

**LAS POSITAS COLLEGE CATALOG
ADDENDUM SPRING 2024**



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**NEW CREDIT
 PROGRAMS AND
 COURSES**

**APPRENTICESHIP
 CONSTRUCTION
 LABORERS**

The goal of this program is to provide advanced skills and knowledge to an apprentice so that they may have a long-term successful career in construction.

Programs of Study

Certificates of Achievement:

- Norcal Laborers Construction
- Norcal Laborers LiUNA! Laborers' Construction
- Norcal Laborers Traffic Control

**Certificate of Achievement
 Norcal Laborers Construction**

About the Certificate

The Norcal Laborers Construction Certificate of Achievement can provide the skills necessary for a student apprentice to qualify as a trained entry-level construction worker. Successful completion of the program results in students becoming journeymen. The Norcal Construction Technology is a 4-year apprenticeship program that trains employees using classroom instruction. Hands-on instruction is given through a paid apprenticeship. This program includes a work experience component.

Program Outcomes

- Upon completion of this program, student will be able to discuss overview of CAL/OSHA regulations.
- Upon completion of this program, student will be able to explain the operating procedures for equipment safety.
- Upon completion of this program, student will be able to discuss compliance issues with vehicle inspections.

Required Core: (34 Units)

APCL 94 Work Experience - LiUNA Laborer's Construction
 Apprenticeship..... 16
 APCL 100 Forklift Orientation Initial..... 2.5

APCL 101 Fundamentals of Construction	4.5
APCL 102 Hazardous Waste Removal Initial	2.5
APCL 103 Safety Certification	2.5
APCL 104 Aerial Work Platform Initial.....	1
APCL 105 Rigging and Signaling	2.5
APCL 106 Skid Steer Loader Orientation Initial.....	2.5
Total Units	34

**Certificate of Achievement
Norcal Laborers LiUNA! Laborers'
Construction**

About the Certificate

The Norcal Laborers LiUNA Laborers' Construction Certificate of Achievement can provide the skills necessary for a student apprentice to qualify as a trained entry-level construction worker. Successful completion of the program results in students becoming journeymen. The Norcal LiUNA Laborers' Construction Technology is a 4-year apprenticeship program that trains employees using classroom instruction. Hands-on instruction is given through a paid apprenticeship. This program includes a work experience component.

Program Outcomes

- Upon completion of this program, student will be able to discuss overview of CAL/OSHA regulations.
- Upon completion of this program, student will be able to explain the operating procedures for equipment safety.
- Upon completion of this program, student will be able to discuss compliance issues with vehicle inspections.

Required Core: (43.5 Units)

APCL 94 Work Experience - LiUNA Laborer's Consturction Apprenticeship.....	16
APCL 100 Forklift Orientation Initial	2.5
APCL 101 Fundamentals of Construction	4.5
APCL 102 Hazardous Waste Removal Initial	2.5
APCL 103 Safety Certification	2.5
APCL 104 Aerial Work Platform Initial.....	1
APCL 105 Rigging and Signaling	2.5
APCL 106 Skid Steer Loader Orientation Initial.....	2.5
APCL 107 Concrete Techniques	5
APCL 108 Asphalt Paving Techniques	4.5
Total Units	43.5

**Certificate of Achievement
Norcal Laborers Traffic Control**

About the Certificate

The Norcal Laborers Traffic Control Certificate of Achievement can provide the skills necessary for a student apprentice to qualify as a trained entry-level construction worker. Successful completion of the program results in students becoming journeymen. The Norcal

Construction Technology is a 4-year apprenticeship program that trains employees using classroom instruction. Hands-on instruction is given through a paid apprenticeship. This program includes a work experience component.

Program Outcomes

- Upon Completion of this program student will be able to implement CAL/OSHA regulations.
- Upon Completion of this program student will be able to describe safety elements of traffic controls.

