



Las Positas College

**Discipline Program Review Data Packet**

Fall 2018 to Spring 2023

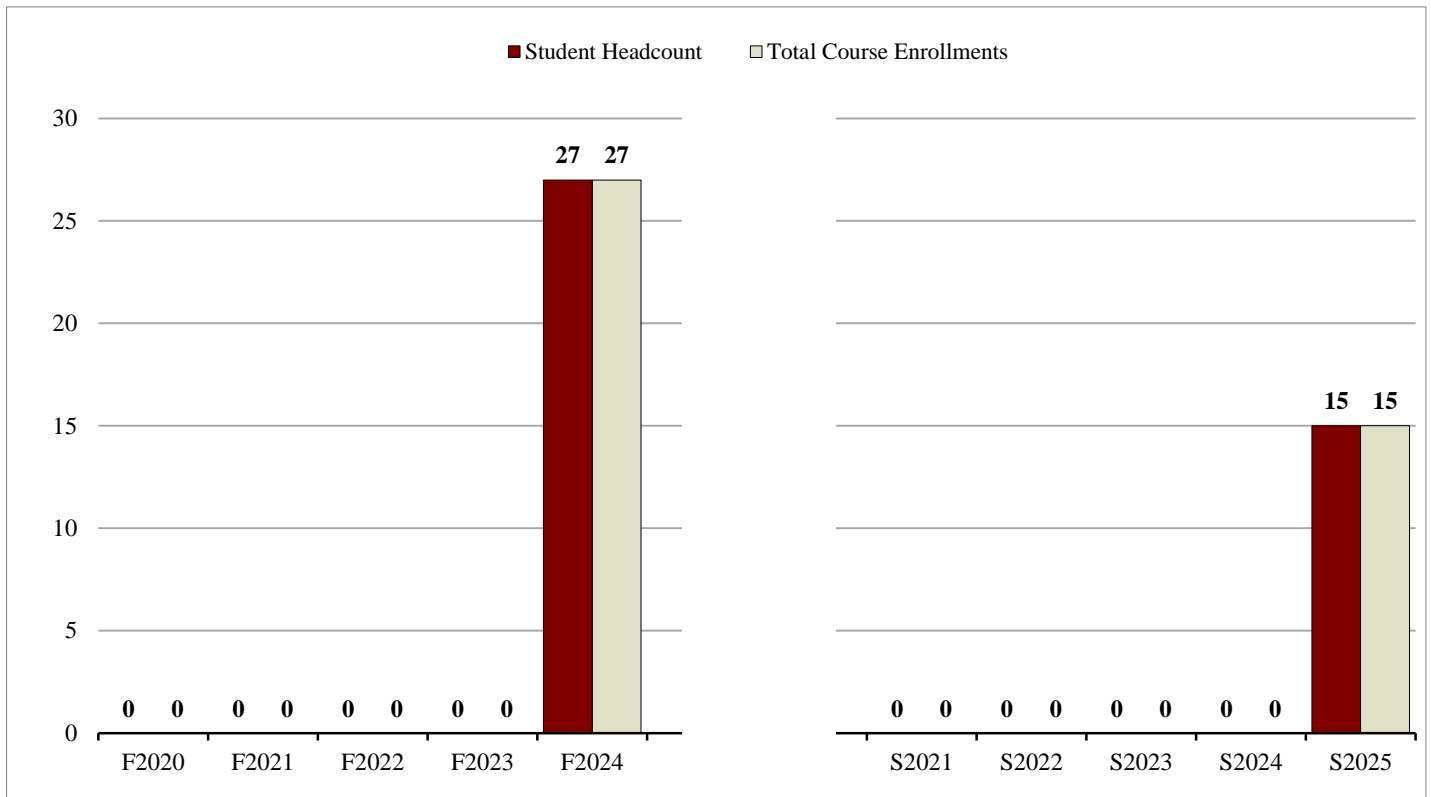
Discipline:

**Mindfulness (MIND)**

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## Headcount & Enrollment

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
Student Headcount	0	0	0	0	27	0	0	0	0	15
Total Course Enrollments	0	0	0	0	27	0	0	0	0	15



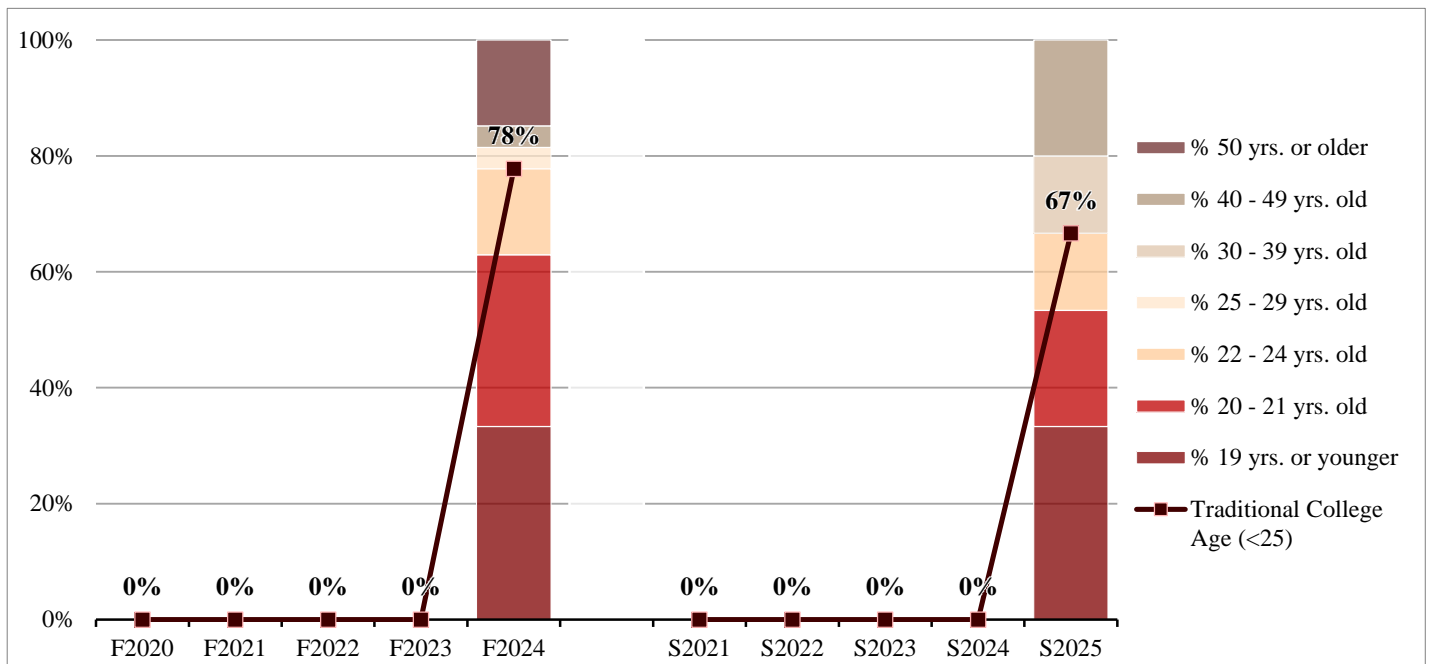
### Definitions:

