



Spring 2023 FLEX Day



The Las Positas College Professional Development Committee would like to welcome you to our Spring 2023 FLEX Day, being held from 8:00 AM – 4:00 PM on Thursday, March 16.

Keynote Session

11:00 AM – 11:50 AM

Room 4119 – Main Theater

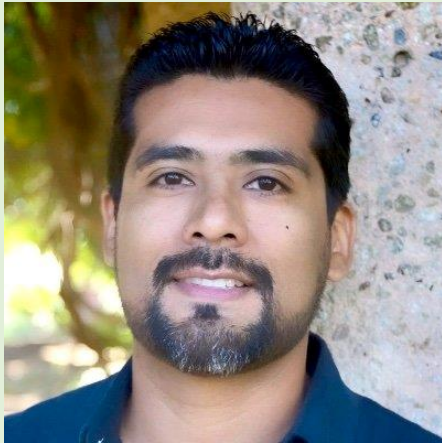
Educator Projected Self-Actualization in Community College

Dr. Victor Rios

Professor of Sociology & MacArthur Foundation Chair, UC Santa Barbara

Research on students who overcome adversity to successfully navigate the higher education pipeline has demonstrated that resilience is often actuated by an emotionally-relevant educator. This presentation will emphasize the importance of emotional support from educators in the lives of marginalized students. Dr. Rios will discuss how instructors can play a powerful role in guiding students that have been left behind. He will provide examples of practical strategies that work in helping these at-risk students succeed in higher education.

Keynote Speaker Biography:



Dr. Victor Rios Professor of Sociology & MacArthur Foundation Chair, UC Santa Barbara

Dr. Victor Rios is the MacArthur Foundation Chair and a Professor of Sociology at the University of California, Santa Barbara. He received his Ph.D. at the University of California Berkeley in 2005. Professor Rios has worked with local school districts to develop programs for students who have been left behind in their education. Using his personal experience of living on the streets, dropping out of school, and being incarcerated as a juvenile—along with his research findings—he has developed interventions for marginalized students aimed at promoting personal transformation and civic engagement. These programs have been implemented in many schools across the United States; juvenile detention facilities; and alternative high schools. He is also the author of six books including, *My Teacher Believes in Me: The Educator’s Guide to At-Promise Students* (2019); *Street Life: Poverty, Gangs, and a Ph.D.* (2011); *Buscando Vida, Encontrando Éxito: La Fuerza de La Cultura Latina en la Educación* (2016); and *Human Targets: Schools, Police, and the Criminalization of Latino Youth* (2017).

Dr. Rios has been featured in the *Chronicle of Higher Education*, *Ted Talks*, the *Oprah Winfrey Network*, *Primer Impacto*, and *National Public Radio*. He has had the honor of meeting President Obama and advising his administration on gun violence and policing. His *Ted Talk* “Help for kids the education system ignores” has garnered over 1.6 Million views. He is the subject of the documentary film *The Pushouts* (thepushouts.com).

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FLEX Day Survey Links

| Workshop Evaluations | Reporting Hours | Global Survey |
|--|--|--|
|  <p>Workshop Evaluation</p> |  <p>Reporting Hours</p> |  <p>Global Survey</p> |
| https://tinyurl.com/2d6c3sw9 | https://tinyurl.com/yc2dwchd | https://tinyurl.com/4bsmp782 |

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Morning Session Short Program