Required Core: (27.5 Units)

APCL 94 Work Experience - LiUNA Laborer's Consturction Apprenticeship.....	16
APCL 102 Hazardous Waste Removal Initial	2.5
APCL 106 Skid Steer Loader Orientation Initial.....	2.5
APCL 109 Blueprint Reading Orientation, Basic.....	1.5
APCL 110 Confined Space Awareness	0.5
APCL 111 First Aid, CPR and AED	0.5
APCL 112 Flagging Certification.....	0.5
APCL 113 Traffic Control	0.5
APCL 114 OSHA 10 Hour Norcal.....	1
APCL 115 OSHA 30 Hour Norcal.....	2
Total Units	27.5

**Apprenticeship Conststruction
Laborers Courses (APCL)**

**APCL 94 WORK EXPERIENCE- LIUNA 1-8 UNITS
LABORER'S CONSTRUCTION
APPRENTICESHIP**

College supervised on-the-job training. Apprenticeship work experience in an occupation related to student's apprenticeship program. Cooperative effort of the work supervisor, student, Joint Apprenticeship Training Council (JATC) or Program Sponsor, and instructor to achieve work-based learning objectives. Student must be enrolled in an apprenticeship program. Each Unit of Credit requires 75 hours of paid work experience. Students can earn 1 to 8 units per semester for a maximum of 16 units of Cooperative Work Experience, which includes General Work Experience and Occupational Work Experience/Internship. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 1.00 - 8.00 Units Work Experience. Course may be taken any number of times for a maximum of 16 units.

Degree Applicable, Credit Grading Option: P/NP

**APCL 100 FORKLIFT ORIENTATION 2.5 UNITS
INITIAL**

An introduction to gain an understanding of current regulations, common types of Rough Terrain Variable Reach Lift trucks and understand why you conduct pre-shift inspections. Learn techniques for the safe operation of Rough Terrain Variable Reach lift truck by

hands-on operation and maneuvering in accordance with OSHA Standard 29 CFR 1910.178(I). Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 36 hours lecture, 27 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 101 FUNDAMENTALS OF CONSTRUCTION 4.5 UNITS

An introduction to provide the trainees with basic overview of the general practices of construction work, including safety, tools, techniques, terms, safe work habits and knowledge of the industry. In accordance with the CAL-OSHA CCR Title 8 and OSHA CFR 1926 Construction Standards that are applicable to courses being covered. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 54 hours lecture, 81 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 102 HAZARDOUS WASTE REMOVAL INITIAL 2.5 UNITS

An introduction to instruct trainees in the types of hazards and situations that can be encountered on the job site. Trainees will learn protective measures, proper use of equipment and learn safety and health issues, in accordance with 29 CFR 1910.120, 132, 143, 146, and 1200. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 36 hours lecture, 27 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 103 SAFETY CERTIFICATION 2.5 UNITS

Introduction to safety requirements set forth by the Occupational Safety and Health Administration (OSHA), Construction Industry Standards and General Standards, as they relate to the Construction Industry. Students may earn OSHA 10, OSHA 30, Cal-OSHA 10, and/or Cal-OSHA 30. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 36 hours lecture, 27 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 104 AERIAL WORK PLATFORM INITIAL 1 UNIT

An introduction to provide the trainees with the knowledge of current regulations, common type of aerial work platforms and understand the need to conduct pre-shift inspections. Learn techniques for safe operation and maneuvering. Teach trainees to work safely on and around self-propelled aerial work platforms, such as scissor-lifts and boom lifts. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of

California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 4.5 hours lecture, 40.5 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 105 RIGGING AND SIGNALING 2.5 UNITS

Provide the trainees with an understanding of the safe approach to Rigging and Signaling. Describe and demonstrate the state procedures of Rigging and Signaling in accordance with OSHA CFR 1926.251 and 1926.5 Construction. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 36 hours lecture, 27 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 106 SKID STEER LOADER ORIENTATION INITIAL 2.5 UNITS

An introduction to provide student trainees with a good understanding of how to operate mobile equipment, learn current safety procedures, and proper maintenance of a skid steer loader (Bobcat). Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 36 hours lecture, 27 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 107 CONCRETE TECHNIQUES 5 UNITS

Familiarize students with concrete safety, its history, properties and components. It includes a hands-on portion in accordance with Cal-OSHA CCR Title 7 1712-1722 and OSHA CFR 1926.703. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 63 hours lecture, 81 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 108 ASPHALT PAVING TECHNIQUES 4.5 UNITS

An introduction to familiarize the trainees with the skills they need to work with Asphalt safely and learn the proper use of tools and equipment needed when working with Asphalt. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 54 hours lecture, 81 hours laboratory.