**Student Headcount** is the unduplicated count of students enrolled in all courses within the discipline.

**Total Course Enrollments** is the sum of all course enrollments (filled seats) within the discipline.

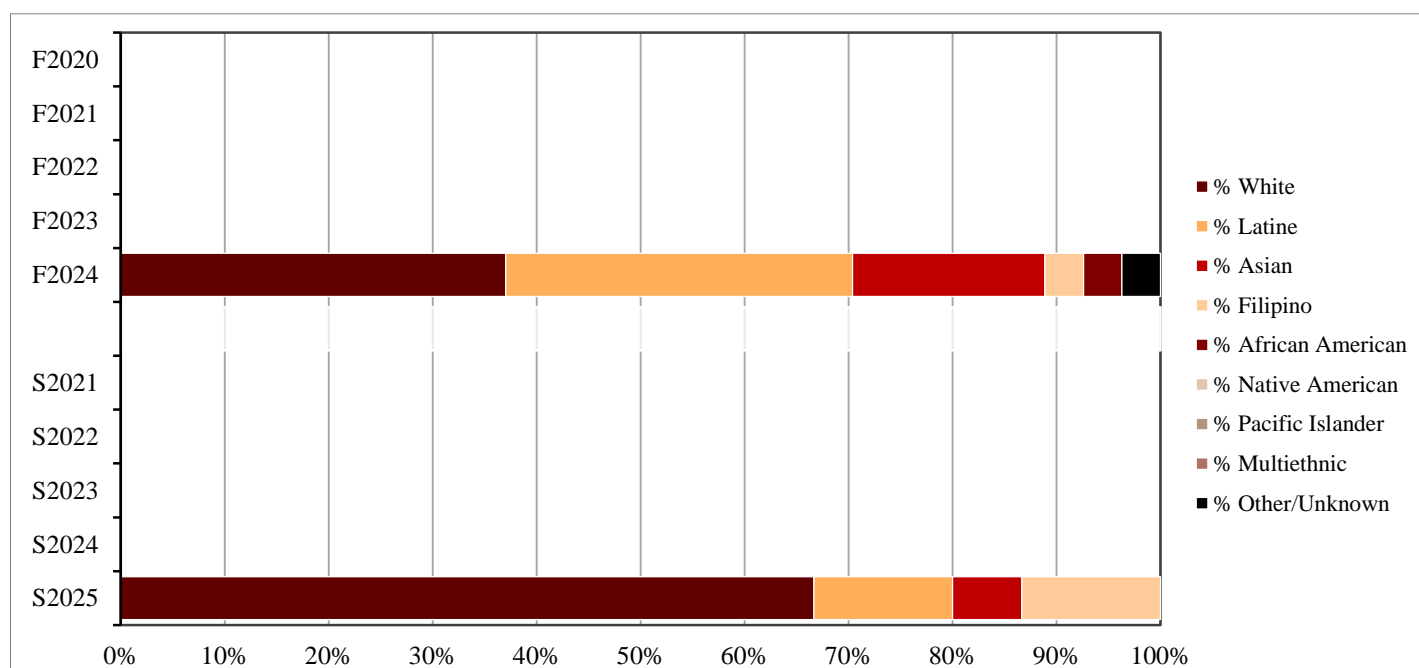
## Student Demographics: Gender & Age

Mindfulness ( MIND )											
	Fall Terms					Spring Terms					
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025	
Female	0	0	0	0	14	0	0	0	0	7	
Male	0	0	0	0	10	0	0	0	0	8	
19 yrs. or younger	0	0	0	0	9	0	0	0	0	5	
20-21 yrs. old	0	0	0	0	8	0	0	0	0	3	
22-24 yrs. old	0	0	0	0	4	0	0	0	0	2	
25-29 yrs. old	0	0	0	0	1	0	0	0	0	0	
30-39 yrs. old	0	0	0	0	0	0	0	0	0	2	
40-49 yrs. old	0	0	0	0	1	0	0	0	0	3	
50 yrs. or older	0	0	0	0	4	0	0	0	0	0	
% Female	—	—	—	—	58%	—	—	—	—	47%	
% Male	—	—	—	—	42%	—	—	—	—	53%	
% 19 yrs. or younger	—	—	—	—	33%	—	—	—	—	33%	
% 20 - 21 yrs. old	—	—	—	—	30%	—	—	—	—	20%	
% 22 - 24 yrs. old	—	—	—	—	15%	—	—	—	—	13%	
% 25 - 29 yrs. old	—	—	—	—	4%	—	—	—	—	0%	
% 30 - 39 yrs. old	—	—	—	—	0%	—	—	—	—	13%	
% 40 - 49 yrs. old	—	—	—	—	4%	—	—	—	—	20%	
% 50 yrs. or older	—	—	—	—	15%	—	—	—	—	0%	



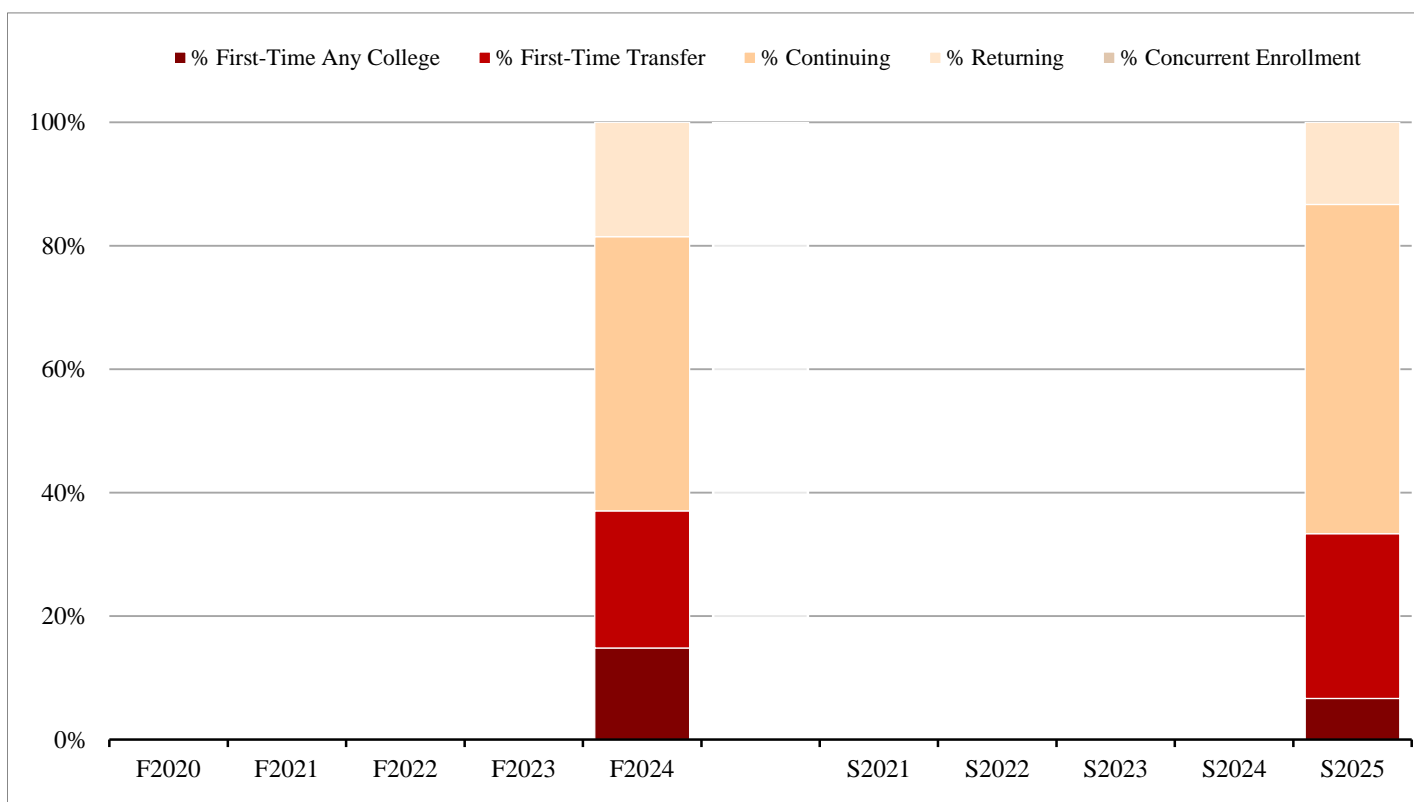
## Student Demographic: Race-Ethnicity

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
African American	0	0	0	0	1	0	0	0	0	0
Asian	0	0	0	0	5	0	0	0	0	1
Filipino	0	0	0	0	1	0	0	0	0	2
Latine	0	0	0	0	9	0	0	0	0	2
Native American	0	0	0	0	0	0	0	0	0	0
Pacific Islander	0	0	0	0	0	0	0	0	0	0
White	0	0	0	0	10	0	0	0	0	10
Multiethnic	0	0	0	0	0	0	0	0	0	0
Other/Unknown	0	0	0	0	1	0	0	0	0	0
% African American	—	—	—	—	4%	—	—	—	—	0%
% Asian	—	—	—	—	19%	—	—	—	—	7%
% Filipino	—	—	—	—	4%	—	—	—	—	13%
% Latine	—	—	—	—	33%	—	—	—	—	13%
% Native American	—	—	—	—	0%	—	—	—	—	0%
% Pacific Islander	—	—	—	—	0%	—	—	—	—	0%
% White	—	—	—	—	37%	—	—	—	—	67%
% Multiethnic	—	—	—	—	0%	—	—	—	—	0%
% Other/Unknown	—	—	—	—	4%	—	—	—	—	0%