| Location | 8:00– 8:50 AM | 9:00– 9:50 AM | 10:00 – 10:50 AM | 11:00 – 11:50 AM |
|-----------------------------|--|---|---|--|
| 4119 Main Theater | | | | Keynote Session <i>Dr. Victor Rios</i> |
| 1001 | Combat to Community: Engaging Student Veterans in the Classroom <i>Evelyn Andrews, Efrain J. Scott, Victor Inzunza</i> | DEIA. What's my part? <i>Shawn Taylor</i> | What is a Liquid Syllabus? <i>Christina Lee Nadiyah Taylor</i> | |
| 1002 Computer Lab | HyFlex @ LPC <i>Scott Vigallon, Bobby August Joanna Jen, Joyce Podevyn</i> | | SLO/SAO 3-Year Plans for the Win! <i>Elizabeth McWhorter John Rosen</i> | |
| 1003 | ZTC Information Session <i>Kali Rippel</i> | Powering Up Research with Powernotes <i>Kali Rippel Tina Inzerilla</i> | Meeting Students Where They Are, Post-Pandemic and AB705 <i>Katie Eagan, Michael Sato, Michael Peterson, Joanna Jen, Segal Boaz, Ashley McHale, Kali Rippel</i> | |
| 1004 Computer Lab | Making your Canvas course site ADA-compliant <i>Wanda Butterly</i> | Career Coach Phase 2 <i>Kristy Woods Joel Gagnon Danielle Banuelos</i> | Canvas Grades: Let's Play! <i>Jennie Graham</i> | |
| 1006 | | Credit for Prior Learning Work Session <i>Meghan Swanson Elizabeth McWhorter</i> | Improve your DE Course with the CVC OEI Rubric Standards <i>Vicky Austin Lyndale Garner</i> | |
| 1007 | Tell Us How You Really Feel. Exploring LPC's Campus Climate <i>Rajinder Samra, Karin Spin, David Rodriguez</i> | | Faculty Evaluation Process <i>Heike Gecox Thomas Orf</i> | |
| 1008 | More welcoming syllabi, a tool for student retention <i>Jim Ott Jeffrey Judd</i> | 2023 LPC Literary Arts Festival Workshop and Presentation Overview <i>Richard Dry, Marty Nash, Toby Bielawski</i> | Campus Read: Discussion of <i>There There</i> <i>Marty Nash, Toby Bielawski, Richard Dry</i> | |
| 1011 Lecture Hall | | Fire Extinguisher Training & More <i>George Freelen, Tim Adams</i> | | |
| 1012 | Create, Organize, Let it Go! <i>Aubrie Ross</i> | | Solar Power, Equity, and You. Or, how to save money while helping save the World <i>Chris Dudzik</i> | |
| 2003 Computer Lab (Library) | Keep Talking and Nobody Explodes: Video Games as Team Building <i>Collin Thormoto</i> | | | |
| Soccer/Turf Field | | Archery for All <i>Jason Craighead</i> | | |

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Afternoon Session Short Program

| Location | 1:00 – 1:50 PM | 2:00 – 2:50 PM | 3:00 – 3:50 PM |
|----------------------|---|---|--|
| 1001 | Do The Work Together: Antiracism Basics For White People <i>Collin Thormoto, Jean O'Neil-Opipari, Amy Mattern</i> | | Faculty Resources for Working with DSPS Students <i>Amanda Castelli Chris Crone</i> |
| 1002 Computer Lab | Canvas Grades: Let's Play! <i>Jennie Graham</i> | TechConnect and Student Connect: How to Use Them <i>Wanda Butterly</i> | SLO/SAO 3-Year Plans for the Win! <i>Elizabeth McWhorter John Rosen</i> |
| 1003 | Understanding Your Load Sheet <i>Stuart McElderry Andrea Migliaccio</i> | UndocuAlly Training: Best Practices to Support Undocumented Students in Higher Education <i>Miguel Pimentel Alain Olavarrieta</i> | |
| 1004 Computer Lab | | Adobe Express: Creativity for All <i>Peter Kuo</i> | Canva for beginners <i>Kate Bennett</i> |
| 1006 | Student Career Success and You <i>Kristi Vanderhoof Anne Kennedy</i> | | Who's Afraid of ChatGPT? Hazards and Opportunities <i>Amber Kerr, Kisha Quesada Turner, Karin Spirn, Katie Eagan, Melissa Korber, Bill Komanetsky, Ashley McHale</i> |
| 1007 | APEX Faculty Learning Community Work Session <i>Michal Shuldman Ashley McHale</i> | Faculty Evaluation Process <i>Heike Gecox Thomas Orf</i> | How to de-escalate stressed students to support student learning <i>Jin Tsubota</i> |
| 1008 | Using Pronto to engage your students <i>Scott Vigallon Lauren Luker</i> | Basics of Using Microsoft 365 OneDrive <i>Heidi Ulrech</i> | |
| 1012 | Keynote Follow-Up Session <i>Amanda Castelli</i> | Student Life- ways to support students as a club advisor <i>Josue Hernandez</i> | Caring Campus: Faculty Involvement – Next Steps for Caring Campus Implementation <i>Aubrie Ross and Classified Caring Campus Ambassadors</i> |
| 4138 | Intro to Rhythm and Groove <i>Dan Marschak Cindy Browne Rosefield</i> | | |
| PE 213 | Yoga Basics and More <i>Thien-Huong Ninh</i> | Brazilian Jiu Jitsu <i>Russell Jensen David Wagner</i> CANCELED | Filipino Martial Arts <i>Craig Kutil</i> |
| PE Gym | Badminton <i>Paul Sapsford</i> | | |



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Today's meals are being provided courtesy of the President's Office.