Degree Applicable, Credit Grading Option: OP

APCL 109 BLUEPRINT READING ORIENTATION BASIC 1.5 UNITS

An introduction to provide student trainees with a good understanding of how to read construction blueprints. Enrollment

Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 27 hours lecture.

Degree Applicable, Credit Grading Option: OP

APCL 110 CONFINED SPACE AWARENESS 0.5 UNITS

An introduction to provide students with basic awareness training only regarding the hazards and health effects when working around confined spaces. (This class does not qualify trainees for work inside a confined space.) Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 9 hours lecture.

Degree Applicable, Credit Grading Option: OP

APCL 111 FIRST AID, CPR AND AED 0.5 UNITS

An introduction to provide students with the basic skills necessary to perform the immediate help needed for sudden emergency situations at the job site such as accidents, injury or illness, by the use of CPR and or First Aid and proper use of AED. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 9 hours lecture.

Degree Applicable, Credit Grading Option: OP

APCL 112 FLAGGING CERTIFICATION 0.5 UNITS

This ATSSA Flagging Certification class teaches trainees how to protect fellow construction workers, motorists, and pedestrians by safely directing vehicle operators through traffic-controlled construction zone. In accordance with the ATSSA Part 6E of the MUTCD Federal Standards. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 9 hours lecture.

Degree Applicable, Credit Grading Option: OP

APCL 113 TRAFFIC CONTROL 0.5 UNITS

To provide students with the knowledge of how to protect fellow construction workers, motorists and pedestrians, by safety directing vehicle operators through the traffic-controlled construction zone, in accordance with the ATSSA Part 6 MUTCD Federal Standards. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 9 hours lecture.

Degree Applicable, Credit Grading Option: OP

APCL 114 OSHA 10 HOUR NORCAL 1 UNIT

Introduce the student to the safety requirements set forth by the Federal Occupational Safety and Health Administration (OSHA),

29 CFR 1926 Construction Industry Standards, and 29 CFR 1910 General Standards, as they relate to the Construction Industry.

Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 18 hours lecture.

Degree Applicable, Credit Grading Option: OP

APCL 115 OSHA 30 HOUR NORCAL 2 UNITS

Introduce the student supervisors to the safety requirements and how to navigate through regulations set forth by the Federal Occupational Safety and Health Administration (OSHA), 29 CFR 1926 Construction Industry Standards, and 29 CFR 1910 General Standard, as they relate to the Construction Industry. Enrollment Limitation: Admission to this course is limited to apprentices registered with the state of California Department of Apprenticeship Standards. Students must first be accepted into a registered LiUNA! Northern California District Council of Laborers apprenticeship. 36 hours lecture.

Degree Applicable, Credit Grading Option: OP

English Courses (ENG)

ENG 110 CRAFT OF THE SENTENCE 2 UNITS

Practice in sentence-level writing that focuses on possibilities rather than rules, as well as editing in any genre of writing, including—but not limited to—academic writing. Practice in writing and editing sentences that achieve desired stylistic effects based on the writing situation and audience. Develops strategies to communicate complex ideas at the sentence level. Discusses multifaceted and changing nature of language and writing. This course is open to students currently enrolled in English 1A or 1AEX, or students who have passed English 1A or 1AEX or the equivalent. Prerequisite: ENG 1A with a minimum grade of C (May be taken concurrently) or ENG 1AEX with a minimum grade of C (May be taken concurrently). 36 hours lecture.