## Student Enrollment Status

	Mindfulness ( MIND )									
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
First-Time Any College	0	0	0	0	4	0	0	0	0	1
First-Time Transfer	0	0	0	0	6	0	0	0	0	4
Continuing	0	0	0	0	12	0	0	0	0	8
Returning	0	0	0	0	5	0	0	0	0	2
Concurrent Enrollment	0	0	0	0	0	0	0	0	0	0
% First-Time Any College	—	—	—	—	15%	—	—	—	—	7%
% First-Time Transfer	—	—	—	—	22%	—	—	—	—	27%
% Continuing	—	—	—	—	44%	—	—	—	—	53%
% Returning	—	—	—	—	19%	—	—	—	—	13%
% Concurrent Enrollment	—	—	—	—	0%	—	—	—	—	0%



### Definitions:

**First-Time Any College:** Students enrolled in college for the first time.

**First-Time Transfer:** Students transferring to LPC in the current semester from another community college or university.

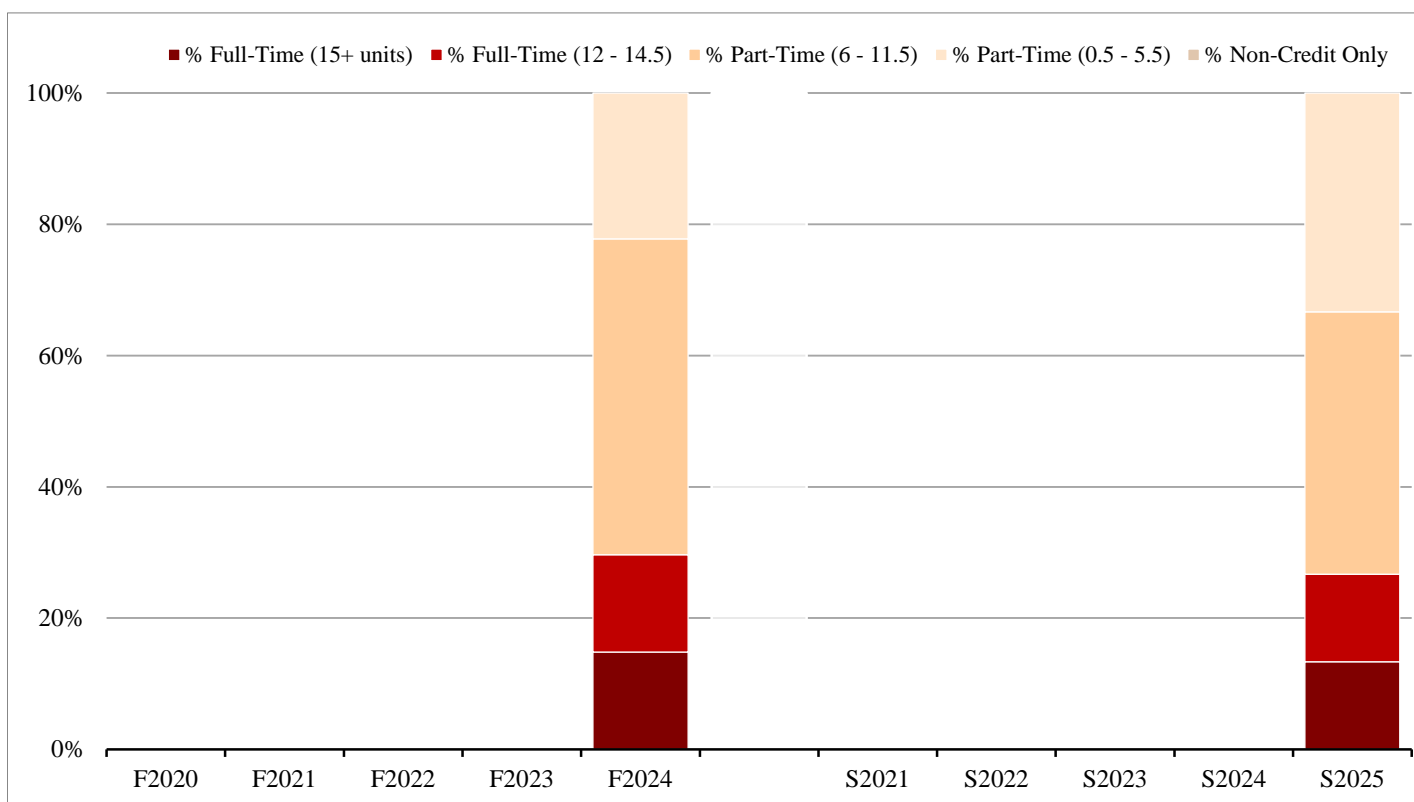
**Continuing:** Students enrolled in the current semester and were enrolled in the previous primary term. Primary terms are Fall and Spring.

