

Resources for EOPS, CARE and Veterans at LPC and Beyond

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Ballpark, how many veterans and dependents/spouses utilize VA education benefits at Las Positas College?

A) 100

B) 75

C) 150

D) 200

As we know, the Tri Valley is a fairly affluent community. However, in running a report of students who had filed a FAFSA, applied to LPC and might be eligible for EOPS, our program found over _____ potentially eligible students.

A. 500

B. 1200

C. 250

D. 1500

A VA educational benefit is a monthly housing allowance. If students fall below 12 units, their monthly housing allowance is prorated. What is the monthly housing allowance for Las Positas College?

- A) \$3300 per month
- B) \$5000 per month
- C) \$2500 per month
- D) \$3500 per month

Of the students who filed a FAFSA or CADAA, what percentage received a fee waiver?

A. 56%

B. 67%

C. 78%

D. 89%

At Las Positas College, what is the most represented military branch for our student veterans?

A) US Marine Corps

B) US Army

C) US Navy

D) US Air Force



Extended Opportunity Programs and Services
Cooperative Agencies Resources for Education

What is EOPS?

- EOPS assists low-income and educationally disadvantaged students achieve their educational and career goals
- EOPS is a support program available for the full-time student who can benefit from a variety of extra services to promote academic success and personal growth
- EOPS is an inclusive, equity driven, student success program that has a proven record in retention and academic goal completion

How do students qualify for EOPS?

- California Resident
- Full-time student (12 units)
- Qualify for the California Promise fee waiver program by filling out the FAFSA or the California Dream Act Application (CADAA)
- Have completed less than 70 degree level units
- Be determined as educationally disadvantaged (including)
 - First-generation college student
 - English not the language spoken in the home
 - Underrepresented minority
 - Past or present remedial coursework
 - Former foster youth

What are the benefits for EOPS students?

- Grants for books and supplies
- Counseling access and relationship
- Application Fee Waivers for transfer students (4 CSUs, 4 UCs) \$480 Value!
- Priority Registration (First Day!)
- Free University Tours
- Recognition and Awards

What is Cooperative Agencies Resources for Education (CARE)?

- CARE is a supplemental program of EOPS that provides additional supportive services to assist eligible students in coping with the challenges of single parenting and the demands of their academic life
- Students may qualify for CARE if:
 - They are an EOPS student; and,
 - They are at least 18 years old; and,
 - They are a single parent on TANF, receiving CalWORKs cash aid, or they have at least one child under the age of 18 receiving CalWORKs cash aid

What are some of the benefits of CARE?

Services may include:

- Gas cards
- Meal Grants
- Car repair assistance
- Stipends
- Supplies

What are students saying about EOPS/CARE?

“Extremely helpful people allowed me to navigate college. With EOPS I had more confidence in my educational goals and I was able to finish in two years and transfer to my top choice university.”

“EOPS taught me a lot about myself. I was able to grow as a student and develop a strong confidence that no other program would have given me. The counselors were able to also guide me in the right direction with both academics and transfer preparation. I would not be the even better student that I am today without EOPS.”

“Being part of the EOPS Program has been such an important part of my time at LPC. The assistance I’ve received financially, through counseling and priority registration has helped me achieve my educational goals.”

“EOPS gave me peace of mind throughout my time at Las Positas. It was stressful figuring out where I wanted my path to go educationally. I was provided resources and guidance to marry my aptitudes in education with career goals. Seeing counselors on a regular basis, and the same counselor each time helped build relationship and kept me on track. EOPS was the first program I was introduced to on campus, becoming apart of a group at Las Positas gave me the courage to join others along the way. EOPS eased the transition from being an older, first-generation college student, they counseled me into making my goals a reality, and always encouraged me.”

“It was a nice support system. All the staff were kind, helpful, and had so much energy. EOPS really helped with getting my education track started. answered all my questions and offered so many scholarships, interview opportunities, and college visit info. It feels like a second home so I wasn’t afraid to ask questions.”

“To receive additional financial assistance as well as additional advising has helped take a huge weight off of my shoulders while pursuing a higher education. Not only can I work less hours and focus on my studies with the additional support, I know I am on the right track to succeed.”

“Being a part of the EOPS program meant being surrounded by support. There are a lot of aspects of the transfer process and just education in general that I would have never been aware of if it wasn’t for EOPS. As a first generation college student it meant a lot to know that there was a group of people I could go to who are dedicated to help their students.”

What is the Veterans First Program?



The Veterans Administration is authorized by law to provide a wide range of benefits to those who have served their country in the Armed Forces and to their dependents. Armed Forces include US Marine Corps, US Navy, US Army, US Air Force, US Coast Guard, Reservists. Military Families: Dependents or Spouse of Veterans.

The Las Positas College Veterans First Program provides support services to those who have served, currently serving in the armed forces, and also dependents and spouse of Veterans. We are primarily responsible for administration of veterans educational benefits programs.

Our goal is to provide our Veteran with **services** and **resources** that will assist them in achieving their **educational goals**.

What does “veteran” status mean?



Students in your class may ...

- Have been in combat; may have served in Afghanistan or Iraq;
- Be between the ages of 26-50 (or older); typically re-entry or returning student
- Have a visible or invisible disability (have a disability rating)
- May be juggling being a parent, working a PT or FT job, and school
- May have a long commute

What are the VA educational benefits?