Non-Degree Applicable, Credit Grading Option: OP

English as a Second Language Courses (ESL)

ESL 113 SPEAKING AND LISTENING FLUENCY FOR ACADEMIC AND PROFESSIONAL PURPOSES 2 UNITS

This is an oral communication course that will enable students to develop advanced speaking and listening fluency for academic and professional purposes. ESL 113 will enable students to fluently use linguistic forms accurately, meaningfully and appropriately, emphasizing academic and professional discourse. Students will practice listening and responding to academic lectures and presentations like TED Talks, including note-taking, summarizing, and other forms of critical analysis. Speaking practice will emphasize advanced rhetorical strategies through group discussions, debates,

impromptu speeches and oral presentations and cultural norms in academic and professional contexts. It is the fifth and highest level of the ESL Speaking and Listening Fluency Pathway. Prerequisite: ESL 123 with a minimum grade of P or NESL 223 with a minimum grade of P or ESL 126 with minimum grade of P or NESL 226 with a minimum grade of P. Enrollment Limitation: Placement into Advanced ESL courses through the ESL Assessment Process. 36 hours lecture, 18 hours laboratory.

Non-Degree Applicable, Credit Grading Option: P/NP

MODIFIED CREDIT COURSES

Computer Information Systems Courses (CIS)

CIS 41 CYBERSECURITY CAMP 1 UNIT

This course will introduce the novice to cyber security career opportunities, cyber ethics, online safety, and cyber threats. Students will be introduced to cybersecurity principles, virtual machines, basic Windows and Linux administration security policies, fundamental CISCO network routing and CISCO packet tracer. As a culminating activity students will compete by analyzing and fixing vulnerabilities on the provided Windows and Linux images. 9 hours lecture, 27 hours laboratory. Transfer: CSU.

Degree Applicable, Credit Grading Option: OP

Early Care and Education Courses (ECE)

ECE 56 CHILD GROWTH AND DEVELOPMENT 3 UNITS

Examines the progression of development in the physical, cognitive, social, and emotional domains and identifies developmental milestones for children from conception through adolescence. Emphasis on interactions between biological processes and environmental factors. Students will observe children, evaluate individual differences, and analyze characteristics of development at various stages according to developmental theories. 54 hours lecture. AA/AS GE: IV. Transfer: CSU, UC; CSUGE: D7, E; IGETC: 4G; C-ID# CDEV 100.

Degree Applicable, Credit Grading Option: GR

ECE 63 EARLY CHILDHOOD CURRICULUM 4 UNITS

This course offers students the opportunity for professional application of the principles of child growth and development in the study of play based, inclusive, emergent curriculum within the physical environment of the infant, toddler and preschool classrooms. Students will use knowledge of children's development, theories

of learning and development, and examples from various models of developmentally appropriate practice to plan environments and curriculum in all content areas to support children's development and learning integrated throughout indoor and outdoor settings. The learning experiences will include program content pertaining to the use of materials, the facilitation and guidance of all children's experiences based on what is culturally and developmentally appropriate for children. Prerequisite: ECE 50 with a minimum grade of C, ECE 56 with a minimum grade of C. 54 hours lecture, 54 hours laboratory. Transfer: CSU.

Degree Applicable, Credit Grading Option: GR

ECE 69 CHILD STUDY: OBSERVATION 3 UNITS AND ASSESSMENT

Introduces the appropriate use of assessment and observation tools and strategies to document young children's development and learning. The use of findings to inform and plan learning environments and experiences are emphasized. Recording strategies, rating systems, portfolios, and multiple assessment tools will be discussed, along with strategies for collaboration with families and professionals. Prerequisite: ECE 56 with a minimum grade of C. 54 hours lecture. Transfer: CSU; C-ID# ECE 200.