**Returning:** Students enrolled at LPC after an absence of one or more primary terms from the District.

**Concurrent Enrollment:** A special admit student currently enrolled in K-12.

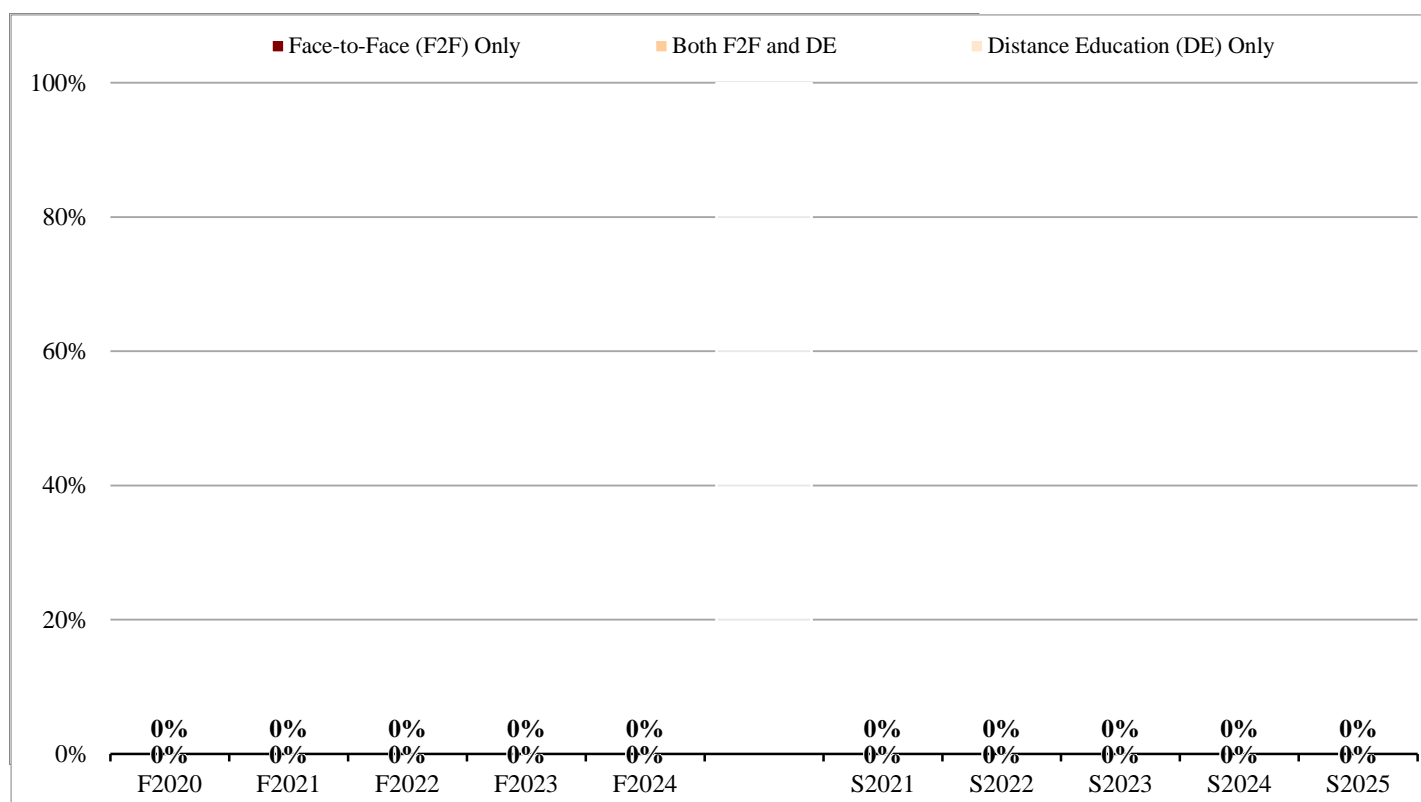
## Student Unit Load

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
Full-Time (15+ units)	0	0	0	0	4	0	0	0	0	2
Full-Time (12 - 14.5 units)	0	0	0	0	4	0	0	0	0	2
Part-Time (6 - 11.5 units)	0	0	0	0	13	0	0	0	0	6
Part-Time (0.5 - 5.5 units)	0	0	0	0	6	0	0	0	0	5
Non-Credit Only	0	0	0	0	0	0	0	0	0	0
% Full-Time (15+ units)	—	—	—	—	15%	—	—	—	—	13%
% Full-Time (12 - 14.5)	—	—	—	—	15%	—	—	—	—	13%
% Part-Time (6 - 11.5)	—	—	—	—	48%	—	—	—	—	40%
% Part-Time (0.5 - 5.5)	—	—	—	—	22%	—	—	—	—	33%
% Non-Credit Only	—	—	—	—	0%	—	—	—	—	0%



## Students Using Distance Education

Mindfulness ( MIND )										
<i>(Categories reflect college-wide coursework)</i>	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
Face-to-Face (F2F) Only	0	0	0	0	0	0	0	0	0	0
Both F2F and DE	0	0	0	0	0	0	0	0	0	0
Distance Education (DE) Only	0	0	0	0	0	0	0	0	0	0
% Face-to-Face (F2F) Only	—	—	—	—	—	—	—	—	—	—
% Both F2F and DE	—	—	—	—	—	—	—	—	—	—
% Distance Education (DE) Only	—	—	—	—	—	—	—	—	—	—



### Definitions:

**Distance Education (DE)** includes enrollments in course sections that deliver course content online. Courses are categorized using the following methods:

Prior to Summer 2020, via section numbers (i.e., start with 'DE', 'HD', 'LD' and 'LO'); courses with 51% of content delivered online.

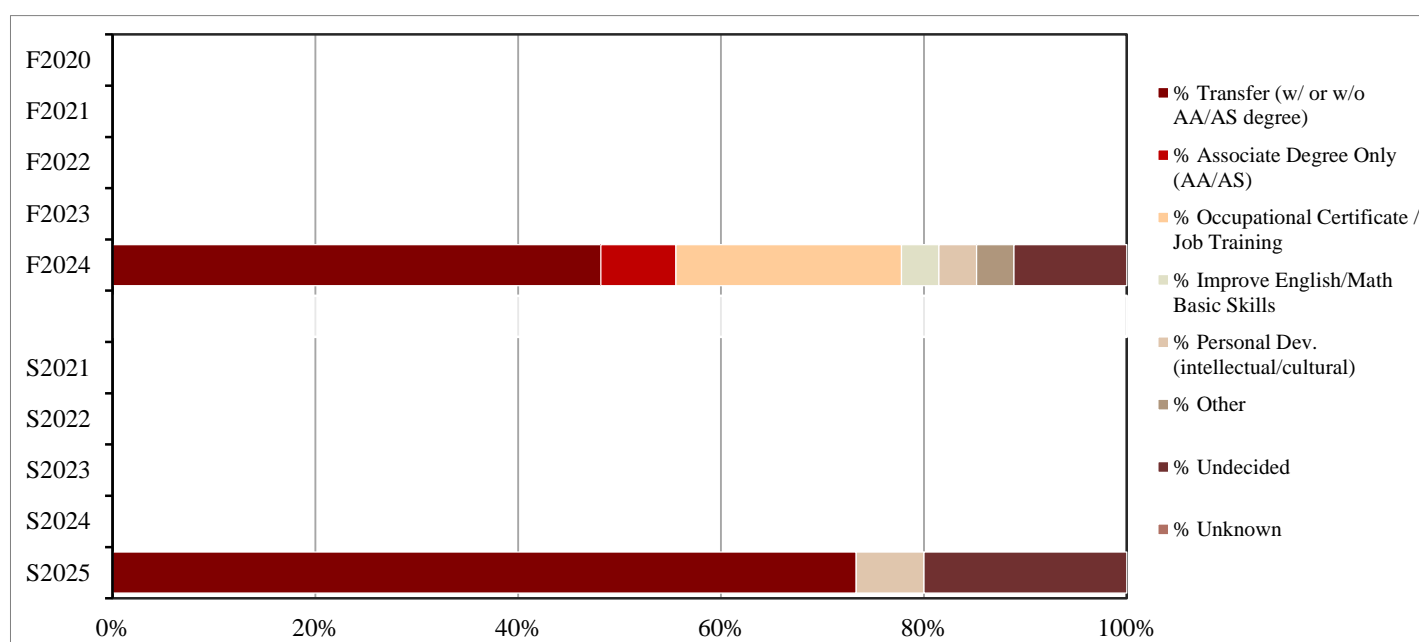
In Summer 2020 and Fall 2020, due to the COVID-19 pandemic, via web comments for each section; identified as any with an online component.

In Spring 2021 and Summer 2021, via section numbers (i.e., 'A##', 'S##', 'B##', 'H##', 'HF#').

Since Fall 2021 to present, via course attributes identifying course modality, or, when no attributes are provided, via section numbers (as previously indicated).

## Student Educational Goal

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
Transfer (w/ or w/o AA/AS degree)	0	0	0	0	13	0	0	0	0	11
Associate Degree Only (AA/AS)	0	0	0	0	2	0	0	0	0	0
Occupational Certificate / Job Training	0	0	0	0	6	0	0	0	0	0
Improve English/Math Basic Skills	0	0	0	0	1	0	0	0	0	0
Personal Development (intellectual/cultural)	0	0	0	0	1	0	0	0	0	1
Other	0	0	0	0	1	0	0	0	0	0
Undecided	0	0	0	0	3	0	0	0	0	3
Unknown	0	0	0	0	0	0	0	0	0	0
% Transfer (w/ or w/o AA/AS degree)	—	—	—	—	48%	—	—	—	—	73%
% Associate Degree Only (AA/AS)	—	—	—	—	7%	—	—	—	—	0%
% Occupational Certificate / Job Training	—	—	—	—	22%	—	—	—	—	0%
% Improve English/Math Basic Skills	—	—	—	—	4%	—	—	—	—	0%
% Personal Dev. (intellectual/cultural)	—	—	—	—	4%	—	—	—	—	7%
% Other	—	—	—	—	4%	—	—	—	—	0%
% Undecided	—	—	—	—	11%	—	—	—	—	20%
% Unknown	—	—	—	—	0%	—	—	—	—	0%



### Definitions:

**Transfer:** Students who want to transfer to a 4-year university. Includes students enrolled in 4-year institutions completing requirements at LPC.