Breakfast

7:30 AM – 2:00 PM

1000 Lobby

Coffee and Tea Service (House Blend, Decaf, Hot Water & Tea Bags)

Assorted Breakfast Bars (Vegan and Gluten-Free Available)

Lunch

12:00 PM – 12:50 PM

Cafeteria

Sandwiches on Rolls: Turkey, Roast Beef, Ham, Vegetarian (Vegan and Gluten-Free Available)

Lettuce, Tomato, Onion, Mayo, Mustard, Salt, and Pepper

Salad Choice: Potato, Pasta, or Fruit

Cookies (Vegan and Gluten-Free Available)

Infused Water and Iced Tea

Afternoon Social

3:00 PM – 4:30 PM

Cafeteria

Assorted Donuts



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Full Description of the Morning Sessions

8:00 AM – 8:50 AM

Combat to Community: Engaging Student Veterans in the Classroom Room 1001

Presenters/Facilitators: Evelyn Andrews, Efrain J. Scott, Victor Inzunza

Description: Combat to Community (C2C) is a veteran's cultural awareness seminar where we discuss veterans, military culture, and service members' orientation to changes and challenges in new and different environments. Staff will also cover de-escalation skills, tools, and resources to assist veteran students. The presentation is in collaboration with Swords to Plowshares, a nonprofit veteran's services organization.

This presentation supports the college's goals of supporting an inclusive, learning-centered, equitable environment. Furthermore, this seminar addresses myths and challenges that come with veterans as a student body. Furthermore, informing staff and faculty of skills, tools, and resources to promote guided open communication and understanding. Providing this awareness creates a better environment where student veterans can succeed and feel welcomed in academic spaces.

ZTC Information Session

Room 1003

Presenter/Facilitator: Kali Rippel

Description: Updates and a general overview of what is going on regarding ZTC on campus with emphasis on the funds we will receive. Emphasis on open discussion with potential topics including: ZTC grant money (\$20,000 + \$180,000 ++), OER and other ZTC options, what kind of support needs to exist for faculty wishing to make their class ZTC, recommendations for the phase II competitive grant funding, campus funding model concerns, LCT and ZTC banner coding process, identification of potential ZTC degree pathways, negative unintended consequences of OER/ZTC/LCT, and more.

Making your Canvas course site ADA-compliant

Room 1004

Presenter/Facilitator: Wanda Butterly

Description: With so much instruction online these days, you need to know about the state and federal regulations to make your sites accessible to students with disabilities. This hands-on workshop will focus on ADA-compliance within Canvas. You will learn the basics of web accessibility, along with techniques to use in Canvas and techniques to make Word and PowerPoint files accessible. The workshop will follow the Online Education Initiative's Course Design Rubric section on web accessibility.

More welcoming syllabi, a tool for student retention

Room 1008

Presenters/Facilitators: Jim Ott and Jeffrey Judd

Description: During this flex session we will start by reviewing the Persistence Project and its engagement strategies for current and potential new members. We will then be working on helping faculty in creating a more welcoming syllabus which is critical for



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improvement of student retention. We will start with a short introductory section outlining the use of welcoming and growth mindset language and present some recent data on how students use the syllabus. We will next break into smaller groups allowing for the attendees to work on their own syllabi. We will ask attendees to bring their syllabi with them so they can brainstorm and update the language, tone and structure of their syllabi to make them more welcoming and inclusive. If time allows, we will also begin the conversation around a companion syllabus and what should be migrated there.