Depending on the Chapter, veterans educational benefits may include:

- Cover cost of tuition
- Book Stipend
- Housing Allowance: approx. \$3300 per month of FT
- Spouse/Dependents: monthly stipend of approx. \$1200/mo if FT.
- Tutorial Support Stipend
- Parking (Ch 31)

What does the Veterans First Program offer?



- Meet with a Veterans Counselor
- Veterans Book Loan
- Scholarships
- Lounge
- Computer Lab - free printing
- Tutorial Center or Quiet Study Room
- Student Veterans Organization
- Emergency Relief Fund
- Connection to veterans resources in the Bay Area
- Veterans Work Study Program
- Mission Ready Veterans Learning Community
- Operation Gateway New Student Veterans Orientation

Strategies for Veterans Success in the Classroom



We are happy to support you in the classroom.

Please notify us if so we can reach out to students who exhibit the following behaviors:

- Stop attending, but still on the roster;
- Say inappropriate comments that make others uncomfortable;
- Contact you about health, work or family issues

With care and discretion, we will do a wellness check on the student and offer our support to on challenges that are preventing their success in your class.

What is TRiO Programs

Federal programs offering grants to higher education institutions

- Outreach
- Student services



Designed to assist students from disadvantaged backgrounds

- First generation college students
- Low-income students (income levels based on family size)

Eight Different TRiO Programs



1. Educational Opportunity Centers
2. Ronald E. McNair Postbaccalaureate Achievement Program
3. Student Support Services
4. Talent Search
5. Training Program for Federal TRiO Programs Staff
6. Upward Bound
7. Upward Bound Math-Science
8. Veterans Upward Bound

TRiO - Student Support Services

- Five-year grant award cycles
- Average \$290,949
- Available to institutions of higher education
 - $\frac{2}{3}$ of students must be either disabled or potential low-income first generation college students
 - $\frac{1}{3}$ of disabled participants must also be low income
- Academic tutoring
- Counseling
 - Assistance with course selection
 - Assistance with navigating financial aid and financial literacy
 - Assistance in transfer applications



Examples of Student Support Services



Skyline College

- Academic Counseling - designated counselor - same counselor over time to build Ed Plan - flexible scheduling
- Academic Coaching - improve test-taking skills
- On-demand, 1:1 tutoring and group tutoring by instructors and students
- Workshops: scholarship application, preparing resume, etc.
- De-stress, movie night, game night, parties, etc.
- Use of TRiO Study Hall
- Grant Aid to support educational expenses - \$700-\$2500 and \$100 gift cards for academics or groceries/food/etc
- Workforce skills: marketing, etc., sharing job opportunities
- 313 students served in a year
- “One stop retention shop” - over 90% retention rate
- Priority registration

Example of Student Support Services



MONTEREY PENINSULA
COLLEGE

Monterey Peninsula College

- Academic/Career Advising & Counseling
- First-Year Summer Academy & Peer Mentorship Program
- Four-Year College/University Campus Visits
- One-on-one tutoring
- Resources (i.e use of computers/laptops, access to free printing/copying, basic & scientific graphing calculators)
- Lending Library (textbooks are lent out for the semester and/or available for use in the TLC)

TRiO - Veterans Upward Bound



- Five-year grant award cycles
- Average \$280,429
- Available to institutions of higher education and other non-profit entities
 - Participants must have served in the U.S. Armed Forces
 - Participants must be low-income, first generation college students
- Academic tutoring
- Counseling
 - Assistance with course selection
 - Assistance with navigating financial aid and financial literacy
 - Assistance navigating local resources from the Veterans Administration
- Basic skills development and preparation for a college education

Santa Ana College - Veterans Upward Bound

Focuses on helping the veteran transition from the military to college life

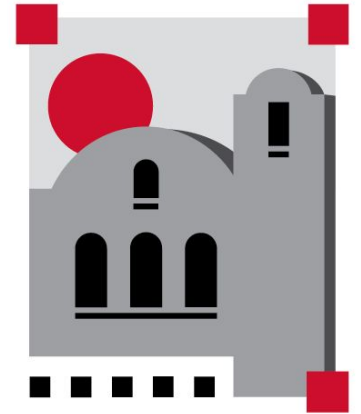
- Academic Counseling, Planning and Course Advisement
- Academic Boot Camp Refresher Course
- Summer Bridge Programs
- Math and English Tutoring
- Priority Registration/Certification
- Computer Lab
- Free Printing
- Dedicated Study Area
- Wellness Counseling
- Professional Development Workshops
- Veterans Community and Service Referrals
- Campus Tours
- Mentorship Program



Santa Ana College - Veterans Student Support Services

Focuses on helping the veteran succeed college successfully by promoting retention and equity

- Academic Counseling, Planning and Course Advisement
- Student Cash Grant Aid
- Financial Aid/Scholarship Assistance
- Personal and Professional Development Workshops
- Career Exploration and Guidance
- Mental Health Counseling/Referrals
- Peer Mentoring
- Academic Preparation Workshops for English/Math/Science
- Tutoring in Multiple Subjects
- College and University Campus Tours
- VA Education Certification Assistance
- Priority Registration
- Field Trips and Outings



SANTA ANA
COLLEGE

Group Discussions

Please form small groups and brainstorm answers to questions in the handouts.

We would love to hear your thoughts!

Workshop Evaluations



<https://tinyurl.com/bdcvucrp>

Reporting Hours



<https://tinyurl.com/3uz8t6t4>

Global Survey



<https://tinyurl.com/4bsmp782>