**Occupational Certificate/Job Training:** Acquire job skills, explore career interests, earn a certificate, or maintain a certificate/license.

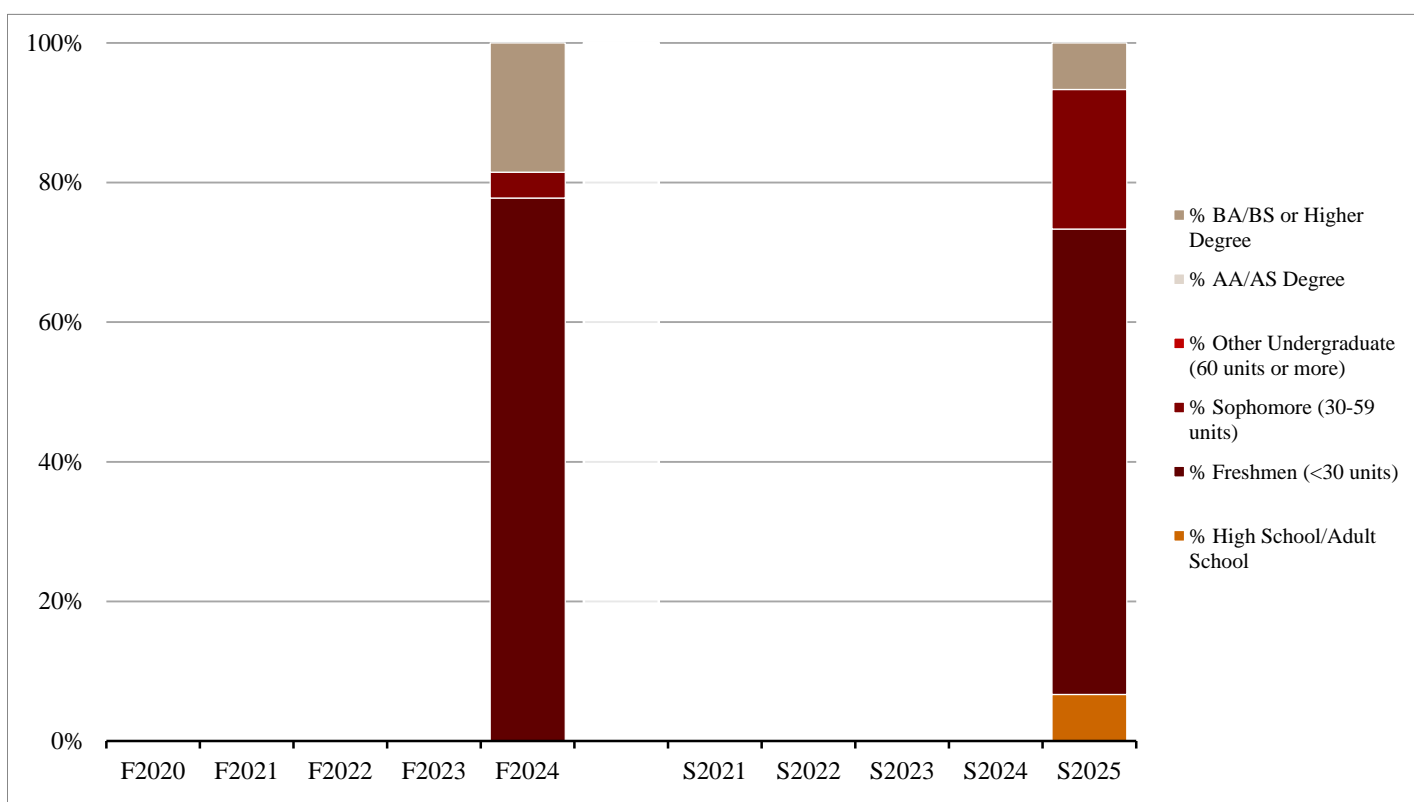
**Personal Development:** Students taking courses for intellectual and/or cultural development.

**Other:** Students completing diploma/GED requirements or moving from non-credit to credit courses. Data from admission application.



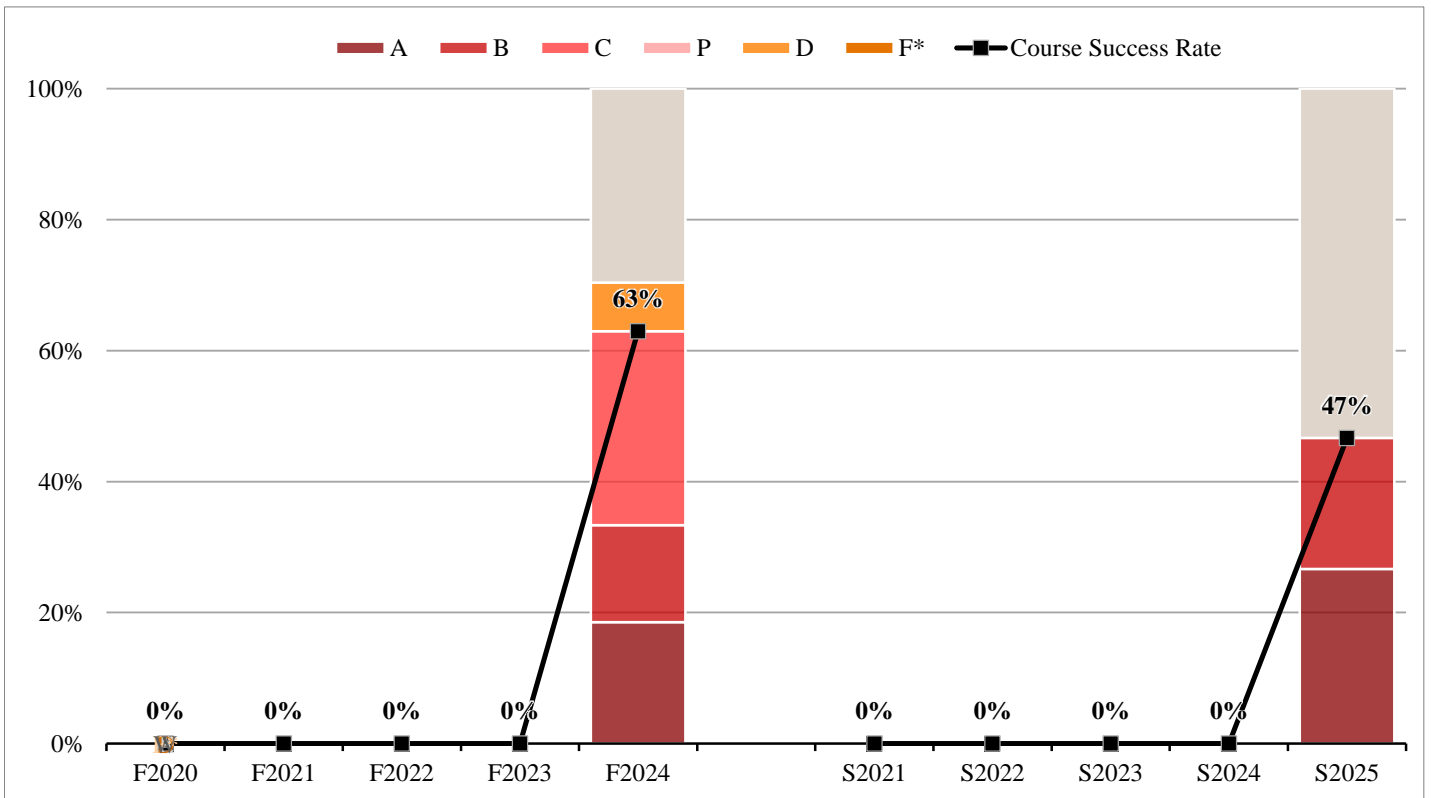
## Highest Educational Level of Students