Keep Talking and Nobody Explodes: Video Games as Team Building Room 2003 (Library Computer Lab)

Presenter/Facilitator: Collin Thormoto

Description: Communication between departments and across disciplines is important for the continued development of our campus, but meet-and-greets and cocktail parties can be awkward and difficult to attend. So why not do something more fun like solve unique puzzles together? In this activity, you and a randomly selected group of your peers will work together to solve a series of puzzles in a set amount of time using the video game "Keep Talking and Nobody Explodes". You will learn to communicate and work together while forging new relationships across disciplines. Also, with any luck, you'll have some fun while you're at it.

8:00 AM – 9:50 AM

HyFlex @ LPC Room 1002

Presenters/Facilitators: Scott Vigallon, Bobby August, Joanna Jen, and Joyce Podevyn

Description: Come check out how we do HyFlex instruction at LPC. This session will give a brief overview of this new type of teaching that allows students the choice of participating in a class while on campus, synchronously online via Zoom, asynchronously online in Canvas, or any combination of the above. We'll cover faculty training, students' responses to their HyFlex classes, new classroom technology, and you'll hear from a panel of HyFlex instructors (experienced and new) about their experiences. If you already teach HyFlex, come and share your experiences, too. If you haven't taught HyFlex but are intrigued by the possibilities, we'll do our best to answer all your questions.

Tell Us How You Really Feel. Exploring LPC's Campus Climate Room 1007

Presenters/Facilitators: Rajinder Samra, Karin Spirn, and David Rodriguez

Description: Please join us for an engaging session exploring LPC's campus climate. During this session, we will share and discuss the results of the December 2022 Staff Experiences Survey. The survey results will be our starting point as we discuss, interpret, and internalize the feedback collected from our college community.

We encourage you to attend this session, share your thoughts and ideas, and participate in a meaningful dialogue. Our goal is to foster an inclusive and supportive campus community, and we value your input in this process.



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Create, Organize, Let it Go!

Room 1012

Presenter/Facilitator: Aubrie Ross

Description: Get organized, be creative, & learn new ideas to enhance your creativity. This session will provide you with tools to keep you motivated and productive during the workday. This session will focus on mind-clearing exercises that will help you with your worries & stress which will help clear your thoughts and allow you to be more productive at work & even at home.

**Each attendee will receive a creative toolkit.

9:00 AM – 9:50 AM

DEIA. What's my part?

Room 1001

Presenter/Facilitator: Shawn Taylor

Description: This session is an interactive session that explores the concepts if DEIA (Diversity, Equity, Inclusion, and Accessibility) and how our classified professionals are on the front lines of this work. We will discuss the terminology, how these concepts affect the organization, and how our classified professionals are one of the most important representatives of our student equity mission.

Powering Up Research with Pownotes

Room 1003

Presenters/Facilitators: Kali Rippel and Tina Inzerilla

Description: Join us, along with a Pownotes representative, to learn how students and instructors can use Pownotes to power up their online research and note-taking. Pownotes is free to our campus through a paid library subscription. The tool offers a simple outline-based organization process, where content and notes gathered across the web by students is automatically structured into an easy-to-digest format. Using Pownotes can help prevent plagiarism by encouraging a sources-first research framework through its automatic source tracking mechanism (they will also be announcing an integrated AI detection tool in February that uses the students own writing as a baseline for detection). Instructors can provide students with feedback as they gather, annotate, and construct ideas with a range of collaboration tools and use the project timer to get an idea of true effort and engagement on an assignment. Activating the Pownotes extension also allow students to view our library's content in tandem with Google search results. Come check it out to see if it is appropriate for your class!

Career Coach Phase 2

Room 1004

Presenters/Facilitators: Kristy Woods, Joel Gagnon, and Danielle Banuelos

Description: Career Coach is the global leader in labor market analytics, and we are thrilled to provide this service to our Las Positas College students and community. A free resource, Career Coach provides students the opportunity to take a career assessment, browse our LPC programs, and explore career information inclusive of wages, employment projections and training required. The included resume builder helps users take their previous volunteer and job experience and turn it into a



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professional resume, including supports specifically for Veteran students to find civilian careers related to their military occupation.

Sounds beneficial, right? It is, but it could be EVEN better! Please join the Guided Pathways team for an engaging and interactive workshop to explore the current occupational mappings between our LPC programs and careers and discuss ways to enhance these connections. Disciplines can explore what careers are currently linked to their programs, what careers their professional organizations and labor markets recommend, and recommend additional careers to be associated to their programs. This session will include time dedicated to collaborating on how to include awareness of careers and soft skills into interactions with students.

