

Las Positas College Student Health & Wellness Center

Counseling Services Referrals



TEXT

"COURAGE" to 741741



CALL

1-800-273-TALK (8255)



ONLINE

www.ulifeline.org/laspositascollege

ULifeline

Your online resource for college mental health

La Familia Servicios Psico-Sociales:

- 1149 N. El Dorado Street, Stockton, CA 95202

(209) 468-2335

Mental Health Services Vocational Rehabilitation Services:

- 1212 N. California Street, Stockton, CA 95202

(209) 468-8842

Medi-Cal Counseling:

- Alameda County: ACCESS PROGRAM: 1-800-491-9099
- Contra Costa County: ACCESS PROGRAM: 1-888-678-7277
- San Joaquin County: ACCESS PROGRAM: 1-209-468-9370

NAMI:

- 35 10th St. Ste. B, Tracy, CA 95376

(209) 468-3755

Tracy Adult Outpatient Clinic:

- 220 W. 11th Street, Tracy, CA 95376

(209) 831-5941

Tri-Valley Sliding Scale Counseling:

- Anthropos Counseling Center: (925) 449-7925 Counseling@Anthroposcounseling.Org
- Pleasanton Community Counseling Center: (925) 600- 9762
- Tri Valley Haven Counseling Center: (925) 449-5845

Website to help find a therapist covered by your insurance co.

- <https://www.psychologytoday.com/>