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
High School/Adult School	0	0	0	0	0	0	0	0	0	1
Freshmen (<30 units)	0	0	0	0	21	0	0	0	0	10
Sophomore (30-59 units)	0	0	0	0	1	0	0	0	0	3
Other Undergraduate (60 units or more)	0	0	0	0	0	0	0	0	0	0
AA/AS Degree	0	0	0	0	0	0	0	0	0	0
BA/BS or Higher Degree	0	0	0	0	5	0	0	0	0	1
% High School/Adult School	—	—	—	—	0%	—	—	—	—	7%
% Freshmen (<30 units)	—	—	—	—	78%	—	—	—	—	67%
% Sophomore (30-59 units)	—	—	—	—	4%	—	—	—	—	20%
% Other Undergraduate (60 units or more)	—	—	—	—	0%	—	—	—	—	0%
% AA/AS Degree	—	—	—	—	0%	—	—	—	—	0%
% BA/BS or Higher Degree	—	—	—	—	19%	—	—	—	—	7%



## Student Performance: Grade Distribution

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
<b>Total Course Enrollments</b>	0	0	0	0	27	0	0	0	0	15
<b>Course Success Rates</b>	—	—	—	—	63%	—	—	—	—	47%
A	—	—	—	—	19%	—	—	—	—	27%
B	—	—	—	—	15%	—	—	—	—	20%
C	—	—	—	—	30%	—	—	—	—	0%
P	—	—	—	—	0%	—	—	—	—	0%
<b>Course Non-Success Rate</b>	—	—	—	—	7%	—	—	—	—	0%
D	—	—	—	—	7%	—	—	—	—	0%
F*	—	—	—	—	0%	—	—	—	—	0%
<b>Withdrawals (See Note)</b>	—	—	—	—	30%	—	—	—	—	53%



### Definitions:

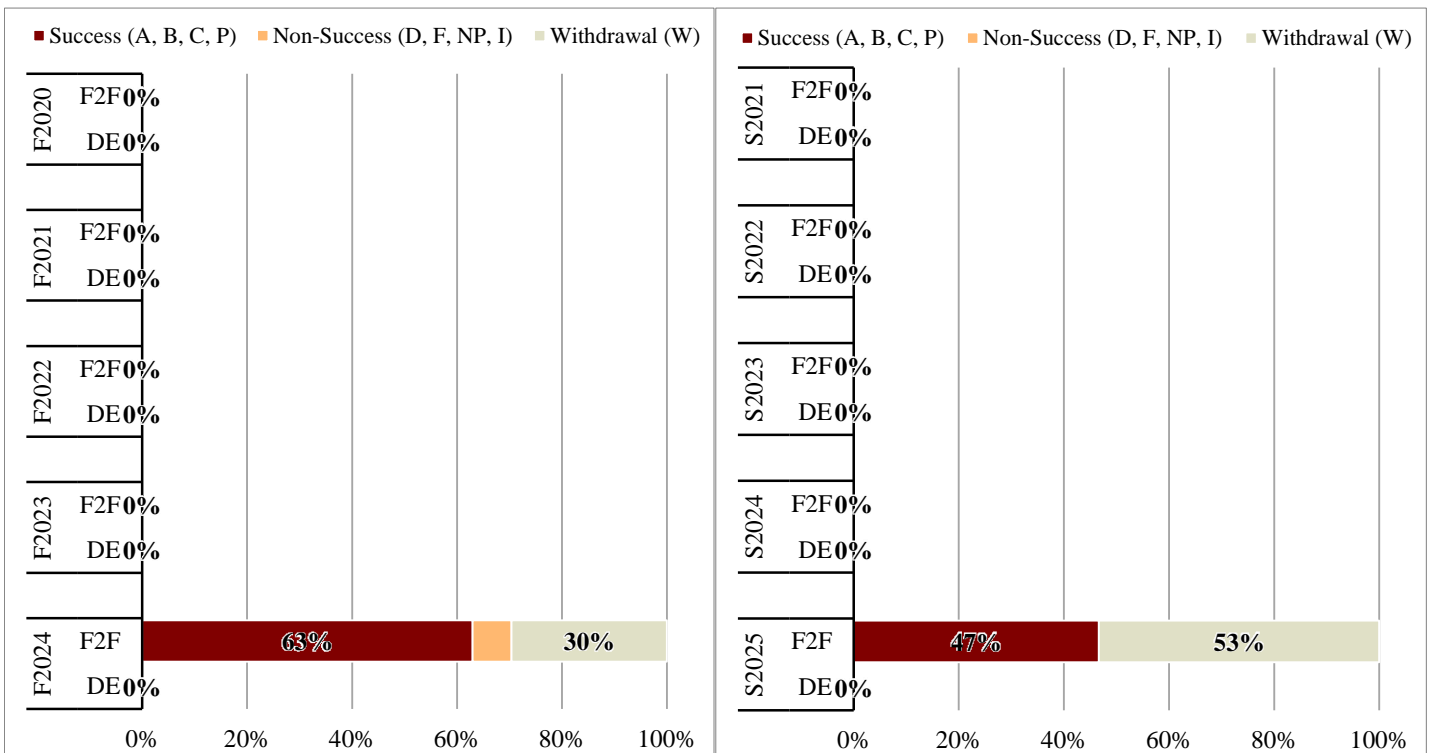
**Course Success Rate:** Share of course enrollments resulting in a passing grade ('A', 'B', 'C', 'P', 'NCA', 'NCB', 'NCC', or 'NCP').

**Course Non-Success Rate:** Share of course enrollments resulting in a grade of 'D' or 'F\*' (includes: 'F', 'NP', 'T', 'NCD', 'NCF', or 'NCNP').

**Withdrawals** are the share of course enrollments resulting in (1) a grade notation of 'W', 'MW', or 'EW', or, (2) a course dropped due to COVID-19.

## Student Performance: Distance Education

	Mindfulness ( MIND )									
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
<b>Total Course Enrollments</b>	0	0	0	0	27	0	0	0	0	15
<b>Face-to-Face (F2F) Sections</b>	0	0	0	0	27	0	0	0	0	15
Success Rates	—	—	—	—	63%	—	—	—	—	47%
Non-Success Rates	—	—	—	—	7%	—	—	—	—	0%
Withdrawals	—	—	—	—	30%	—	—	—	—	53%
<b>Distance Education (DE) Sections</b>	—	—	—	—	—	—	—	—	—	—
Success Rates	—	—	—	—	—	—	—	—	—	—
Non-Success Rates	—	—	—	—	—	—	—	—	—	—
Withdrawals	—	—	—	—	—	—	—	—	—	—



### Definitions:

**Course Success Rate:** Share of course enrollments resulting in a passing grade ('A', 'B', 'C', 'P', 'NCA', 'NCB', 'NCC', or 'NCP').