Credit for Prior Learning Work Session

Room 1006

Presenters/Facilitators: Meghan Swanson and Elizabeth McWhorter

Description: This session is for people who are interested in any part of the Credit for Prior Learning process. In this work session, we will discuss the benefits of offering CPL to students and the process for faculty. Faculty can ask questions, and we can begin the process of approving your class for Credit for Prior learning if applicable (exam, portfolio, Military JST, or Industry Recognized training).

2023 LPC Literary Arts Festival Workshop and Presentation Overview

Room 1008

Presenter/Facilitator: Richard Dry, Marty Nash and Toby Bielawski

Description: On May 13, the 2023 LPC Literary Arts Festival will host world famous, diverse, and engaging authors discussing their artistry and work. From the American Book Award winning Native American novelist Tommy Orange to drag queen storytelling, this year's event is sure to have something for everyone. Come join us as we review the authors presentations and workshops available for you and your students!

9:00 AM – 10:50 AM

Fire Extinguisher Training & More

Room 1011

Presenters/Facilitators: George Freelen and Tim Adams

Description: Providing instruction on the correct usage of a fire extinguishers and other tools needed in case you encounter a fire.

Archery for All

Soccer/Turf Field

Presenter/Facilitator: Jason Craighead

Description: Attend this session to learn more about the Archery class on campus. Learn the basics of Archer, acquire knowledge in the safe use and proper handling of equipment, along with safety. This is a fun interactive activity, great for teambuilding and community building!

10:00 AM – 10:50 AM

What is a Liquid Syllabus?

Room 1001

Presenters/Facilitators: Christina Lee and Nadiyah Taylor

Description: Have you wondered what is a liquid syllabus and how to create one? Chris Lee completed the online @ONE Equity & Culturally Responsive Teaching course in Spring 2022 as part of her sabbatical leave and as part of the course, was encouraged to create a liquid syllabus that is more welcoming and inviting to students. This is not the typical syllabi that we may have encountered in our own college experiences. Chris and Nadiyah will share our liquid syllabi as examples that includes appreciative languages and photos; it's scalable to mobile phones!

SLO/SAO 3-Year Plans for the Win!

Room 1002

Presenters/Facilitators: Elizabeth McWhorter and John Rosen

Description: Please join SLO Chair John Rosen and SLO Specialist Liz McWhorter for an hour focused on writing your program's next SLO/SAO 3-Year Plan. This is the final year of our first 3-year assessment cycle. As we look ahead to the next cycle, the SLO Committee will be requesting new three-year plans toward the end of the Spring semester. In this workshop, we will provide a brief overview and some pro tips, answer questions, and allow plenty of time for you to work on your 3-year plans.

Meeting Students Where They Are, Post-Pandemic and AB705

Room 1003

Presenters/Facilitators: Katie Eagan, Michael Sato, Michael Peterson, Joanna Jen, Segal Boaz, Ashley McHale, and Kali Rippel

Description: Over 3 years out from the beginning of the COVID-19 pandemic, we are still working to understand its effects on students' learning. AB705 went into effect just before the pandemic began, so this is another factor that is likely influencing what we are seeing in our classrooms. AB1705 will mean that almost every student will now start their coursework in a transfer-level English or math class, so it's time to take stock. If students are struggling in reading, writing, critical thinking, and computation in our classes, what does that look like? What "basic skills" are missing? On the contrary, are we seeing a benefit associated with having students in transfer-level English and math classes earlier? Faculty outside of English and mathematics are especially encouraged to join us to share how students are doing and how to respond to these changes! We will hear tips from English, math, social science, science, and library faculty and brainstorm ways to integrate them into our favorite assignments and projects.

Canvas Grades: Let's Play!

Room 1004

Presenter/Facilitator: Jennie Graham

Description: The goal of the session is to share some tips for using the Canvas gradebook for various grading strategies. The session will include a review of using rubrics and helping students leave comments on Canvas "quizzes." Participants will be invited to share strategies of their own.



