)
- Nov 13: Veterans' Day Holiday
- Nov 17: Board Meeting
- Nov 18-21: Calif. Comm. Coll. League Annual Convention, Burlingame
- Nov 25, 26, 27: Thanksgiving Holiday

**NOVEMBER 2009**



## Kudos and Good Stuff

- Dec. 3—President's Newsletter Mailed
- Dec 10: Student Drop In to see the President. 4-5 pm, Bldg 100.

## LPC Dates & Events

- Dec 10—Timesheets Due
- Dec 14—19: FINALS
- Dec 24—Jan 1: Winter Holiday

## Important District Dates & Events

- Dec 4: District Curric. Council (DCC)
- [No Board Workshop]
- Dec 8: Board Meeting
- Dec 11, 12:30: Distr. Budget Study Grp. (DBSG)

## Events & Fun

- **Performing Arts site:** <http://www.laspositascollege.edu/performingarts/index.php>
  - Dec 2, 12:30—Music Dept Recital
  - Dec 2 7:30 pm—Orchestra & Band Concert (Res. Lutheran Church, Dublin)
  - Dec 4, 1-5—Speech Tourney
  - Dec 4,5—Dance Performances
  - Dec 11, 8—Vocal Jazz & Combos Concert
  - Dec 12, 8—Instrumental Jazz Concert
  - Dec 14, 15—Auditions for Spring Musical
- **Athletics site:** <http://www.laspositascollege.edu/athletics/index.php>
  - Women's Soccer: Post Season Regionals —TBA
  - Men's Soccer: Dec 4-6 State Finals—TBA
  - Men's Basketball: Dec 5, 11-13, 17, 29-30 (Here: Dec 5, 17)
  - Women's Basketball: Dec 4, 6, 8-10, 13, 15-17, 28 (Here 4, 6, 13)



# FLU PREVENTION from the Health Center Let's Stay Well!!

## What You Can Do to Stay Healthy ??

Influenza is thought to spread mainly person-to-person through coughing or sneezing of infected people.

### *TAKE EVERYDAY ACTIONS TO STAY HEALTHY:*

- Cover your nose and mouth with a tissue when you cough or sneeze.
- Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread that way.
- Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- Follow public health advice regarding school closures, avoiding crowds and other social distancing measures.
- Find healthy ways to deal with stress and anxiety.



Call 1-800-CDC-INFO for more information.



## Other Useful Information

- **Performing Arts Calendar:** <http://www.laspositascollege.edu/performingarts/index.php>
- **Athletics Teams:** <http://www.laspositascollege.edu/athletics/index.php>
- **CLASS-Web:** [https://bw5.clpccd.cc.ca.us/pls/OWA\\_PROD/twbkwbis.P\\_WWWLogin](https://bw5.clpccd.cc.ca.us/pls/OWA_PROD/twbkwbis.P_WWWLogin)
- **Chabot-Las Positas Community College District** (including H.R. link):  
<http://www.clpccd.cc.ca.us/>
- **LPC Intranet / Grapevine** (from campus computers only): <http://grapevine/>
- **Update on Highway construction:** <http://www.ci.livermore.ca.us/eng/roadwork.html#I580>
- **Entrepreneurial Resource Center:** <http://www.entrepreneurialhelp.com/index.html> [Tell community members about this one-stop service to help business persons start, build and grow their own business!]
- **Veterans Office—WoW Website!** <http://www.laspositascollege.edu/>



## A Brief History of the Name: “Las Positas”

- The Spanish word “pozos” means springs.
- The early Tri-Valley settler, Robert Livermore, named his homestead, with a nice spring running through it, “Las Positas.” This was apparently his own form of Spanish to mean “The Springs.”
- Robert Livermore married into the Higuera/Bernal family, including some elders who were in the Spanish party accompanying De Anza into Norte California in 1775-76.
- There is rumor of a well north of Las Positas College named “Las Positas” well.
- Robert Livermore was born and raised in a village named Springfield, Essex, England — which still has the Livermore family home, “Springfield House.” The house has a large field with many springs and ponds in it... there we have the apparent connection —
- — And thus the Tri-Valley has many “Las Positas” named streets, and our college, as well as businesses and events!

Information from: Janet Newton

“Las Positas, the Story of Robert and Josefa Livermore”, 1969/ S.G.