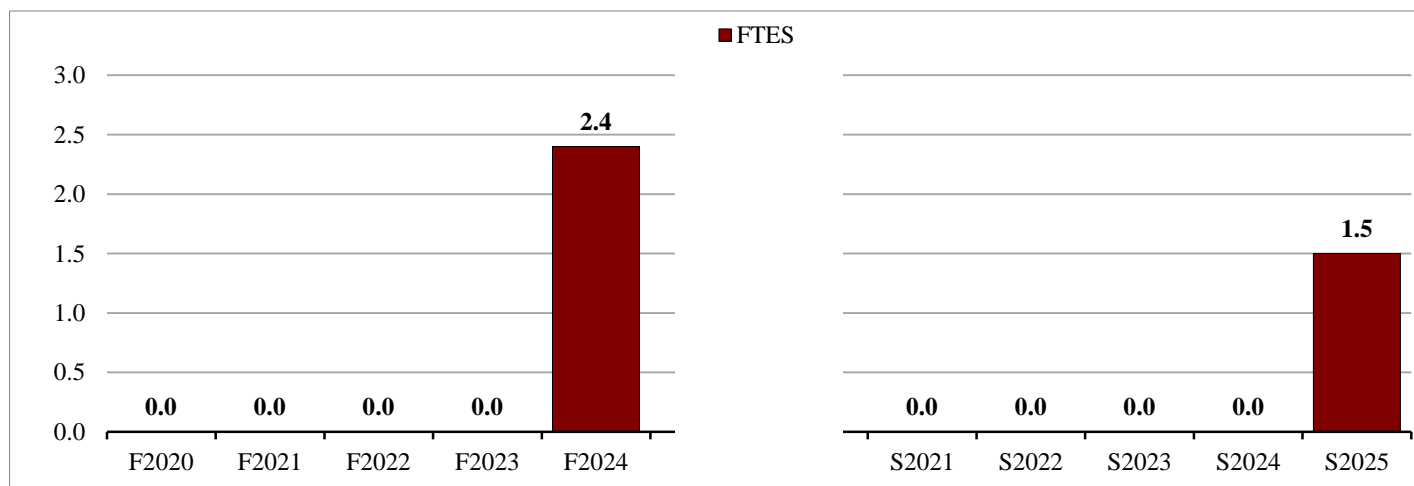
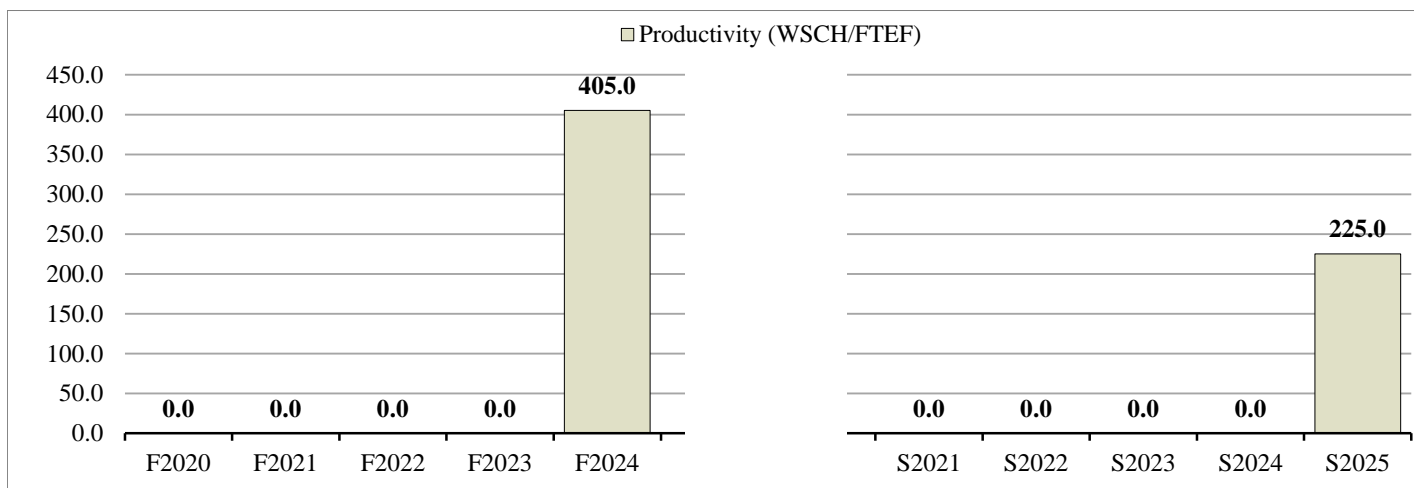
**Course Non-Success Rate:** Share of course enrollments resulting in a grade of 'D', 'F', 'NP', 'T', 'NCD', 'NCF', or 'NCNP'.

**Withdrawals** are the share of course enrollments resulting in (1) a grade notation of 'W', 'MW', or 'EW', or, (2) a course dropped due to COVID-19.

**Distance Education (DE)** includes enrollments in course sections that deliver course content online. (see note in "Students Using Distance Education" for details.)

## Enrollment Management: Part 1

	Mindfulness ( MIND )									
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
WSCH	0	0	0	0	81	0	0	0	0	45
FTEF	0.0	0.0	0.0	0.0	2.4	0.0	0.0	0.0	0.0	1.5
FTEF	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.2
Productivity (WSCH/FTEF)	—	—	—	—	405.0	—	—	—	—	225.0



### Definitions:

**WSCH** is the total Weekly Student Contact Hours resulting from all enrollment within the discipline.

**FTEF** is the total Full Time Equivalent Student value resulting from all enrollment within the discipline.

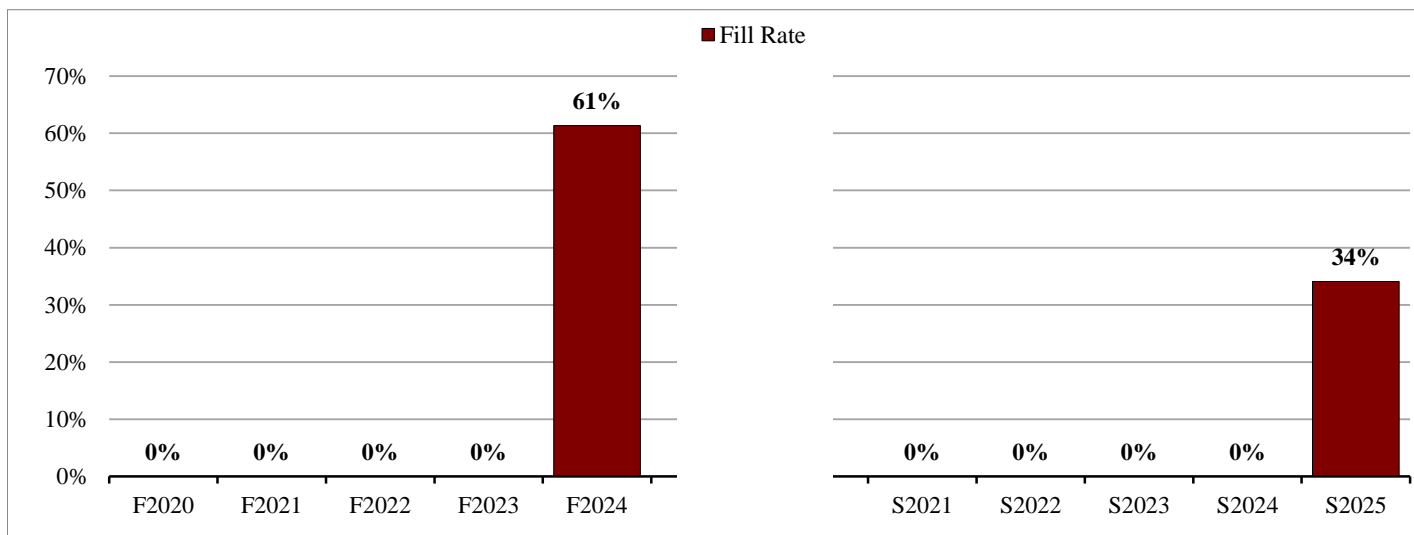
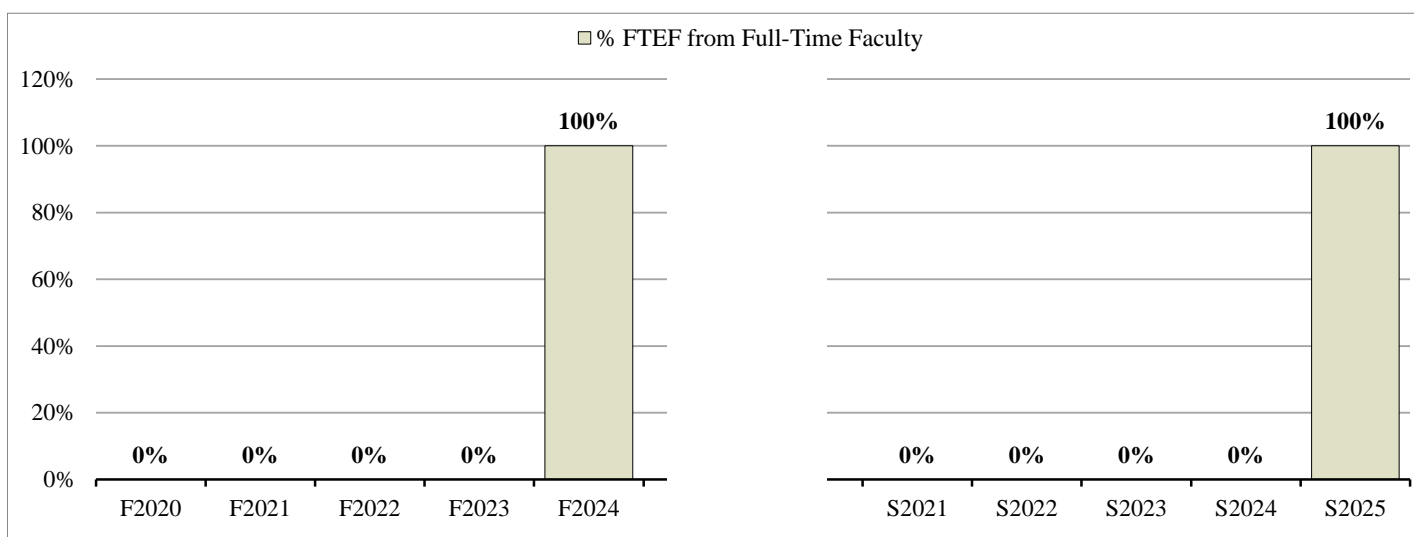
**FTEF** is the Full Time Equivalent Faculty associated with the discipline's course offerings for that semester.