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Improve your DE course with the CVC OEI Rubric standards

Room 1006

Presenters/Facilitators: Vicky Austin and Lyndale Garner

Description: The CVC OEI Rubric standards were developed for best practices in Online Education, and aligned courses get priority enrollment on the statewide course exchange. Aligned courses will have

- 1) better quality content
- 2) better outcomes
- 3) higher enrollment because students can come from anywhere in the exchange

Faculty Evaluation Process

Room 1007

Presenters/Facilitators: Heike Gecox and Thomas Orf

Description: Evaluation process for both part-time and full-time faculty, especially with updates on changes to the process.

Campus Read: Discussion of *There There*

Room 1008

Presenters/Facilitators: Marty Nash, Toby Bielawski, and Richard Dry

Description: Please join us for a discussion of Tommy Orange's novel *There There*, which was chosen for the Spring 2023 Campus Read. In conjunction with the President's Speaker Series and with support from the LPC Foundation, Tommy Orange will be the keynote speaker at the Las Positas College Literary Arts Festival on May 13th. *There There* is centered on the lives of twelve characters from Native communities who are traveling to the Big Oakland Powwow. While the discussion will be tailored to those who have read the book, all are welcome to attend. Links to curriculum for those teaching the book will also be shared.

Solar Power, Equity, and You. Or, how to save money while helping save the World

Room 1012

Presenter/Facilitator: Chris Dudzik

Description: Evidence regarding the need for and the benefits of residential solar power and home energy storage units (batteries) to individual and communities will be discussed. Then, government programs, tax credits, and rebates available to those who purchase solar panels and batteries will be outlined to show how the switch from non-renewable energy sources can be equitably affordable. Finally, the attendees will have an opportunity to individually calculate how much it will cost to switch, how much it would cost if they continued as they are now, and how much money will be saved by switching to solar power.



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Full Description of the Afternoon Sessions

1:00 PM – 1:50 PM

Canvas Grades: Let's Play!

Room 1002

Presenter/Facilitator: Jennie Graham

Description: The goal of the session is to share some tips for using the Canvas gradebook for various grading strategies. The session will include a review of using rubrics and helping students leave comments on Canvas "quizzes." Participants will be invited to share strategies of their own.

Understanding Your Load Sheet

Room 1003

Presenters/Facilitators: Stuart McElderry and Andrea Migliaccio

Description: Understanding the nuances and complexities of the load sheet can be a challenge for even the most seasoned of faculty. For some, the load sheet remains an enigmatic, even unsolvable puzzle. In this session, attendees will acquire tips on how to "read" their load sheet and better manage their load; they will learn how load is calculated, and gain stronger understanding of topics such as: un-banked load, prior (un-banked) carryover, current (un-banked) carryover, overload, overload for pay, underload, and workload banking.

Student Career Success and You

Room 1006

Presenters/Facilitators: Kristi Vanderhoof and Anne Kennedy

Description: We know that most of our students are here at LPC in order to start a successful career in the future, but how do we help them get there? This session will be focused on ways that faculty and staff can partner with the Career Center and local employers to help students achieve their career goals. Topics that we will cover:

- Demo of the student view of Handshake, our career platform and job/internship board
- Ways to publicize career and employment events you want to share
- Career and Employment presentations that you can request for your students
- Ways to refer students to the Career Center and what services they can receive
- When to refer employers to the Career Center vs. outreach specialists
- Counseling vs. LPC Career Center vs. Tri-Valley Career Center and the different services each one provides

APEX Faculty Learning Community Work Session

Room 1007

Presenters/Facilitators: Michal Shuldman and Ashley McHale

Description: This session is intended for faculty participating in the APEX Community of Practice. This session is focused on instructional improvement as we work together to embed computer programming experiences into our classes at LPC. Faculty that participate in the program have gained skills in Python and will have implemented at least one programming module in their class. In this session we will use our collaborative community to learn from our peers. The session will be focused on



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implementation of the module and strategies faculty can use when they implement additional modules or implement the module again in the future. We will be covering equitable teaching practices and how to incorporate them when implementing the APEX Modules.

Using Pronto to engage your students

Room 1008

Presenters/Facilitators: Scott Vigallon and Lauren Luker

Description: Looking for a way to connect with your students, to increase engagement with them, and to (hopefully) keep them enrolled? Look no further than Pronto, the communications tool that can be used within Canvas or with mobile devices. Pronto can be used for classes whether they are on campus or online. Learn how to use Pronto not just for the fun aspects of it, but also for teaching purposes. We'll demonstrate the tool and allow you to join in, then we'll present a proposed posting schedule that gives suggestions of when and what to post to students.