Degree Applicable, Credit Grading Option: GR

ECE 79 TEACHING IN A DIVERSE 3 UNITS SOCIETY

Examines the historical and current perspectives on diversity, equity, inclusion, and the impact of systemic societal influences on children's development, their learning, and school experiences. Strategies for developmentally, culturally, and linguistically appropriate anti-bias curriculum will be explored as well as approaches to promote inclusive and anti-racist classroom communities. Self-examination and reflection on one's values, beliefs, and attitudes about social identities, stereotypes, conscious and unconscious bias will be emphasized. The class will focus heavily on anti-bias approaches to teaching, curriculum and family partnerships. Recommended Course Preparation: ECE 62 with a minimum grade of C. 54 hours lecture. AA/AS GE: IV, AC. Transfer: CSU, UC; CSUGE: D3, D7; C-ID# ECE 230.

Degree Applicable, Credit Grading Option: GR

English as a Second Language Courses (ESL)

ESL 136 BEGINNING PRONUNCIATION 2 UNITS AND FLUENCY

Focused practice on recognizing and producing individual speech sounds, stress patterns, rhythm and intonation patterns, and grammatical signals through activities such as oral presentations, role play, authentic dialogue, and presentations. Students will focus on developing listener friendly pronunciation. Course content includes individual as well as group work. Strongly Recommended: Placement through the ESL assessment process. 36 hours lecture, 18 hours laboratory.

Non-Degree Applicable, Credit Grading Option: P/NP

NEW NONCREDIT PROGRAMS AND COURSES

Certificate of Competency School Matters Program

About the Certificate

The School Matters Program will teach English Learners the listening and speaking, reading and writing, and vocabulary skills necessary to help support their child's learning in the K-12 school system. Classes will focus specifically on language skills for supporting your child's learning in the classroom and at home, and for interacting with your child's school administration and greater school community.

Program Outcomes

- Upon completion of the NESL School Matters Program, the student should be able to confidently engage in spoken communication within the K-12 school community.
- Upon completion of the NESL School Matters Program, the student should be able to confidently engage in written communication within the K-12 school community.
- Upon completion of the NESL School Matters Program, the student should be able to confidently access resources within the K-12 school community.
- Upon completion of the NESL School Matters Program, the student should be able to actively participate as a confident partner within the K-12 school community.

Required Core: (16 Hours)

NESL 203 School Matters 1: Language Skills for Supporting Your Child's Learning.....	8
NESL 204 School Matters 2: Language Skills for Your Child's School Community	8
Total Hours	16

Noncredit English Courses (NENG)

NENG 210 CRAFT OF THE SENTENCE 0 UNITS

Practice in sentence-level writing that focuses on possibilities rather than rules, as well as editing in any genre of writing, including—but not limited to—academic writing. Practice in writing and editing sentences that achieve desired stylistic effects based on the writing situation and audience. Develops strategies to communicate complex ideas at the sentence level. Discusses multifaceted and changing nature of language and writing. This course is open to students

currently enrolled in English 1A or 1AEX, or students who have passed English 1A or 1AEX or the equivalent. Prerequisite: ENG 1A with a minimum grade of C (May be taken concurrently) or ENG 1AEX with a minimum grade of C (May be taken concurrently). 36 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

Noncredit English as a Second Language Courses (NESL)

NESL 203 SCHOOL MATTERS 1: 0 UNITS **LANGUAGE SKILLS FOR SUPPORTING YOUR CHILD'S LEARNING**

School Matters 1 will teach English Learners the listening and speaking, reading and writing, and vocabulary skills necessary to help support their child's learning in the K-12 school system. This class focuses specifically on supporting your child in their classroom (for example, language skills for contacting your child's teacher), and supporting your child's learning at home (for example, reading and writing skills for helping your child with homework). Recommended Course Preparation: NESL 231A and/or NESL 230A. Enrollment limitation: Completion of ESL Level 1A, or placement into ESL Level 1B through the ESL Assessment. 8 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NESL 204 SCHOOL MATTERS 2: 0 UNITS **LANGUAGE SKILLS FOR YOUR CHILD'S SCHOOL COMMUNITY**