**Productivity** is the ratio of WSCH to FTEF and a standard measure of discipline efficiency.

**Note:** Enrollment Management data are of all courses accounted except NTUT / TUTR 200; latest data accessed on 7/25/23.

## Enrollment Management: Part 2

Mindfulness ( MIND )										
	Fall Terms					Spring Terms				
	F2020	F2021	F2022	F2023	F2024	S2021	S2022	S2023	S2024	S2025
FTEF from Full-Time Faculty	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0	0.2
% FTEF from Full-Time Faculty	—	—	—	—	100%	—	—	—	—	100%
Enrollments	0	0	0	0	27	0	0	0	0	15
Capacity (seats available)	0	0	0	0	44	0	0	0	0	44
Fill Rate	—	—	—	—	61%	—	—	—	—	34%



### Definitions:

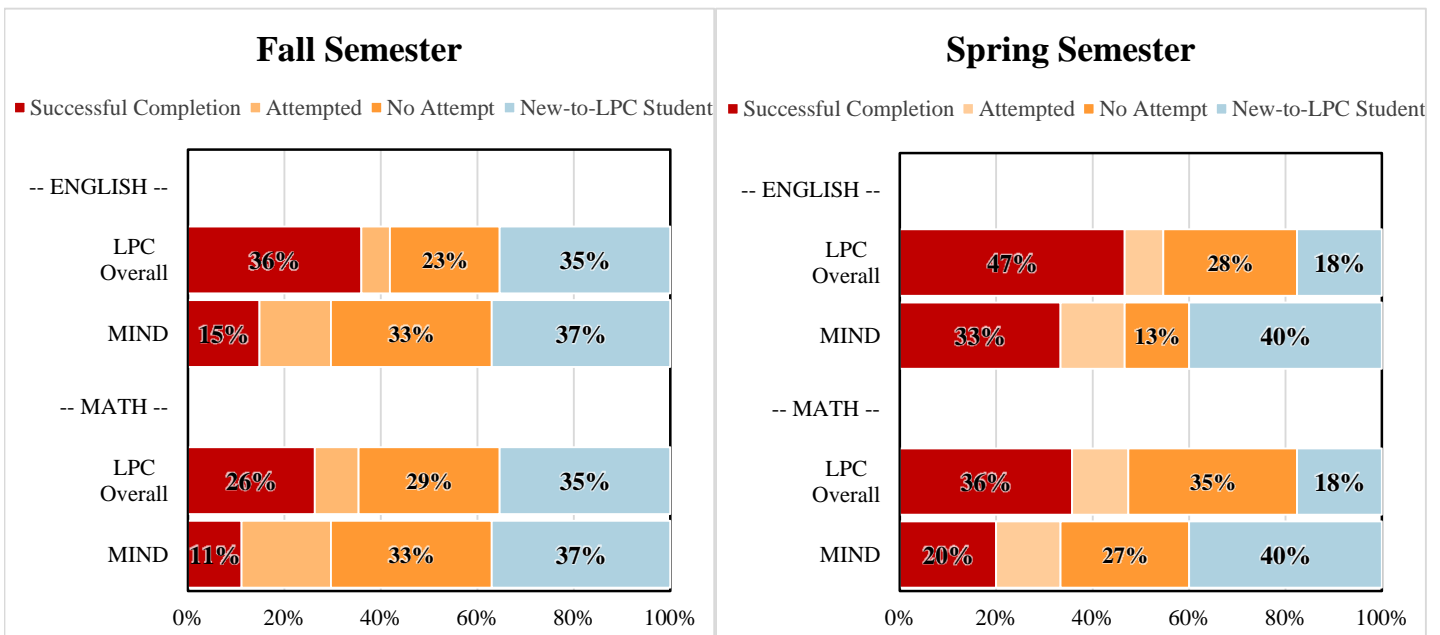
**Fill Rate** is number of enrollments over the total capacity (seats available).

**% FTEF from Full-time Faculty** is the FTEF generated by full-time faculty as load (i.e., excluding overload) divided by the total FTEF.

**Note:** Enrollment Management data are of all courses accounted except NTUT / TUTR 200; latest data accessed on 7/25/23.

## Prior Experience in English & Math

<i>(English and math status prior to the start of the term)</i>	Fall 2024				Spring 2025			
	MIND		LPC Overall		MIND		LPC Overall	
	Num	Pct	Num	Pct	Num	Pct	Num	Pct
<b>Transfer-level English</b>								
Successful Completion*	4	15%	2,993	36%	5	33%	3,734	47%
Attempted ( <i>not successful</i> )	4	15%	492	6%	2	13%	641	8%
No Attempt	9	33%	1,892	23%	2	13%	2,223	28%
New-to-LPC Student	10	37%	2,946	35%	6	40%	1,409	18%
<b>Transfer-level Math</b>								
Successful Completion*	3	11%	2,189	26%	3	20%	2,859	36%
Attempted ( <i>not successful</i> )	5	19%	757	9%	2	13%	935	12%
No Attempt	9	33%	2,431	29%	4	27%	2,804	35%
New-to-LPC Student	10	37%	2,946	35%	6	40%	1,409	18%



**Definitions:**

**Transfer-Level English:**

**Successful Completion** = earned a passing grade in ENG 1A or 1AEX, or attempted a higher transfer-level course in the sequence in prior terms.

**Attempted (no successful completion)** = attempted ENG 1A or 1AEX in prior terms but did not receive a passing grade.

**No Prior Attempt** = no prior enrollment in transfer-level English within the sequence.

**New-to-LPC Student** = students with no for credit enrollments within our district prior to the current term.

**Transfer-Level Math:**

**Successful Completion** = earned a passing grade in a transfer-level math course or attempted a higher transfer-level course in the sequence in prior terms.

**Attempted (no successful completion)** = attempted a entry transfer-level math course in prior terms but did not receive a passing grade.

**No Prior Attempt** = no prior enrollment in transfer-level math within the sequence.

**New-to-LPC Student** = students with no for credit enrollments within our district prior to the current term.