Keynote Follow-Up Session

Room 1012

Presenter/Facilitator: Amanda Castelli

Description: This will be a debriefing session on the keynote talk. Participants will have a chance to discuss what they have heard and share their thoughts.

Yoga Basics and More

Room PE 213

Presenter/Facilitator: Thien-Huong Ninh

Description: This workshop covers basic yoga poses and fundamentals, including alignment and connecting breathwork to movements. Please bring a yoga mat and, optionally, a yoga block and band. Everyone is welcome!

Badminton

Room PE Gym

Presenter/Facilitator: Paul Sapsford

Description: Participants will be introduced to the fundamental rules of badminton (e.g. playing area and how to score), serving techniques and play a game of doubles. Experience the world's fastest racket sport named Badminton, for the country estate in England where it was first played in 1873. Participants should wear athletic attire, and wear tennis/athletic footwear.

1:00 PM – 2:50 PM

Do The Work Together: Antiracism Basics For White People

Room 1001

Presenters/Facilitators: Collin Thormoto, Jean O'Neil-Opipari, and Amy Mattern

Description: You know that diversity, equity, and inclusion are important. You want to help our students and colleagues of color. But what do you do? Where do you begin? It can feel overwhelming and uncomfortable to think about racism and how to dismantle it, especially if you do so alone. In this course, the first in a 4-part series, we use the book *Do The Work* by W. Kamau Bell and Kate Schatz as a framework to guide conversations and activities you, as a well-meaning white person, can do to move from



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recognizing racist history and policy to actively working to dismantle white supremacy. And while this session has been created with white people as the primary audience, our colleagues of color are always welcome to join us for the journey. A free copy of Do The Work: An antiracist activity book will be provided to participants at the beginning of the session.

Intro to Rhythm and Groove

Room 4138

Presenters/Facilitators: Dan Marschak and Cindy Browne Rosefield

Description: Let's groove! The music department faculty welcomes you to our Band Room 4138 for a session where we will learn about basic rhythmic notation and performance, call and response, and playing together as a percussion ensemble. The session assumes no prior musical study and will be very basic and fun!

2:00 PM – 2:50 PM

TechConnect and Student Connect: How to Use Them

Room 1002

Presenter/Facilitator: Wanda Butterly

Description: Learn how to use TechConnect Zoom in Canvas to set up synchronous online meetings with students whether you are teaching online, hybrid, HyFlex, or even face-to-face courses. Additionally, you'll learn how to record meetings, edit recordings, play back recordings, and export files of student attendance. Next, learn the accompanying Student Connect tool in Canvas that allows students to book Zoom appointments with you.

UndocuAlly Training: Best Practices to Support Undocumented Students in Higher Education

Room 1003

Presenters/Facilitators: Miguel Pimentel and Alain Olavarrieta

Description: The purpose of the workshop presentation is to bring awareness and information about the undocumented student population pursuing higher education. During the presentation, we will highlight the federal and state laws pertaining to undocumented students, best practices when working with this population of students, and resources on and off campus for students, faculty, and staff. Finally, we will hear from 1-2 LPC current students and one of the presenters in sharing their lived experiences being undocumented/DACAmented students in college.

Adobe Express: Creativity for All

Room 1004

Presenter/Facilitator: Peter Kuo

Description: Incorporate more creativity into your classroom! Adobe Express lets you (and students) quickly and easily make standout content by using your own assets or remixing with provided templates, fonts, royalty-free photos, and more! Create social media posts, flyers, resumes, web pages and videos easily from web and mobile.



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Faculty Evaluation Process

Room 1007

Presenters/Facilitators: Heike Gecox and Thomas Orf

Description: Evaluation process for both part-time and full-time faculty, especially with updates on changes to the process.

Basics of Using Microsoft 365 OneDrive

Room 1008

Presenter/Facilitator: Heidi Ulrech

Description: Wanting to be able to access your files off-campus and share them with other colleagues? Come learn how to access Microsoft 365 OneDrive; create folders and new documents; upload documents from your device to OneDrive; share documents; and sync a OneDrive folder with your PC or laptop. Feel free to bring your Windows or Mac laptop with you to follow along, whether it's your college issued laptop or your personal laptop . . . it's all good.