School Matters 2 will teach English Learners the listening and speaking, reading and writing, and vocabulary skills necessary to engage with their child's K-12 school community. This class focuses specifically on language skills for interacting with school administration (for example, speaking skills for engaging office staff about a child's absence), and interacting with the greater school community (for example, speaking skills for volunteering at your child's school). Recommended Course Preparation: NESL 231A and/or NESL 230A. Enrollment limitation: Completion of ESL Level 1A, or placement into ESL Level 1B through the ESL Assessment. 8 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NESL 213 SPEAKING AND LISTENING 0 UNITS **FLUENCY FOR ACADEMIC AND PROFESSIONAL PURPOSES**

This is an oral communication course that will enable students to develop advanced speaking and listening fluency for academic and professional purposes. ESL 113 will enable students to fluently use linguistic forms accurately, meaningfully and appropriately, emphasizing academic and professional discourse. Students will practice listening and responding to academic lectures and presentations like TED Talks, including note-taking, summarizing, and other forms of critical analysis. Speaking practice will emphasize advanced rhetorical strategies through group discussions, debates,

impromptu speeches and oral presentations and cultural norms in academic and professional contexts. It is the fifth and highest level of the ESL Speaking and Listening Fluency Pathway. Prerequisite: ESL 123 with a minimum grade of P or NESL 223 with a minimum grade of P or ESL 126 with minimum grade of P or NESL 226 with a minimum grade of P. Enrollment Limitation: Placement into Advanced ESL courses through the ESL Assessment Process. 54 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NESL 223 INTERMEDIATE ORAL COMMUNICATION 0 UNITS

This is an intermediate level oral communication course. This course will enable students to use linguistic forms accurately, meaningfully and appropriately, emphasizing academic listening and speaking skills: listening and speaking in small groups, listening to short lectures on academic topics, learning academic vocabulary and expressions, making presentations on new topics. Prerequisite: ESL 130B with a minimum grade of P or ESL 131B with a minimum grade of P or ESL 133 with a minimum grade of P or placement through the ESL assessment process. 54 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NESL 226 INTERMEDIATE PRONUNCIATION AND FLUENCY 0 UNITS

Focused practice on recognizing and producing individual speech sounds, stress patterns, rhythm and intonation patterns, and grammatical signals through activities such as oral presentations, role play, authentic dialogue, and reading presentations. Prerequisite: ESL 130B with a minimum grade of P or ESL 131B with a minimum grade of P or ESL 136 with a minimum grade of P or placement through ESL assessment process. 54 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NESL 233 BEGINNING ORAL COMMUNICATION 0 UNITS

This is a beginning oral communication course. This course will enable students to use English accurately, meaningfully and appropriately, emphasizing conversational skills: listening and speaking in small groups, using new grammar structures orally, learning new words and expressions, comprehending and using idiomatic expressions. Recommended Course Preparation: Placement through the ESL assessment process 54 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

NESL 236 BEGINNING PRONUNCIATION AND FLUENCY 0 UNITS

Focused practice on recognizing and producing individual speech sounds, stress patterns, rhythm and intonation patterns, and grammatical signals through activities such as oral presentations, role play, authentic dialogue, and presentations. Students will focus on developing listener friendly pronunciation. Course content includes individual as well as group work. Recommended Course Preparation: Placement through the ESL assessment process. 54 hours.

Non-Degree Applicable, Noncredit Grading Option: P/NP

Noncredit Nutrition Courses (NNTR)

NNTR 201 INTRODUCTION TO NUTRITION SCIENCE 0 UNITS

This nutrition course provides an understanding of healthy diet patterns as it relates to human health, healthy aging, and development. We will cover topics such as healthy digestion, vitamin and mineral content of various foods, healthy meal planning, fad diets, supplements, how to fuel fitness, and healthy aging strategies. Practical skills will also be covered, such as reading food labels, deciphering whether nutrition advice/information on the internet is credible, and how to eat right when the money is tight (budgeting). At the end of this course, students will better understand how to promote optimal health and longevity with a healthy diet and lifestyle modifications. Recommended Course Preparation: Eligibility for college-level composition (ENG 1A, ENG 1AEX, or ESL 1A) as determined by college assessment or other appropriate method. 54 hours.

Non-Degree Applicable, Noncredit Grading Option: OP