Student Life- ways to support students as a club advisor

Room 1012

Presenter/Facilitator: Josue Hernandez

Description: The Student Life continues to support an extracurricular opportunity for our student and leaders. They develop a sense of belonging and enhance their leadership/interpersonal skills as they use them for their lifelong learning. Advisors who represent LPC Staff are vital in making the success of student clubs by being mentors and providing their professional experience. This session will provide an overview of the role of being an advisor and share ideas on best practices for clubs.

~~Brazilian Jiu Jitsu~~ **CANCELED**

~~Room PE 213~~

~~**Presenter/Facilitator: Russell Jensen and David Wagner**~~

~~Description: Brazilian Jiu Jitsu is a popular and effective grappling-based martial art. Come and learn techniques used for both self-defense on the ground and sport grappling. Athletic clothing strongly recommended.~~

~~"When life knocks you down, learn to fight from your back"~~

3:00 PM – 3:50 PM

Faculty Resources for Working with DSPS Students

Room 1001

Presenters/Facilitators: Amanda Castelli and Chris Crone

Description: This session will give faculty the chance to learn more about faculty responsibilities when working with DSPS Students, legal obligations, and increase understanding about equity for DSPS students. What does that Academic Accommodation Plan form mean? See what you are responsible for! This session will also provide a sneak peek into our new digital platform coming Fall 2023 that faculty will have access to. See all your DSPS students in one portal for every semester for each course you teach.



Spring 2023 FLEX Day



SLO/SAO 3-Year Plans for the Win!

Room 1002

Presenters/Facilitators: Elizabeth McWhorter and John Rosen

Description: Please join SLO Chair John Rosen and SLO Specialist Liz McWhorter for an hour focused on writing your program's next SLO/SAO 3-Year Plan. This is the final year of our first 3-year assessment cycle. As we look ahead to the next cycle, the SLO Committee will be requesting new three-year plans toward the end of the Spring semester. In this workshop, we will provide a brief overview and some pro tips, answer questions, and allow plenty of time for you to work on your 3-year plans.

Canva for beginners

Room 1004

Presenter/Facilitator: Kate Bennett

Description: A beginner's workshop conducted by a self-taught amateur guide to explore Canva and learn how to make flyers for classes and events as well as making engaging social media posts.

Who's Afraid of ChatGPT? Hazards and Opportunities

Room 1006

Presenters/Facilitators: Amber Kerr, Kisha Quesada Turner, Karin Spirn, Katie Eagan, Melissa Korber, Bill Komanetsky, and Ashley McHale

Description: Educators are scrambling to adjust to the powerful new AI tool ChatGPT and others like it. It can write computer code; craft a coherent original essay in seconds; and even invent a crochet pattern... well, sort of. Are college assignments now obsolete? Are there ways in which professors can disincentivize students from using ChatGPT and catch them if they do? On the flip side, can students and teachers leverage ChatGPT to get even more value out of higher education? Using discipline-specific examples, this roundtable discussion will explore the pros and cons of our brave new AI-driven world. Discussants include Kisha Quesada Turner, Karin Spirn, and Katie Eagan (English); Melissa Korber (Journalism and Media Studies); Bill Komanetsky (Computer Science); Ashley McHale (Mathematics); and Amber Kerr (Biology).

How to de-escalate stressed students to support student learning

Room 1007

Presenter/Facilitator: Jin Tsubota

Description: Learn how to de-escalate stressed students by using nine active listening techniques in a one-on-one setting. Practice using a student-centered inquiry-based approach to encourage students to use strategies to overcome test anxiety.

Caring Campus: Faculty Involvement – Next Steps for Caring Campus Implementation

Room 1012

Presenter/Facilitator: Aubrie Ross and Classified Caring Campus Ambassadors

Description: Join us for a campus-wide discussion and a brief overview of the Caring Campus Initiatives. Talk about where are we now with our face to face & virtual commitments. Share your ideas as a faculty member about how Caring Campus can move forward and be more fully integrated into LPC culture.



Spring 2023 FLEX Day



Save room for dessert! Goodies will be served.

Filipino Martial Arts

Room PE 213

Presenter/Facilitator: Craig Kutil

Description: Participants will learn about and practice techniques from various Filipino Martial Arts. No previous experience required.